

# Spider Exercises

## *Part 3 - Advanced*

**By Oliver Martin**

### **Introduction**

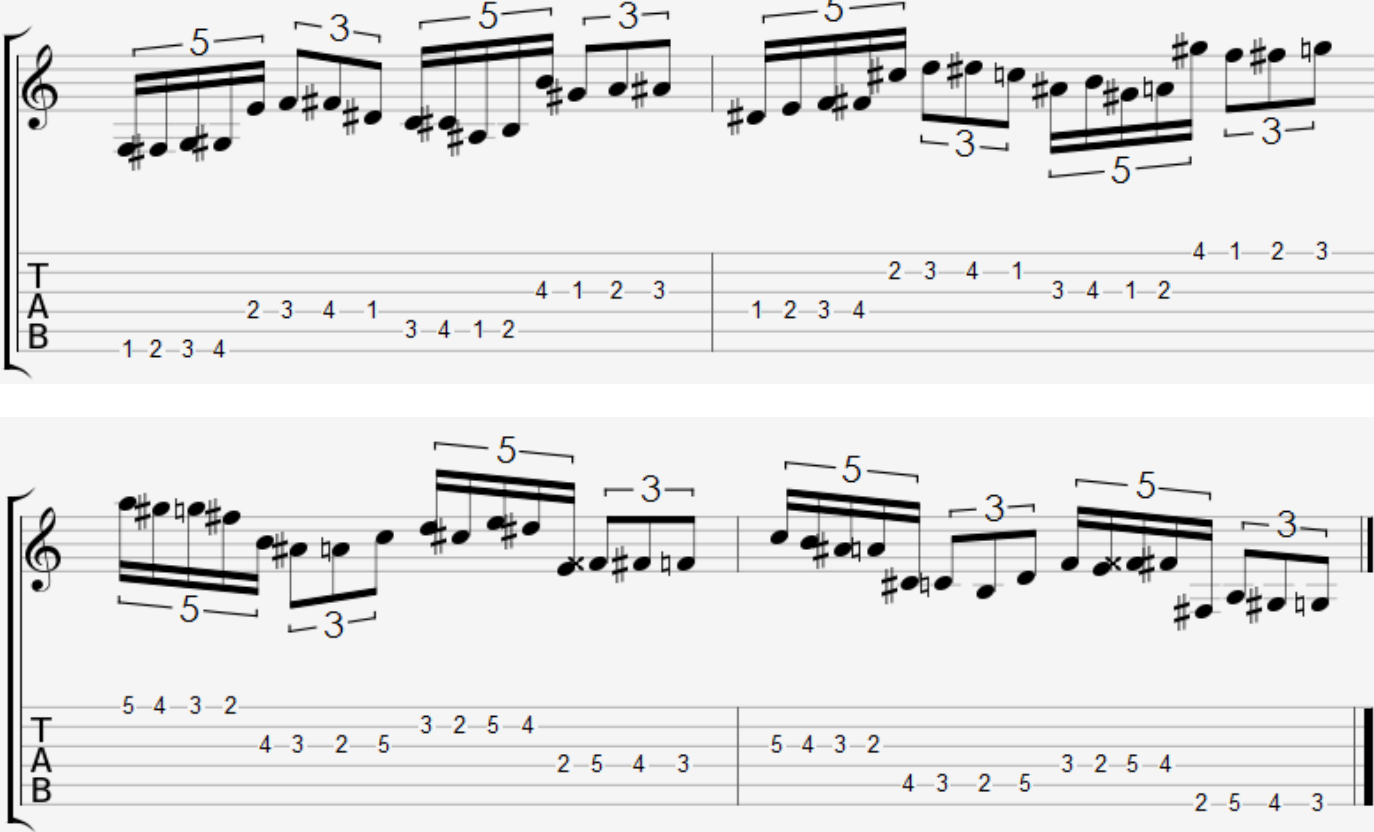
By this point you should be comfortable with a variety of spider exercises, and be able to create your own. These two examples will push you even further and incorporate some advanced concepts.

### **Ex.1**

Ex.1 - Starting Note Shift Spider

## **Ex.2**

Ex. 2 - String Skipping Starting Note Shift Spider (With Quintuplets and Triplets)



The first system of the exercise consists of two measures. The first measure contains a quintuplet of eighth notes (G4, A4, B4, C5, D5) followed by a triplet of eighth notes (E5, F5, G5). The second measure contains a quintuplet of eighth notes (A4, B4, C5, D5, E5) followed by a triplet of eighth notes (F5, G5, A5). The tablature for the first system shows the following fret numbers: Measure 1: 1-2-3-4 (string 1), 2-3-4-1 (string 2), 3-4-1-2 (string 3). Measure 2: 1-2-3-4 (string 1), 2-3-4-1 (string 2), 3-4-1-2 (string 3).

The second system of the exercise also consists of two measures. The first measure contains a quintuplet of eighth notes (B4, C5, D5, E5, F5) followed by a triplet of eighth notes (G5, A5, B5). The second measure contains a quintuplet of eighth notes (C5, D5, E5, F5, G5) followed by a triplet of eighth notes (A5, B5, C6). The tablature for the second system shows the following fret numbers: Measure 1: 5-4-3-2 (string 1), 4-3-2-5 (string 2), 3-2-5-4 (string 3). Measure 2: 5-4-3-2 (string 1), 4-3-2-5 (string 2), 3-2-5-4 (string 3).

Ex.2 throws together a couple of prior variations, such as string skipping and shifting starting positions. Now the hard part of this will be adding in some tricky sub-divisions. Here we have Quintuplets (5 notes to a beat) and Triplets (3 notes to a beat). When using complex timings, it is always a good idea to count in your head or even clap it out loud first.

## **Keep going**

I have only shown you a handful of possible combinations. There are many, many more that you can practice. The trick is developing an exercise with a specific goal in mind. The spider exercise is extremely versatile, so you can definitely get some mileage out of it!

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