



FOOD ALLERGIES & INTOLERANCES



3.6%

of Americans have food allergies or intolerances



AFFECTS WOMEN MORE THAN MEN

4.2%

of women

2.9%

of men

TOP 8 FOOD ALLERGIES

MILK	PEANUTS
EGGS	WHEAT
SOY	FISH
TREE NUTS	SHELL FISH



COMMON INTOLERANCES

every 3 minutes a food allergy reaction sends someone to the ER

sources: foodallergy.org
medicalnewstoday.com



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