## FST at Sheffield March Madness 2019

**Ponds Forge, Sheffield - Sunday 10th March 2019 - LONG COURSE (50m pool)**

**Complete entry times per event below. These can be SHORT COURSE or LONG COURSE times or converted. (Faster than qualifying times are not required for this event.)**

|  |  |
| --- | --- |
| **FORENAME:** | **SURNAME:** |
| **ADDRESS:** | |
|  | **POSTCODE:** |
| **PHONE:** | |
| **EMAIL:** | |
| **MALE/FEMALE**  **(delete as appropriate)** | **D.O.B.** |
| **A.S.A. REG NUMBER** | **AGE AT: 10th March 2019** |
| **CLUB:** | |

|  |  |  |  |
| --- | --- | --- | --- |
| **DISTANCE** | **STROKE** | **Short Course (25m) Entry Times** | **Long Course (50m) Entry Times** |
| 50m | Freestyle |  |  |
| 100m | Freestyle |  |  |
| 50m | Backstroke |  |  |
| 100m | Backstroke |  |  |
| 50m | Breaststroke |  |  |
| 100m | Breaststroke |  |  |
| 50m | Butterfly |  |  |
| 100m | Butterfly |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Number of Entries:** |  | **@ £ 6.50 per event** | **Total £** |
| **Club Closing Date: Friday 28th December 2018** | | | |
|  | | | |

**Please return all completed entries with fee to Alison on either 21st/28th Dec**