



Blackawton Primary School Weekly News



Contact us: parent@blackawtonprimary.org.uk
Please talk to us about any issues or make an appointment.

15th November 2019

Weekly Attendance Per Class for 11th to 15th November 2019

Class 1 100%, Class 2 98.15%, Class 3 95.71% Class 4 95.77%, Class 5 90.97%

Our Attendance Target is 96%

Team Nurture are the winners again this week with 100%

Blackawton Primary as part of the local community

We have been extremely fortunate as a school to be part of an active and inspiring, charitable community. The children have had several opportunities over the past week to hear from volunteers who work within the community who support other people.

On Monday from The Kingsbridge Dementia Friendly Community came to talk to Class 5 children about dementia and to offer advice on ways children can help people suffering from dementia. In December, Mr Sullivan will be taking a group of children to Kingsbridge to deliver a physical activity session to people with dementia. They will then have the opportunity to read with the people as well as talk about our school life.

On Wednesday, Ellie from Humanity Torbay came to assembly and talked to the children about the charity that supports homeless families in the Torbay and Dartmouth Area. At present Humanity Torbay are supporting more than 14 families with young children. **As a school, we have decided that we would like to support these families this Christmas by filling some shoe boxes with items that will give them both treats and essentials.** The children in the families are boys and girls aged between 21 months and 14 years old. There will be a list of items, that have been suggested by Ellie, outside each classroom. The Global Citizens will be making posters helping remind us all to bring the boxes into school.

What's On				
When	What	Who	Where	Cost
20th November	Cinema Trip	Classes 2, 3, 4, 5	Barn Theatre, Dartington	£4.50
21st November	Flu Vaccinations	Children with consent	In school	
22nd November	Parent Forum	POSTPONED	TO JAN 2020	
26th November	FOBS Meeting	All Parents	George Inn, 7.30pm	
3rd & 4th December	Star Trail	Classes 3, 4, 5	Blackawton Church	
5th December	Elves & Shoemaker	Foundation children	Theatre Royal, Plymouth	£16.00
6th December	Bournemouth Symphony Orchestra	Classes 4 & 5	Exeter University	£7.50
6th December	FOBS Silent Disco	Children with parents	Village Hall	£5 per ticket
11th December	Wonderland Performance	Parents & Friends	Blackawton Village Hall	Minimum £3
12th December	Christmas Lunch	All pupils	In school	£2.45
13th December	Christmas Crafts Day	All classes	In school	
17th December	Nativity	Foundation Children	Blackawton Church, 2pm	
18th December	Candlelit Christmas	Classes 2, 3, 4, 5	Blackawton Church, 6pm	
20th December	Last Day of Autumn Term			
6th January 2020	First Day of Spring Term			
17th - 21st February 2020	Half-Term			



Thank you for those who were able to join us for the Community Roast Lunch on Thursday. As a Bronze Food for Life school we are proud to invite families and friends into school to enjoy our school lunches.

We have just found out, the very exciting news, that our school has reached the final three of the inaugural Food for Life Peter Melchett Award.

A panel of Food for Life experts will be visiting the schools and they're looking for a school who's going above and beyond for the cause of championing real food. We have been told that "The main thing to remember is that we already think you're fabulous to have got this far! It's not Ofsted, our visit is to see all the great work you're doing, and celebrate your wonderful achievements."

The judging panel who are visiting will be:

- James Cashmore – Director, Food For Life
- Dr Helen Crawley - Helen is a dietitian and registered nutritionist with over 35 years' experience in public health nutrition. Helen has worked in government, academia, research and the NGO and charitable sector promoting good nutrition for vulnerable population groups.

We will keep everyone updated with our progress.

SCHOOL LUNCHES



We will be on Week 1 of the Autumn Menu after half-term

If you think that your child may be entitled to Free School Meals, please contact Devon County Council either by phone on 0345 155 1019 or by visiting their website portal at:

https://oneonline.devon.gov.uk/CCSCitizenPortal_LIVE

Reminder that we are a Nut & Kiwi Free school as we have pupils with severe allergies to both.



