

5 MOBILE APPS TO HELP KIDS SPREAD ACTS OF KINDNESS



GREAT KINDNESS CHALLENGE (K-12)

The 2018 Great Kindness Challenge takes place January 22-26 for one school week. Students are encouraged to perform as many acts of kindness possible, choosing from a 50-item checklist. It's free, easy to implement and has the power to increase tolerance, unity, and it has respect for all levels of learning from early education through high school. [available on IOS]

thegreatkindnesschallenge.com



RANDOM ACTS OF KINDNESS

Random Acts of Kindness helps you choose from over 300 inspirations of good deeds. The app is free and you can use it to donate online, volunteer, organize, join, march, walk and do a multitude of other things--and then share it with friends. In fact, downloading this free app is an act of kindness in itself, with 25% of all donations going directly to the Goodwill organization. [iOS, Android]

www.randomactsofkindness.org



NOBLY: THE PAY-IT-FORWARD APP

Nobly is a free app that allows participants to create and contribute to a chain-reaction of kindness. Each "Deed" tells a story, and with Nobly each do-gooder can share that story with others, allowing them to pay it forward with a Deed of their own. It's a great way to learn how one Deed can be a catalyst for far-reaching change, all while connecting with others through the common interest of doing good. [iOS, Android]

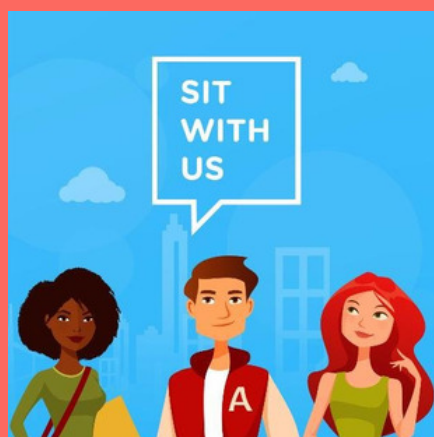
www.nobly.com



RETHINK ("BEFORE THE DAMAGE IS DONE")

ReThink is a non-intrusive, innovative, award-winning solution to stop cyberbullying before it happens, especially in young adolescents and teenagers. Teenage entrepreneur Trisha Prabhu developed the app after discovering that kids were 93% less likely to post a mean message if they were alerted to "rethink about it" first. Once downloaded and enabled, a pop-up alert warns the user if a word or phrase might be considered cyberbullying, hopefully averting a bad decision. [iOS, Android]

www.rethinkwords.com



'SIT WITH US' HELPS KIDS AVOID EATING ALONE

This teen-created 2017 Appy Award-winning app designed to reduce bullying and promote kindness, empathy and inclusion in schools. The app allows students to designate themselves as ambassadors, thereby inviting others to join them for lunch. They can post "open lunch" events, which signals to anyone seeking company that they're invited to join the ambassadors' table. [iOS, Android]

<http://sitwithus.io>

READ OUR BLOG ON KINDNESS APPS AT CYBERWISE.ORG



Cybersafety sorted. Protect your family on every device, everywhere with familyzone.com parental monitoring software.

