

Houston National Invitational

February 7-9, 2020

Trampoline, Double Mini & Tumbling
&

Synchro Cup Challenge!

All USAG registered athletes level 1- Senior Elite

Venue: NRG Center; Hall E, 1 NRG park, Houston, TX
77054

Host Club: Victoria Gymagic, Inc. (361) 578-4272 & Tumble Tech

Meet Director: Cindy Seerden (361) 655-5161

Email: cseerden602@gmail.com

Cost: Levels 1-7 \$95, Levels 8-Elite \$115 Synchro Challenge is \$30 per pair; trophies given for 1st place.

Due date: December 20, 2019 Use the USAG meet reservation system for all entries. Print team roster & send a gym check postmarked by 12\20\2019. All changes can be made on the USAG system until 12\27\2019 with no penalty. The USAG system does NOT allow for specialty events like Synchro Cup. Please email your synchro pairs to cseerden602@gmail.com, This must be done separately.

All gym checks payable to: Cindy Seerden

602 Champions Row, Victoria, TX 77904

Late fee: After 12\23\19 late entries are \$20

Changes after 12\27\19 are \$10 per change

Changes after 1\2\20 are \$25 per change

No refunds will be given after January 3rd for any reason.

Tentative Schedule of Events: Open Training Friday for all levels 8-Elite 2:00-4:00 P.M. Synchro Cup Challenge warm up 4:00-5:00 p.m. Synchro Cup Challenge 5:15-8 P.M. Awards immediately following. Awards are by level ONLY 1-10th place.

Saturday Session 1 Level 1-10 12 & Over 8:00-11:00 a.m.

Session 2 8 & under 12:00-4:00 p.m. ALL ELITES 4:00-6:00

TRAINING Competition 6:00-8:00 P.M. Sunday 9:00-1:00 p.m. All

level 1-10's 9-11 year olds Elite finals training 1-2 p.m. Finals 2-4 p.m.

Synchro Cup Challenge Rules: This event is for ALL levels of USAG kids.

Athletes can only compete in one pair. Level 8 and higher only do voluntary routine with DD counting (no CR) Can be a male\female pair. No age groups, just levels. Athletes cannot compete lower than 1 level of their normal level. \$30 per pair, non refundable- add \$20 for same day entry subject to approval of meet director. Trophy for 1st place, medals 2nd-10th. If there are more than 10 pair in one level, I will split them into 2 flights and award 1-10 for each.

Age groups for HNI levels 1-10: 6 Un 7-8, 9-10, 11-12, & 13 Over- no age groups for boy only levels

6 & Under are born in 2014, 2015 & younger, 7-8 are born in 2012, 2013

9-10 are born in 2011 & 2010, 11-12 are born 2009-2008 and

13 & Over are born in 2007 or later

Flights will be awarded immediately after completed. 1st-10th with medals for all athletes.

FREE tee shirt for all athletes and coaches! But you must email me with your sizes by 12\27\19. Email cseerden602@gmail.com to get your shirts. Make SURE you receive a 'confirmed' acknowledgment from me or I cannot guarantee your team will receive this gift. I apologize in advance for not guessing any sizes for any teams.

Equipment: Ross Athletics will be providing all equipment for this event with the exception of 2 of the trampolines which will be Euro Trampolines from Gymagic.

Time Of Flight will be added to all level 8-9's for tie breaking purposes and used for all Level 10-Elite trampolinists.

Host hotels: on website www.hnimeet.org- all information will be listed.

Admission to venue: Adult single day pass \$25; Seniors (65 over) \$20 Child (5-12) \$15 Under 5 free. All weekend pass \$40; Seniors \$35, Child \$20 Parking \$15 per vehicle

Entries will only be accepted for HNI thru the USAG meet reservation system. No faxed or mailed entries will be accepted and no entries will be processed without payment.

Judges: All teams must have one judge minimum provided (per STX bylaws), out of state or country teams will be exempt but if you have a judge and want to judge please contact me at (361)655-5161. Judges will receive \$.30 per mile for driving and \$75 for hotel (2 judges per room please) per night. Must judge 2 sessions for hotel reimbursement and bring receipt. Judges and Coaches will be provided lunch on Saturday & Sunday. Please list your judges on your team roster that you send to me.

Volunteers: Will be given a free event tee shirt and fee admission to the venue for that day. Please list your volunteer names on the team roster you send to me.

Synchro Cup Challenge!

Name of competitor #1	Name of competitor #2	Team	Level competing

Copy as needed \$30 per pair

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Judges Name:_____ Phone # _____ event & rating____

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Volunteers Name_____ phone# _____ session____

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Email this to cseerden602@gmail.com with payment and copy of team roster. REMEMBER TO PUT TEE SHIRT SIZES OF YOUR KIDS NEXT TO THEIR NAME. PLEASE INCLUDE YOUR COACHES AND VOLUNTEERS SIZES AS WELL.

For questions please call 361-655-5161, Cindy Seerden

Coaches To Dos:

- 1. Use USAG meet reservation system for your teams entry. Check it over carefully before submitting. Entry is due 12/20/19**
- 2. Make any changes on or before 12/27/19 with no penalty**
- 3. Email Synchro cup challenge pairs, judges names, tee shirt sizes and volunteers names to cseerden602@gmail.com by 12/27/2019**
- 4. Email tee shirt sizes along with your USAG roster. Include coaches sizes too.**
- 5. Book hotels.**
- 6. Inform parents about parking \$ and cost of admission.**
- 7. Send volunteers & judges available asap.**