Please be mindful of what food you send in to school in lunchboxes etc.

WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.



Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.



Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.



Jam Tart making in Class 2

Whether it's watching videos, playing games on their devices or talking to Alexa today's under 5s are spending more time online.



What can I do to support my under 5?

There are lots of things you can do to support your under 5. This is not a complete list, but a range of strategies you can use to improve your child's online experience:

1. Explore together: Explore your child's favourite apps and websites with them. This can be a fantastic way to find out what your child enjoys doing online, as well as having fun and learning together.

2. Talk to your child about their online experiences: Start and continue regular conversations with your under 5 about what they enjoy doing online, introducing online safety messages. These conversations can be a great way to reinforce the message that if your child sees anything online which makes them feel worried, they can tell you or another adult they trust.

3. Supervise your under 5 while they're online: Keep the devices your child uses in communal areas of the house such as in the living room or kitchen where an adult can supervise. Children under 5 **should not** access the internet unsupervised in private spaces, such as alone in their bedroom or bathroom.

4. Parental controls: Make use of the parental controls available on your home broadband and any internet enabled device in your home. You can find out more about how to use parental controls by visiting your broadband provider's website, or by viewing advice/step-by-step guides available on the [internet matters site](#). If you need any help setting up parental controls, you can also call up the NSPCC/O2 Helpline or visit an O2 store.

5. SafeSearch: The use of 'SafeSearch' is recommended for use with young children. Most web search engines will have a 'SafeSearch' function, which allows you to limit the material your child can see when they're online. Look out for the 'Settings' button on your web browser homepage, which is often shaped like a small cog. It is important to understand that no 'SafeSearch' function is 100% effective, and this cannot be used alone to protect your child from being exposed to age inappropriate material.

6. Set boundaries: As a family you can agree a set of rules, such as locations in the house where devices can be used, times of day your child can use devices, or which age appropriate apps or websites they can access. On devices you do not wish your under 5 to access, use passwords and keep these out of reach of your child.

7. Lead by example: Modelling the digital habits you expect from your child (for example, no tablets during meal-times) can be an effective way of supporting young children to develop their own positive digital behaviours from an early age.

For more information visit:

https://www.thinkuknow.co.uk/parents/articles/keeping-your-under-five-safe-online/?utm_source=Thinkuknow&utm_campaign=f3e45b5b92-EMAIL_CAMPAIGN_TUK_NOVEMBER_GLOBAL&utm_medium=email&utm_term=0_0b54505554-f3e45b5b92-55259237

The Signpost

Anti-Bullying Week 2019

UNCRC Article 19: Every child has the right to protection from harm.

How do I spot the signs that my child is being bullied?

You know your child best so will be aware if something seems wrong.

The type of behaviour that might be an indication of bullying includes:

- a reluctance to go to school;
- unexplained tummy upsets or headaches;
- showing signs of distress on a Sunday night or at the end of school holidays;
- becoming either quiet or withdrawn, or playing up;
- torn clothes and missing belongings;
- seeming upset after using their phone, tablets, computers etc; and

wanting to leave for school much earlier than necessary or returning home late.

Bullying can have an impact on a child's mental health so if your child is showing signs of serious distress - such as depression, anxiety and self-harm, always see a GP.

How can I help my child if they are being bullied?

If your child is being bullied, don't panic. Your key role is listening, calming and providing reassurance that the situation can get better when action is taken.

Listen and reassure them that coming to you was the right thing to do. Try and establish the facts. It can be helpful to keep a diary of events to share with the school.

Assure them that the bullying is not their fault and that they have family that will support them. Reassure them that you will not take any action without discussing it with them first.

Don't encourage retaliation to bullying - such as violent actions. It's important for children to avoid hitting or punching an abusive peer. Reacting that way has negative and unpredictable results- they may be hurt even further, and find that they are labelled as the problem. Rather suggest that they walk away and seek help.

