# FUNKY FRESH FOODS

# **REAL FOOD & FAIR LIVING**

MONDAY - TUESDAY: 11 - 20
WEDNESDAY - FRIDAY: 11 - 22
SATURDAY: 12 - 22
SUNDAY: 12 - 20

NB: The kitchen close one hour earlier!

# 11:00/12:00 - 17:00/19:00

Please place your orders by the counter.

17:00 - 21:00 (WED - SAT)

Wait to be seated. Waiter will take your orders by your table.

#### **ALLERGENS**

(G) Gluten fra hvete, (SO) Soya, (CA) Cashews, (MA) Mandler, (VA) Valnøtter, (P) Peanøtter, (HA) Hasselnøtter, (SE) Sennep, (SI) Selleri, (SF) Sesamfrø, (SU) Sulfitter / svoveldioksid

# **FREE WI FI**

**NETWORK**: Dogagjest **PASSWORD**: doganett1







Miljøfyrtårn

# **BEVERAGES**

79,-

69,-

0,25cl 79,- / 0,75cl 149,-

gl 45,- / btl 99,-

# MILKSHAKES (so\*)

**Chocolate Shake** 

**Coconut Water** 

Kombucha

Epleslang (Apple Juice)

Mango & apple juice

Pink grapefruit juice

Mango & Coconut juice

Made of apples from local gardens in Oslo.

\*We use soy-milk in our milkshakes as standard. Ask the waiter what other options we can offer you.

Café Mocca Shake Strawberry Milkshake	89,- 99,-
JUICE & SMOOTHIES	
Raw Pressed Juice (SI)	69,-
Freshly squeezed vegetables and fruits  Lemonade Ice cold homemade lemonade	49,-
Smoothies You'll find today's options in the display	59,-
HEALTH BOOST (SHOT)	
Pure Ginger Pure Lemon Ginger & Lemon	35,- 35,- 35,-
ON BOTTLE	
Sparkling Water	39,-
Ubuntu Cola (Fair Trade)	45,-
Orange Soda	39,-
Ginger Beer	45,-
Naturfrisk "Drikk" (Juice) - See flavours by the display	45,-

# **HOT DRINKS**

We use Oatly's oat-milk (**G**) as standard in our hot drinks. Ask us for soy-milk if you prefer this, or see "extras" below.

Black coffee Refill Black coffee Espresso Americano Cappuccino Cortado Caffè Latte / Ice Caffè Latte Caffè Mocca / Ice Caffè Mocca  EXTRA: + kr 5,- each • Almond-milk w/ no sugar. • Whipped Soy Cream • Coconut-oil - "bulletproof coffee"	Single / Double 35,- 15,- 30,- / 35,- 30,- / 35,- 39,- / 44,- 39,- / 44,- 45,- / 50,- 48,- / 53,-
Yogi & Herbal Tea	29,-
Fresh Ginger Lemon Tea	49,-
Fresh Ginger Lemon Ice Tea	49,-
Chai Latte	45,-
Golden Milk	49,-
Hot Chocolate	45,-

# THE FOOD

# A LA CARTE

Served 11:00/12:00 - 19:00/21:00\*\*

#### Funky Fresh Salad - kr 149,- (SO)(SI)(SF)(MA)(CA)(VA)

Today's selection of baked and raw vegetables, beans and/or lentils, lettuce, kale, quinoa, chia and sunflower seeds. Served with lemon, dill mustard vinaigrette.

# Included. Choose between: 2 x Falafels - freshly made.

2 x Falafels - freshly made. 2 x Nutballs (MA) 1 x Hummus

#### Add extra?

Avocado + 35 kr/half Falafel + 15 kr/each Nutball + 20 kr/each Hummus + 20 kr/portion Dressing + 10 kr/portion

#### Big Green Raw Salad - kr 149,-

Carrot, red cabbage, celery, paprika, kale, sprouts, half avocado, chia seeds. cashew nuts, and garlic chili lemon vinaigrette.

Today's Soup - kr 135,- (SI)(G\*)(SO\*) See "Today's soup" or ask staff. Our delicious soups is served w/ organic bread and \*aioli. \*Glutenfree bread +10 kr

#### Red Thai Tofu Curry - kr 169, - (SE)(SO)(CA)(SF)

Chickpeas, tofu, thai chili, mustard seeds, coconutmilk, lemongrass, vegetables. Served with a mix of wild rice, jasmine rice, quinoa and roasted mix of cashews and sesame seeds.

