

*Cultivating the
Fruit
of the
Spirit*

Galatians 5:22-23

Searching for Faith

Each and every day we make many choices; what to have for breakfast, what to wear, where to go, how we behave, what to say and how to say it are just a few examples. Through the choices we make we show our intentions, our thoughts and our hearts to everyone around us; including God. Through the actions we take we reveal the qualities that we have either cultivated and hold dear or ignored and do not possess.

Over the next nine days we will be focusing on the qualities listed in Galatians 5:22-23:

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." NIV

When the Lord created us in His image He gave us free will, with that free will we have a choice as to whether we want to commit to cultivating these qualities within ourselves. Seen as you have downloaded this printable I'm going to assume that you have made the choice to commit to cultivating these qualities.

So how will we work on these? Over the next nine days in the morning we will...

- Choose a Galatians 5:22-23 quality to work on that day. (Different one each day)
- Choose a number of actions you can do to cultivate that quality in your heart. (Three is a good number to start at) Write down what those actions are.
- Find a Bible verse other than Gal. 5:22-23 that shows this characteristic in action.
- And Pray, ask Jesus to guide and help you as you strive to cultivate the quality you have chosen that day in your heart.

Then in the evening we will be...

- Writing down the number of actions you did throughout the day and what those were (If you did your set amount or more actions then that's great! If not write out what you did do but also think about why you were unable to do the full amount, pray for God to help you and try again)
- Write out how these actions helped you to cultivate your chosen quality.
- Find a Bible verse other than Gal. 5:22-23 that shows us why it is important to cultivate that quality.
- Decide what you will strive to do daily that will continue to cultivate that quality in the future
- Finally, Pray again.

While this printable only has nine days you can (and I would encourage you) to continue to do it for as many days as you wish. I know that for me personally I will be doing this for a minimum of two months.

It is my hope and prayer that over the next nine days you not only fully commit yourself to this journey but also enjoy growing these qualities. Alright let's get started!

If you wish to save ink & paper (and in turn the planet,) only print pages 3-20 as they're the only pages you'll need to write on. You are using the "Ink friendly" version of this printable, if you would like the full version with images you can find it on Searching for Faith blog

Day 1

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic:

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 2

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 3

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 4

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 5

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 6

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 7

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 8

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

Day 9

Date: _____

Morning

The characteristic I am cultivating today is...

I am striving to do _____ actions that will cultivate this characteristic. These actions are:

Bible verse(s) that shows this characteristic: _____

Prayer:

Evening

The ___ actions I did today were...

How did these actions cultivate_____?

Bible verse(s) showing why it's important to cultivate this characteristic.

What will you do daily from now on that will cultivate this characteristic:

Prayer:

And We're Done!

Congratulations on completing these last nine days. But wait! You don't need to stop here. Keep working on these nine qualities over the next week, the next month or even the next year! Keep the print out of the first nine days somewhere safe and come back to it at a later date; it will be incredible to look back on it and see just how much God has changed your heart! I pray that even if you don't use this printable again that you continue to cultivate these qualities within yourself and asking God to help you in doing so.

Thank you so much for downloading this printable.

Did you do well? Do you think you're a little bit closer holding these qualities near and dear to your heart? Did you enjoy it?

I would love to know what you think. If you would like to give feedback on this printable please send me a message about it, you can do that by using the contact page on Searching for Faith.

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