

# Allinsons Serious White with Sourdough

Allied Bakeries



3.65 Reviewer Rating

out of 5

52 Reviewers



CMR Ref: 190610

# 40

Score out of 50

Average for the category: 40

### Verdict

An exciting new idea, this sliced Sourdough, led to differences in opinion once tried. For some the taste was "delicious", and the texture "moist and soft", contrasting with a "bland, salty, dry" dough. Considered by over half as suitable for midweek and 'better than what's out there'.

Price **£1.35**

Weight / Volume **550g**

## Tried & Tested by people like you...

Consumer Reviews	Star Rating	% Who Rated	Reviewer Comments*
	★★★★★	25%	Soft fluffy and fresh, plenty of taste, texture soft and moist . Wonderful light texture, good after taste quite Moorish Excellent loaf not dry, nice and soft, tasty, good all rounder and good health
	★★★★☆	38%	Nice and light and very healthy Delicious good price but too salty Soft fluffy thick bread
	★★★☆☆	21%	Tastes like normal white bread, but good taste and texture An average tasting loaf. Nothing special but would prefer my normal bread. Not too different from other bread
	★★☆☆☆	8%	Not very much flavour and quite bland Very salty and not very fresh tasting Too salty, too dry, taste stale
	★☆☆☆☆	8%	This was nice. Just a bit bland Very dry Not very sour dough tasting, more like normal dough

\* Reported verbatim as made by our reviewers

### Ingredients

Wheat Flour (with calcium, iron, niacin (B3) and thiamin (B1)), Water, Rye and Wheat Sourdough (12%), Yeast, Salt, Vegetable Oil (Rapeseed, Sustainable Palm), Soya Flour, Fermented Wheat Flour, Vinegar, Flour Treatment Agent: Ascorbic Acid (Vitamin C).

### Nutrition per 100 g/ml

Energy (Kcal)	Total Fat (g)	Sat Fat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
244	2	0.4	46.8	3.2	2.4	8.4	0.9

### Recommended Daily Allowance (%)

Energy (Kcal)	Total Fat (g)	Sat Fat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
12%	3%	2%	18%	4%	10%	17%	15%

Daily Intake percentages are based on the requirements for an average female with no special dietary requirements and an assumed energy intake of 2000 kcal.