

# Leaders Guide

Camp C.W. Post

Est. 1925

2018



**South Plains Council, B.S.A.**



Be Prepared for ADVENTURE at  
Camp Post in 2018!



Dear Scout Leaders:

Welcome to the family of Scouts and Scouters who have called historic C.W. Post Memorial Scout Camp their summer home since 1925. Camp Post is nestled right off of the ridge of the West Texas Caprock, a few miles West of Post, Texas. The camp provides over 600 acres for boys to hike and create their own Scouting adventure.

Younger Scouts will want to earn rank advancement through our First Year Camper programs. All Scouts can develop wilderness survival and pioneering skills in the Scout Skills area, observe wildlife in the Nature area and swim in the Aquatics area if they want to beat the heat! They will sharpen their shooting skills on our rifle and shotgun ranges or gaze at the stars in the huge Texas sky in an astronomy class. Scouts may also wander down to the livery barn and choose from several trail rides on horseback. No riding experience is necessary as our highly experienced Wranglers will help make every Scout comfortable on a horse.

Our trained staff will take the Scouts on hikes to the top of Baldy to experience a true West Texas Sunset. When the day comes to an end, Scouts and Scouters alike may relax on the dining room porch and have a cool beverage from our Trading Post. Everyone will enjoy the West Texas views. Wildlife observed at Camp Post includes deer, turkeys, reptiles and numerous other small game and fowl. This truly unique environment will provide a lasting memory of camping in an amazing Southwestern setting that many scouts may not be able to experience anywhere else!

In the following pages you will find pertinent information to help you plan your week at camp.

Our skilled staff looks forward to meeting your needs and making your time at C.W. Post Memorial Scout Camp enjoyable.

Yours in Scouting,  
Trey Smith,  
Camp Director  
Camp Post

[camping@southplainscouncil.org](mailto:camping@southplainscouncil.org)



## *2018 Summer Camp Dates*

Scout Camp: June 17-23, 2018

### **Upon your arrival:**

When arriving on Sunday, you will be greeted by a Staff Guide who will give you a tour of the property and lead you through the check-in process.

- 1: Please come to the camp office when arriving at camp. We only need one adult leader to check-in. (Check-in begins at 2:00 P.M.)
- 2: Please bring copies of signed and completed medical forms for all Scouts and Scouters. Please use the 2014 version and include Parts A, B and C.
- 3: Turn in a complete roster of all Scouts and adults attending camp during the week. Please include each participant's name, address, contact person and emergency phone numbers. A printed list of youth and adults in Excel, Troopmaster or a simple Word document will suffice.
- 4: Please bring along your troop's summer camp payment records and other information that will help with check-in. Payment schedules are printed on page 6 of this Guide.
- 5: All registered leaders must visit the Texas Sex Offender Database and provide the printed out search results. All leaders/volunteers who attend camp must complete Resident Camp Youth Protection Training. Please bring a copy of your "Texas edition YPT Card." Leaders must have the appropriate sex offender documentation upon arrival to camp. If Texas Youth Protection has not been completed upon arrival. Training must be taken while at camp. The websites can be located below:

Texas Youth Protection Training:  
Contact your local Council

Texas Department of Safety Sex Offender Database by Name:

<https://records.txdps.state.tx.us/sexoffender/PublicSite/Application/Search/Caveats.aspx?SearchType=Name>

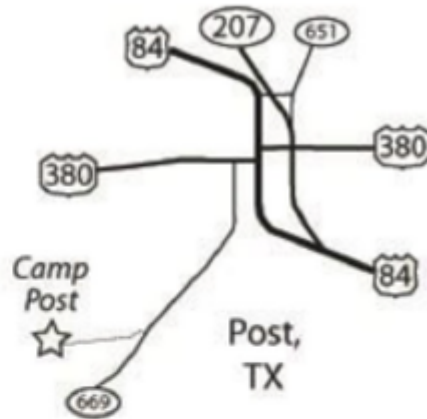
## *Directions and Address*

### How to get to Camp Post

From Lubbock, take US highway 84 to center of Post.

Turn west on US highway 380 (W. 8th St.) and begin looking for the sign to Camp Post, BSA. Turn south at the sign onto state highway 669 (S. Avenue M), which is three blocks west of US highway 84.