#### Smoked Bean Burger - kr 179.- (SO)

w/ pesto, raw red onion, tomato, cucumber, sprouts, salad and ketchup. Homemade fried potatoes and aioli dip. Served with our organic burger buns. Add vegan cheese? + 15 kr. Glutenfree bread +10 kr.

#### Sharing Plate - kr 389,-

Served Wednesday - Saturday between 17:00 - 21:00 Suitable for 2 hungry or 3 snacking quests.

Hummus (SF), mediterranean veggie fry, falafels, sundried tomato sauce (SO), quinoa tabbouleh w/ red onion, parlsey, mint & tomato. Vada w/beetroot and apple, amadine potatoes, raw salad, marinated olives, aioli (SO)(SE) and nan-bread(G). Glutenfree bread +10 kr.

# **CAFÉ MENU**

Served 11:00/12:00 - 17:00

#### Wraps - kr 89,- (G)

See today's options in the counter.

- · Almond "Taco" and aioli (MA)(SO)
- · Falafel & hummus

#### Sandiwch - kr 89,- (G\*)

See today's option in the counter.

\*Glutenfree bread +10 kr

#### Grilled "Feta" Sandwich - kr 139,- (G\*)(SO)

w/ marinated tofu-feta, lettuce, tomato, sundried tomato cream, green pesto and mix of metiterranean vegetables.

\*Glutenfree bread +10 kr

#### Grilled Avocado Sandwich - kr 149.- (G\*)(SO)(SF)

w/ Avocado, lettuce, tomato, sundried tomato cream, hummus, red onion, balsamico cream and a little bit of vegetables.

\*Glutenfree bread +10 kr

# **DESSERTS**

Some cakes are ready to enjoy! Some are stored frozen and may need about 15 minute defrosting. See display or ask our staff for more info.

#### Raw Cakes - kr 79,- (MA)(VA)(CA)

Our delicious raw food cakes comes in a variety of flavours.

#### B-raw-nie - kr 35,- (VA)

Rich chocolate brownie made of dates and walnuts.

#### CocoCrunch - kr 35.-

Sweet chocolate ball packed with coconut, dehydrated crunchy buckwheat and gluten-free oats.

#### Freshly baked scones - kr 35,-

Made with glutenfree oats, berries and vanilla.

# **ALCOHOL**

# WHITE WINE (SU)

#### JeanLeon 3055 (Spain) kr 85,- gl / kr 399,- btl

A brilliant and fresh wine with lovely fruit, perfect for a modern palate. Defined by very intense notes of tropical fruit. Fresh on the palate, long and elegant midpalate, concluding in a balanced, lively finish. - Chardonnay.

#### Meinklang (Austria) kr 449,- btl

It's got a lovely, citrus, mineral freshness and a really fun, white pepper pick-me-up finish. With its clear flavour and well-balanced acidity, it is made from grapes picked when temperatures plummet below freezing. - Gruner Veltiner

# **RED WINE (SU)**

# Domaine de Treilles (France) kr 85,- gl/kr 399,- btl

Young, juicy and firm touch of cranberries and a little prune, good length in the aftertaste. - Syrah, Grenache

# Villa Conversino (Umbria, Italy) kr 399,- btl

Young, fine and fruity bouquet, fresh, slightly velvety, fruit on the palate, with pleasant tobacco undertones.

Dry. -Cabernet Sauvignon

# CAVA (SU)

#### Vilarnau Brut Nature (Spain) kr 399,- btl

This cava is a bright straw colour with a steadily rising stream of fine bubbles. It has pronounced appley fruit with a great balance between ripe fruit and delicate acidity.

# **ORGANIC BEER (G) & CIDER**

<b>Bækker Pilsner 4,6%</b> - Denmark / Ørebæk, 33 cl	79,-
Blonde 4,7% - Norway / Eiker, 33 cl	99,-
Eiker Hvete 4,7% - Norway / Eiker, 33 cl	99,-
<b>3050 Brown Ale 4,7%</b> - Norway / Eiker, 33 cl	99,-
Floral Pale Ale 4,7% - Norway / Eiker, 33 cl	99,-
Eiker Saison 7,1% - Norway / Eiker, 33 cl	109,-
<b>Eiker IPA 6,6%</b> - Norway / Eiker, 33 cl,	109,-
Lammsbraü 4,7% (Gluten-free) - Germany, 33 cl	79,-
Lammsbraü 0,5% (Non-alcoholic) - Germany, 33 cl	55,-
Cider Elderflower 4,2% - Denmark, Ørebæk, 33 cl	89,-
Cider Apple 4,2% - Denmark, Ørebæk, 33 cl	89,-