



Seed	Variety	Grams per 10X20 Tray
Amaranth	Red Garnett	14
Anise	Microgreens	14
Arugula	Roquette	14
Basil	Italian Large Leaf	8
Basil	Purple Dark Opal	8
Beet	Bull's Blood	70
Broccoli	Microgreens	56
BuckWheat	Shoots	20
Cabbage	Golden Acre	56
Carrot	Microgreens	16
Celery	Microgreens	14
Chard	Red	70
Chard	Green	70
Chard	Golden	70
Chia	Microgreens	14
Chervil	Microgreens	28
Cilantro	Coriander	21
Clover	Microgreens	20
Cress	Curly	21
Cress	Cressida	21
Dill	Microgreens	21
Fennel	Green	14
Flax	Microgreens	14
Garlic Chives	Microgreens	56
Kale	Red Russian	56
Kale (green)	Microgreens	56
Mustard	Mizuna	56
Mustard	Red	56
Mustard	Ruby Streaks	56
Onion	Microgreens	35
Orach	Purple	11
Pac Choy	Microgreens	28
Parsley	Microgreens	56
Pea	Shoots	224
Popcorn	Shoots	224



Purple Kohlrabi	Microgreens	28
Purslane	Red Gruner	14
Radish	China Rose	42
Radish	Daikon	42
Radish	Red Rambo	42
Radish	Purple Sango	42
Shiso	Britton	21
Sorrel	Red Veined	14
Spring Onion	Microgreens	54
Sunflower	Black Oil	224
Tatsoi	Microgreens	28
Turnip	Greens	28
Wheatgrass		300