

## NO-BAKE CINNAMON ENERGY BALLS



### Ingredients

- 6 dates, pitted
- 1 cup raw cashews
- 1 tablespoon flax seed meal
- 1/8 teaspoon ground cinnamon
- 1 pinch salt
- 1 tablespoon coconut oil

### Directions

- Combine dates, cashews, flax meal, cinnamon, and salt in a food processor or blender; blend until very well mixed. While the processor is running, add coconut oil and blend until mixture holds together.
- Roll mixture into 20 balls (about the size of a large gum ball) and arrange on a plate or baking sheet. Freeze for at least 30 minutes. Keep energy balls stored in the freezer or refrigerator.