Find out what your child wants to happen next. Help to identify the choices open to them; the potential next steps to take; and the skills they may have to help solve the problems.

Encourage your child to get involved in activities that build their confidence and esteem, and help them to form friendships outside of school (or wherever the bullying is taking place).

Discuss the situation with your child's teacher or Head teacher - or the lead adult wherever the bullying is taking place. Every child has a right to a safe environment in which to learn and play. All of our schools have an anti-bullying policy which can be found in the 'About Us' tab of the school websites under 'School Policies'.

My child has been accused of bullying others

It is very difficult for parents and carers when they find out that their child has been involved in a bullying incident - perhaps even more so if their child is the one accused of bullying behaviour.

The important thing to remember is that anyone is capable of bullying behaviour. As parents you have a key role in helping your child to recognise the harm they have caused and encouraging them to change their behaviour in the future. All parents and carers should speak to their children about what bullying is - and how it makes people feel.

They need to feel they can talk to you if there is bullying happening in their class or school. Sometimes children and young people can be pulled into bullying behaviour by friends or the wider peer group - this is particularly true of hurtful comments and images spread through social networking sites. Some top tips for parents include:

- Make sure your child knows what bullying behaviour is and why it is wrong
- Make sure your child knows they can talk to you, or to another adult if they are worried about bullying
- Help your child to realise that no-one has the right to pressure them into something they don't want to do - this includes bullying others
- Talk to your child about information that is shared through social networking sites - let them know that they shouldn't upload comments or images that could hurt someone else - or pass on content that is designed to hurt someone else. Let them know most social networking sites have report buttons if they have seen bullying behaviour and they want to stop it.

Make it clear that you do not tolerate the use of disrespectful and hurtful language and behaviour as a family (it's vital that you model this as parents)

If the school contact you to say your child has been involved in a bullying incident stay calm and make sure you gather all the facts relating to the incident. Ask to see evidence if it is available (for example: if the alleged bullying is through the internet or phones). Ask for a copy of the school anti-bullying and behaviour policy so you can ensure that they are following agreed procedures. Take time to listen to your child's side of the story - but keep an open mind. If the school share information or evidence that shocks you (children can sometimes behave very differently away from their parents) again stay calm, and take time to talk through the incident with your child. Try not to see the behaviour as a permanent reflection of their character - but make clear the behaviour you would like to change. It may be that their current friendship group is having a negative effect on their behaviour - in which case you should talk about what it means to be a friend, and gently encourage them to form more positive relationships.

Ditch the Label have written a blog about **'7 tips to stop bullying others'**

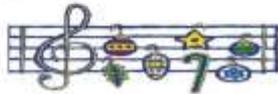
Ultimately you are not the first - and you will not be the last parent to have to face this. Don't blame yourself - today is the time for change.



GET YOUR TICKET

BLACKAWTON PRIMARY SCHOOL

FESTIVE WARM UP



SILENTDISCO

Plus DJ Takeaway Dave
plus guests

FRIDAY 06TH December

AT BLACKAWTON VILLAGE HALL

6.00 PM TILL LATE

£5.00 per ticket - Adult or Child

Food and Drinks available to purchase

Conditional: All children to be accompanied by a paying adult



**ADD IT TO YOUR CALENDAR
& GET YOUR TICKET TODAY**

**Dartmouth
orchestra**

Musical director Tim Pithers

Winter concerts

Mendelssohn Symphony n^o. 3
(The Scottish)

Prokofiev Troika, from
Lieutenant Kijé Suite

Haydn Trumpet Concerto
in E flat major,
soloist Tony Hindley

Blake 'Walking in the Air'
from *The Snowman*

Tickets £12 (children free)

9 December 2019

The Flavel, Dartmouth 7.30pm

26 January 2020

Ashburton Arts Centre 3pm

www.dartmouth-orchestra.co.uk