

Green Mountain RSVP

160 Benmont Ave, Suite 90 Bennington, VT 05201

We are THANKFUL for YOU!

So much so that we wish we had more of you!



If you have a friend/family member who is looking to help their community but does not know where to start- send them our way!

As a token of our appreciation for you and your referrals, your name will **be entered to win** a prize. For every referral you make, after the recommended person has been approved as a volunteer AND has been successfully placed at one of our workstations, your name will be entered into a drawing. The volunteer whose name is drawn will win a **\$100 gift card** to either a gas station OR a grocery store of their choosing.

Rules:

- ❖ A person may not be recommended more than once. The first volunteer to make a referral will be the only referring volunteer to have their name entered into the drawing.
- ❖ The recommended person must meet the essential qualifications in order for the referring volunteer to have their name submitted.
- ❖ All recommended people will meet with GMRSVP staff for an informal interview to learn about our program and to help find a workstation that best fits their interests and schedule.
- ❖ Drawings for the prize winner will occur quarterly in each GMRSVP office- Bennington, Windham, and Windsor Counties.
- ❖ Prizes will be awarded within one month of the recommended person having approved volunteer hours entered into the Better Impact Database by GMRSVP staff.



Upcoming Events

Non-profit Fair

Tuesday, October 24th

12:30pm-3:30pm

Vermont Department of Health
Community Room
(CCV Building)

324 Main Street, Bennington.

details on participants to follow



SIGN UP TO VOLUNTEER!
Saturday, September 23, 2017

Help at a local early care center, library, or recreation trail.



Contact Kayla today - kayla@unitedwaysvt.org
or sign up online:
unitedwaysvtbennington.org/dayofcaring17



Bennington Blood Drives:
11:30am-5pm

- **September 6- First Baptist Church**
- **September 28- SVMC**
- **November 1- First Baptist Church**

Donating blood makes a big difference in the lives of others!
Visit Redcross.org or call 1-800-RED CROSS (1-800-733-2767) to schedule a donation.



- **HIS Food Pantry**- several opportunities available: shelf prep help, delivery help, helping guests, set up and/or clean up help, picking up donations.
- **Sunrise Family Resource Center**- play with children ages 6 weeks to 36 months- volunteers *will not* be asked to change diapers or prepare meals- may be asked to serve meals, rock babies, go outside or on walks, assist with reading, crafts and so on.
- **SVMC**- gift shop cashier (attend to customer needs, ability to run a point of sale cash register).

Please contact Lenora at 447-1546 for more information!



Tai Chi for Fall Prevention

FREE 6 week course
**Thursdays, September 7th-
 October 12th @ 10-10:45am**
 Optionz Health & Fitness
 160 Benmont Ave,
 South Wing, 4th Floor
 Bennington
*Contact Andrea Malinowski
 with any questions 379-5468*

Southwestern Vermont Council on Aging



Photo from SVCOA Facebook Page

On July 21, 2017, our sponsor, the Southwestern Vermont Council on Aging, moved their administrative office in Rutland to their new home- 143 Maple Street. This location was the former Maple Terrace Residential Care Home.

SVCOA received a

community block grant through the state Agency of Commerce and Community

Development and has been working with Project VISION to help revitalize the Northwest Neighborhood of Rutland. Their new location not only doubles their working space, it allows them to be “back in the heart of the community of the folks that [they are] serving.” This new space is now easier for clients, caregivers, and community partners to access. There are stations that may be used by other groups such as AARP in order for clients to receive help with their taxes, as well as an “outpost-like station” for an officer of the Rutland City Police Department to utilize. Congratulations to SVCOA on your beautiful new office building!

MEMORY CAFÉ

NEW LOCATION

Brookdale at Fillmore Pond
10:30am-12pm
 No registration required
September 23, 2017
October 28, 2017

Donated Items Available

Yarn- if you are looking for yarn for a project please feel free to come by our office to take a look at the lovely donations that we have received.

XXL Briefs- the Southwestern VT Council on Aging received a very generous donation of adult briefs. If you know of anyone in need please stop by the office.

If you have questions or need more information:

Contact

Volunteer Coordinator
Lenora Volkmer 802.447.1546
lvolkmer@svcoa.net
RSVPVT.ORG

Green Mountain RSVP is sponsored by The Southwestern Vermont Council on Aging. RSVP is a member of Senior Corps, a nationwide volunteer program for people 55+ who want to give their time and experience to strengthen their communities. **Thank you for your commitment to the non-profit organizations and people of Bennington County.**