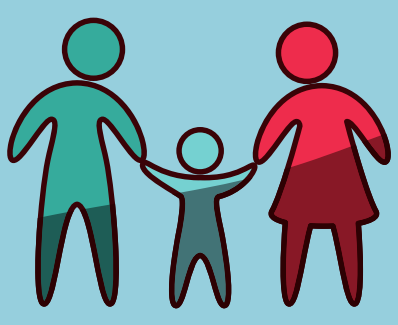
5 SAFETY TIPS FOR KID CELL PHONE USE

How to monitor and set mobile phone boundaries with your kids

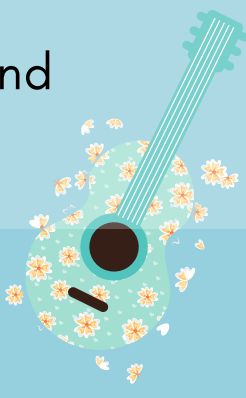


BE HONEST AND UPFRONT

When kids know of possible parental cell phone monitoring, they tend to practice more mindful behaviors while online. Use a parental monitoring app to keep tabs on them & keep them cybersafe. Build trust by telling them right upfront you are using an app not as spyware but because you care.

LEAVE THE PHONES ALONE

Create a "no phone" zone drop where devices can be stashed away before family meals or special times. Set on and off times with monitoring apps to help keep kids safe and on track.



FORBID CELL PHONES IN THE CAR

Be a good role model! That means no texting or talking behind the wheel. To help stay mindful, also consider keeping your child's phone in the trunk so you both spend driving time talking with each other.

HELP THEM SET THEIR PRIVACY SETTINGS

Teach kids how to set their privacy settings and protect their personal info. Monitoring apps can help parents determine what is age-appropriate and set limits on what each kid can share on their devices.

DON'T STAY INSIDE TOO LONG

Being online can be awesome, but it can also lead to hours of endless procrastination online. Determine how much time kids spend online with monitoring apps to keep kids more focused on school, play, and rest.

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