Travel along highway 669 for two miles and turn right on Post.  
at the sign for Camp Post.  
(if)



### Camp Post Physical Mailing Address:

Camp Post/Boy Scouts of America  
Scout's Name  
Week #  
Troop #  
1730 FM 669 A  
Post, TX 79356

### Emergency Telephone Number

Camp Phone  
(FOR EMERGENCY USE ONLY )  
(806) 495-0427



## *Camp Fees*

Camp fees for Summer Camp 2018 is \$250.00 for youth and \$125 for adults.\*

### **Payment Schedule and information**

- A: A: Deposit of \$150.00 per Troop (Non-Refundable) is due at time of Camp Reservation.
- B: First installment of \$125.00 per Scout and \$50 per adult due April 1st. 2018.
- C: Final payment is due May 1, 2018. You may apply your \$150.00 deposit to your overall payment due.
- D: Camp Payments can be made by check in person, or payments may be made with a credit card in person or over the phone.

### **\*Youth and Adult Camp Discounts**

1-10 Paid Youth Scouts - One leader may attend free

11-20 Paid Youth Scouts - Two leaders may attend free

21 -30 Paid Youth Scouts - Three leaders may attend free

31-40 Paid Youth Scouts - Four leaders may attend free

## *Refund Policy*

The \$150.00 per Troop deposit is non-refundable and will be applied toward the total camp fees accrued by the unit.

Refunds for scouts unable to attend camp must be submitted in writing and will be considered on an individual basis. A \$25.00 administrative fee will be retained on all refunds given.

If a refund is requested, it must be submitted by the Troop in writing and mailed or e-mailed to the Camp Director at South Plains Council 2 weeks before your Troop arrives at camp. All refund checks are made payable to the Troop (not an individual).

## *Changing Adults Mid-Week & Visitors at Camp*

If adult leaders are only joining us for part of the week of camp, please inform the camp management at the time of check-in to avoid being charged for additional individuals. Upon arrival at camp, regardless of when in the week it happens, adult leaders and visitors alike must check in at the office. We must know who is on the camp grounds for safety reasons.

Visitors are welcome to come after dinner Friday night to witness the closing campfire with their troops. The trading post will also be open for visitors to come see what merchandise is available.

Please notify us if you are aware of any guests planning to attend special programs, such as Order of The Arrow Ceremonies, etc.

Please help us to ensure the safety of your Scouts by practicing Two Deep Leadership in your Campsite. Each Troop must have at least two adults in camp at all times. At least one adult leader must be at least 21 years of age.



## *Camp Schedule*

### **Sunday:**

2:00-4:00	Camp Opens, Troop Check in (staff will not be ready to check in units before 14:00)
3:00-5:00	Swim Check for all Troops
6:00	Emergency Drill at the Flag Poles
6:05	Formal Flag Ceremony (Full uniform requested)
6:15	Dinner
7:15	Chapel Service
8:00	Opening Camp Fire
9:00	Scoutmasters and Senior Patrol Leaders meet with Camp Director (immediately after Campfire)
10:00	Camp Lights Out

### **Monday, Tuesday, Wednesday, Thursday, and Friday:**

07:15	Assembly and Flag Ceremony (mail call & announcements)
07:30-08:15	Breakfast
08:30	Merit Badge Programs Begin
12:00-1:00	Lunch
1:30-4:30	Afternoon Merit Badges
4:00-5:00	Open Activities
6:00	Formal Flag Ceremony (Full uniform requested)
6:15-7:15	Dinner
7:30	Evening Events Begin (See the plan on page 12)
10:00	Camp Lights Out

### **Saturday:**

07:15	Continental Breakfast
08:00	Campsite breakdown, clean-up for final inspection Commissioner campsite inspection for departure Complete surveys, reserve a spot for next year
09:00	Camp is officially closed



## *Special Dining Hall Information*

Any special dietary needs must be addressed with the council at least 2 weeks prior to your unit's arrival. We can make reasonable accommodations, but please notify us in writing in advance of arrival.

Camp Post's menu is certified by a registered dietician. We do our best to create a menu that is both delicious and meets the dietary needs of scouts to be able to handle the heat and high intensity of camp activities. We think that adult leaders will be satisfied that their scouts' nutrition needs are being met.



