



The Natural Spa Menu

The Spa Koh Chang Resort

Thai Massage (60 mins)

500B

The top standard of the ancient traditional Thai massage including pressure point, massage and stretching.

Thai Massage (90 mins)

750B

The top standard of the ancient traditional Thai massage including pressure point, massage and stretching.

Ampuku (30 mins)

300B

Enhance your fasting with this traditional Japanese therapy. It will work on your "hara" (abdomen) and acupuncture points on your back for better elimination.

Relaxing Herbal Oil Massage (60 mins)

600B

Natural massage oil applied with soft and gentle stroke of Thai massage.

Your choice of aroma oil (Lavender, Orange, Peppermint, etc)

VIP Steam Room & Massage (90 mins)

900B

1/2 hour of relaxation in herbal steam room. Followed by rejuvenating cold watermelon juice. Then enjoy the hour of aroma oil massage and finish your session with a fresh fruit platter.

Classical Thai Massage (120 mins)**900B**

2 hours of relaxing Thai massage to correct major energy imbalances that may have developed into some forms of symptom.

Herbal Hot Compress Massage (90 mins)**800B**

1/2 hour of hot compress treatment by using s selected mix of Thai herbs, followed by a relaxing hour of Classical Thai Massage.

Back, Neck, Shoulder & Stomach (90 mins)**850B**

Delight your upper body by focusing on back, neck, shoulder and stomach with our special body balm.

Hand & Arm Massage (60 mins)**500B**

Rejuvenate those tired hands and arms. Slowly working out the pains and aches.

Foot massage (60 mins)**500B**

Focus on the reflex points of your feet to activate prompt relief from your pain.

The Work's (180 mins)**1550B**

Back, neck, shoulder, hands, arms, stomach and foot massage. Amazing 3 hours of Thai massage.

Spa Facial Delight (60 mins)**1000B**

Deep facial cleansing by choosing a facial scrub of your choice (honey sesame, herbal honey, oatmeal milk) with a gentle massage. Facial mask of your choice (honey lime, spirulina honey, healing clay) Clean again with hot towel and facial toner. Finish the course with cucumber moisturizer.

Spa Body Delight (120 mins)**1300B**

Start with 20 mins of herbal steam bath. Then get a natural mixed scrub of your choice (wheat germ or turmeric coffee mix) Take a warm shower and followed by body mask with honey & tamarind paste. End with moisturizing milky lotion for a revitalized skin.

Spa Cellulite Retreat (120 mins)**1500B**

1/2 hour in infrared sauna and 1/2 hour of Anti-Cellulite oil massage with hand stroke. Another 1/2 hour of G5 anti- cellulite massage. Then get your body wrapped and lay down in a far-infrared. Shower and end with aroma oil massage.

Anti- Cellulite Package (5 times)**7000B**

Series of Anti-Cellulite sessions to ensure the more promising result for eliminating the excess.

Royal Gold Facial (45 mins)**800B**

Deep cleansing with cucumber cleansing gel. Then scrubbed with honey & herbs. Followed by special "Gold" beauty mask. Clean and dry it off with cool water, then finally applying cucumber moisturizing cream.

Healing Clay Facial (45 mins)**600B**

Deep cleansing with cucumber cleansing gel. Then scrubbed with honey & herbs. Followed by special "Healing Clay" beauty mask. Clean and dry it off with cool water, then finally applying cucumber moisturizing cream.

Thai Herbal Facial (30 mins)**500B**

Start with deep cleansing and dry off with hot towel. Get scrubbed and masked with Thai Herbal Scrub (Turmeric, Tamarind and Prai) Finish with facial toner and get moisturized with cucumber cream.

Aloe Vera Body Wrap (45 mins)**600B**

After a 15 mins herbal steam, get your body wrapped with Aloe Vera gel in a cotton sheet, covered with a blanket. Let the Aloe Vera revitalize your skin for 1/2 hour.

Spa Sport Special Massage (120 mins)**1100B**

Begin with warm stroke on muscle and pressure point for relaxation. Followed by harder stroke with mint balm oil all over the body to increase blood circulation and release muscle pain.

Rejuvenation Special (120 mins)**1550B**

Start with 30 mins of herbal steam bath. Then followed by smoothing facial clay. Get your body skin rejuvenated with Aloe Vera Body wrap. Finish with a relaxing hour of oil massage.

Herbal Steam Bath (45 mins)**300B**

Take 10-20 mins in our specially prepared herbal steam room with refreshing breaks outside for the cold water splash. Then go in again for another 10 to 15 minutes.

Far- Infrared Sauna (30 mins)**300B**

Try the radiant heat from infrared heater. An easy way to burn your calories by increase sweating. Recommended both of faster and non-faster.