

Women ONLY Seminar

Awareness & Self Defense for the Everyday Woman



Saturday, Oct. 21 3:30-6:30PM



The Vineyard Shopping Center,

5100 Clayton Road #A-10, Concord

more.info@onetribemartialarts.com

925.288.0900

- No martial arts experience or athletic ability necessary
- Focused on prevention of an uncomfortable situation as well as self-defense
- Extremely effective

\$45/person

\$25 for second family member

Must be 12 years old and older

Space is limited

Sign up by October 18th