## *Camp Notes*

### **Parking**

Like all Scout camps, Post does not allow vehicles in campsites during the week Troops may drive one vehicle in at a time to unload or unload the trailer, but must be removed immediately afterwards. We recommend that you bring a wagon with all terrain wheels or a dolly to help with your set-up process.

### **Campsites**

Camp Post has 12 campsites, located on all sides of the program areas and camp valley. When meeting with your scouts or traveling to program areas, please remember the distance between your campsite and your destination.

### **Camp Hygiene**

Camp Post has running water and KYBOs in each campsite. Plumbed restrooms and showers are located near the staff area. The plumbed restrooms and showers will have a schedule of availability for youth and adults. Those areas must be cleared by 10 pm. each day.

### **Camp Trash**

There is a dumpster located behind the dining hall. Please bring any trash generated in the campsite to this location as needed. Remember that "A Scout is Clean." Our goal is to leave camp better than we found it each week.

### **Health Officer**

Our health officer is fully trained in handling all injuries that might happen while at camp. All medications should be checked into the Health Lodge upon arrival at camp. We will have a medicine dispersal schedule posted once you arrive at Camp Post.

### **Ranger**

We have an outstanding Ranger at Camp, he will be able to assist your unit with most things. If your unit needs help with a camp project, he's the one to see. He will also have some tools available, if needed.

### **Wildlife**

We do have several types of wildlife in the area. Our wildlife includes deer, turkey, wild pigs, many types of snakes, many species of spiders and numerous types of small game and fowl. It is truly a unique environment for all creatures, big and small. We ask that Scouts leave any wildlife they find alone and report it to a staff member.

## Adult Activities

We want our adult leaders to have as much fun as the boys, so we will have many activities for leaders. Our Annual Scoutmaster's Hotter N' Hades Chili Cook-off and the always popular Belt-Bustin' Cobbler Cook-off. There will be Climb-On Safely, Youth Protection and other trainings throughout the week. Hot, fresh coffee will be available every morning before flags for all leaders! Be ready for some friendly competition with your fellow Scout Leaders in our Camp Golf and similar competitions.

## Trading Post

The Trading Post will have a fully stocked inventory of great camp merchandise. We will carry a variety of items including cold drinks, bottled water, candy, Scouting items, t-shirts, merit badge books as well as grooming items that you might have left at home. It is recommended for Scouts to bring \$25-\$50 for the Trading Post. We do not have ice in the trading post, if your troop needs ice for coolers, the town of Post is a short drive away.

## *Rules and Regulations*

- No scout may be out of his campsite after 10:00 PM, unless accompanied by an adult or with authorization from the Camp Administration, to participate in an activity.
- There are no pay phones available. Calls from the camp telephone must be made with troop calling cards brought from home. There is cell service available at camp, but we discourage calling home too frequently.
- No Scout or leader should enter another campsite or tent without permission. Simply call out "*Permission to Enter Camp?*"
- No alcohol or illegal drugs are allowed in camp at any time.
- Smoking and tobacco are permitted only in designated areas.

Please remind parents that the camp telephone number is for medical and family emergencies only! Camp Post is not equipped with a paging system. If a non-emergency call occurs, the message will be delivered at the next flag ceremony.

## **Sunday**

3:00 PM	Swim Check for All Scouts
6:00 PM	Camp Emergency Drill
8:00 PM	Opening Campfire (Put on by Camp Staff)
9:00 PM	Patrol Leaders Council (For SPL's and Scoutmasters)

## **Monday**

7:30 PM	Backyard Ball
8:30 PM	Order of the Arrow Lodge Meeting

## **Tuesday**

7:30 PM	Capture the Staff
8:00 PM	Hotter N" Hades Chili Cook-off

## **Wednesday**

7:30 PM	<del>Inter</del> Intra-Camp Campfire
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## **Thursday**

2:00 PM	Scout Leaders Golf
7:30 PM	Ultimate Frisbee
8:00 PM	Belt-Bustin' Cobbler Cook-off

## **Friday**

All Day	O.A. Day. (Members are encouraged to wear sashes)
8:00 PM	Closing Campfire (Put on by Campers)
8:45 PM	Order of the Arrow Call-Out Ceremony

## *Example of 2018 Camp Post Menu*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b> All breakfast meals will have Cereal/Fruit Bar	Not in Camp	Scrambled Eggs, Bacon, Biscuits	Breakfast Burritos, Fruit Bar	Pancakes, Bacon, Fruit Bar	Scrambled Egg, Bacon, Hash Browns	Biscuits/Gravy Sausage	Muffins, Fruit Salad, Milk
<b>Lunch</b> All lunches and dinners will have Salad Bar and PBJ Bar	Not in Camp	Cheese Burgers, French Fries, Cookies	Taco Salad, Churro	Sub Sandwiches, Chips, Cookies	Hot Dogs, Chips, Cookies	Chicken Fingers, Mashed Potatoes, Cookies	Not in Camp
<b>Dinner</b>	(Provided by Staff) Fajita Night	Salad, Lasagna, Green Beans, Rolls, Pudding	Salad, Chili, Chocolate Cake	Foil Pack Burgers	Salad, Baked Chicken, Rice Pilaf, Mixed Vegetables, Lemonade Pie	Salad, BBQ, Baked Beans, Potatoe Salad, Rolls, Cobbler	Not in Camp

## **Program Areas**

Camp Post offers a variety of programs and advancement opportunities that are both fun and challenging. The Boy Scouts of America's National Camping School certifies many of our Area Directors, all of whom are over the age of 18, many over 21. Leaders can be assured that each staff member is trained and knowledgeable in their area of involvement.

### **Scout Skills**

Our Staff teaches Pioneering, Orienteering, Camping, Geocaching, First Aid and Emergency Preparedness Merit Badges. In addition, the Wilderness Survival Merit Badge provides an opportunity for a Scout to test his survival skills on an overnight campout. Scouts hike to a remote site on the camp and stay overnight in a lean-to shelter constructed from natural materials found on site.

### **Nature**

Environmental Science, Mammal Study, Nature, Weather, and Geology are taught here. In this area, Scouts and Scouters can learn about responsibility for our environment, as well as gain a better understanding of how to be good stewards of our planet. This area is a must-see a while at Camp Post!

### **Handicraft**

Basketry, Indian Lore, Woodcarving and Leatherwork Merit Badges are taught in the Handicraft Area. Troops that send a Scout to Woodcarving, **MUST ALSO SEND AN ADULT!** Scouts must have a current Totin' Chip before starting Woodcarving Merit Badge. All handicraft badges require additional kits/projects in order to complete the badge. Please have your Scouts bring enough money to purchase these kits in the Trading Post.

### **Shooting Sports**

Archery, Rifle Shooting, and Shotgun Shooting Merit Badges are offered in the Shooting Sports area. Scouts learn how to make a bow string for use in Archery and shoot either .22cal. rifles or experience skeet shooting with our shotguns. ***Note: Archery has additional items to be purchased for the badge.***

### **Wranglers (Horsemanship)**

Our Wrangler program ties together the Western theme of Camp Post. This program has become very successful and our riding trails continue to improve. It is recommended that boys 14 and older take this class and younger Scouts sign up for an open ride time in the afternoons or on Wednesday.



## Aquatics

Camp Post offers the Swimming and Lifesaving Merit Badges before open swim at the pool. However, the Canoeing and Kayaking Merit Badges will be offered at Lake Allan Henry, a short drive from camp. If you have Scouts interested in trying these activities, but are not signed up for the merit badge, please be sure to sign them up for open time on Wednesday.

## First Year Camper Program

This program is designed for new Scouts attending camp for the first time. It is an introduction to Scouting Skills. A Patrol Guide will introduce them to basic Scouting skills. The Patrol Method will be emphasized. All activities and games promote great Scouting Spirit.

The First Year Camper Program allows Scouts to choose the rank advancement they need by taking *"Trail to Tenderfoot"*, *"Tenderfoot to Second Class"*, or *"Trail to First Class"*. A Scout can take all of these courses, or only take some and also complete a merit badge or two. Units that have boys registered in these classes are asked to have an adult attend class with the boys to aid the instructor when trying to teach more detail oriented skills, such as how to tie a Bowline.

**In keeping with the advancement guidelines of the BSA, no requirements will be signed off in the Post TFC program.** At the end of the week, each Scoutmaster will be given a list of the skills that each Scout was introduced to while at camp. It will be the Scoutmaster's responsibility to go over these skills with the scouts and decide which advancement requirements have been completed. In the evenings, unit leaders are encouraged to review the requirements covered in class each day. At that time, feel free to sign off the material that was covered. This helps to promote attendance in class and serves as a positive reinforcement of the skills addressed each day.



BOY SCOUTS OF AMERICA  
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## *Adult Leadership*

### **Two Deep Leadership**

Each troop must have leadership of an adult over 21 years of age, as well as one other over 18 years of age.

### **Sharing Leadership**

Having two or more leaders switch places throughout the week to maintain two deep leadership for the Troop is fine. If an overlap of a few hours' time occurs or is planned, notify the Camp Director, who will ensure that the commissary has an extra meal ready.

( **NOTE:** The Annual Physical form is required for any adult who intends to remain on site for over 24 hours.)

### **Siblings in Camp**

The South Plains Council does not allow siblings who are not registered in a Boy Scout Troop or Venture Crew to participate in camp for liability reasons. Children are welcome guests with visiting parents.

### **Visitors**

Visitors are ALWAYS welcome. Visitors are defined as any person coming to camp for a period not to exceed 24 hours. Parents and families are encouraged to visit on Friday. Please make arrangements for visitors before camp begins for a head count for the commissary staff.

\$10.00 per meal for Visitors. Kids 5 and younger eat free. The fee can be paid through the Trading Post. Persons staying over 24 hours are considered leadership and are charged a full week fee.

All visitors are required to sign in at the camp office upon arrival at camp and sign out at departure.

### **Pets**

Pets may not be brought to camp unless it is a guide dog to assist someone with a disability.

### **Guns, Bows, Ammunition & Fireworks**

Personal firearms, ammunition, bows and arrows and fireworks are not permitted in camp. All program needs will be provided by the South Plains Council at camp.

### **Flammable Liquids**

All flammable liquids must be turned in to the Camp Ranger to be securely stored. Never store flammable liquids in campsite. Empty cylinders should be turned in to Ranger for disposal.

### **Fires**

Camp Post follows the fire codes set by the Garza County Fire Depts.

### **Alcohol, Drugs & Illegal Substances**

The consumption, possession or use of alcohol or illegal drugs or controlled substances during the week of camp is not permitted. We will report all violations of the law regarding alcohol, drugs, and illegal substances. Violators will be asked to leave camp immediately.



## *Uniforms*

Scouts and leaders are encouraged to wear their complete official B.S.A. uniform to the Sunday evening meal as well as to each evening's formal retreat/flag ceremony. Scout shorts with camp or troop T-shirt is suggested for lunch. However, dressing appropriately for activities will be acceptable. Please use proper discretion.

## *Shoes, shirts and pants*

All Scouts and leaders must wear closed-toed shoes at all times at Camp Post. We share the environment with various species of poisonous snakes, spiders and other insects. Rocks, thorns and loose terrain might not agree with bare feet or sandals. For your safety, as well as to not overwork our camp medical staff: closed-toed shoes must be worn at all times.

## *Saturday Departure*

After breakfast on Saturday morning, our Area Directors will be available at the front steps of the Commissary to answer questions you may have regarding merit badges taken by your Scouts during the week. After breakfast: your unit will be able to return to your campsite to pack and cleanup. Your Staff Guide will assist you in the check out process they will come to your campsite and inspect it, along with the Scoutmaster and Senior Patrol Leader. They will check the condition of the KYBO and the site in general.

Prior to your final departure from camp please stop by the camp office to sign up for another summer camp experience with the South Plains Council for 2019 if you have not done so during the week.

### **Saturday Schedule:**

7:15AM	Continental Breakfast
8:00AM	Campsite breakdown clean-up for final inspection Commissioner campsite inspection for departure Complete camp surveys Reserve a spot for next year!
9:00AM	Camp is officially closed

# Thank You for Attending Summer Camp at Camp Post

We hope this leader's guide will be of value  
to you and your scouts.

IF you have any questions, or need  
clarification, please contact  
Camp Director Trey Smith at 806-747-2631

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