



Blackawton Primary School Weekly News



Contact us: parent@blackawtonprimary.org.uk
Please talk to us about any issues or make an appointment.

11th October 2019

Weekly Attendance Per Class for 7th to 11th October 2019

Class 1 100%, Class 2 97.78%, Class 3 97.86% Class 4 99.62%, Class 5 92.26%

Our Attendance Target is 96%

Team Nurture are the winners again this week with 100%

Reminder

It is a Non-pupil day next Friday, 18th October

The
BIG
Soup Share

Thank you to everyone who attend the Big Soup Share on Wednesday lunchtime. This was a great event and the weather held off quite well.



What's On

When	What	Who	Where	Cost
15th October	Farmwise Trip	Classes 4 & 5	Westpoint Exeter	£7.50
15th October	Devon Wildlife Champions Trip	10 children from Class 2	Slapton	
17th October	Dart Food Festival	Year 3	Dartmouth	
18th October	Non Pupil Day			
21st to 25th October	Half-term	All Pupils		
29th October	Theatre Alibi 'I believe in Unicorns'	All Classes	School Hall	£4.50
29th October	FOBS Meeting			
5th & 6th November	Parent/teacher Evening	All Classes	In School	
14th November	Community Roast Lunch	Parents & local community	School Hall	
20th November	Cinema Trip	Classes 2, 3, 4, 5	Barn Theatre, Dartington	£4.50
5th December	Elves & Shoemaker	Foundation children	Theatre Royal, Plymouth	£15.50
6th December	Bournemouth Symphony Orchestra	Classes 4 & 5	Exeter University	£7.50

**NURSERY
CAKE SALE**
FRI 1ST NOV - 3.15PM
IN THE SCHOOL HALL



COME ALONG, BUY A CAKE AND HELP
SUPPORT BLACKAWTON NURSERY

NURSERY PARENTS TO BAKE





SCHOOL LUNCHES



We will be on Week 1 of the Autumn Menu next week



Attendance Matters

Research on attendance and attainment

There is a clear link between attendance and attainment. Research by the DfE, for example, shows that, in 2013/14, while 51.5% of pupils with no absences reached level 5 or above at key stage 2 (at the time of the study, a measure suggesting that pupils were achieving above expectations in English and mathematics), this declined to 25.7% among pupils who missed more than 10% to 15% of lessons.

When you think, missing 10% of lessons is about 2 days a month that's pretty scary.

This is from the Ofsted Education inspection framework Overview of research January 2019.

Reminder that we are a Nut & Kiwi Free school as we have pupils with severe allergies to both.

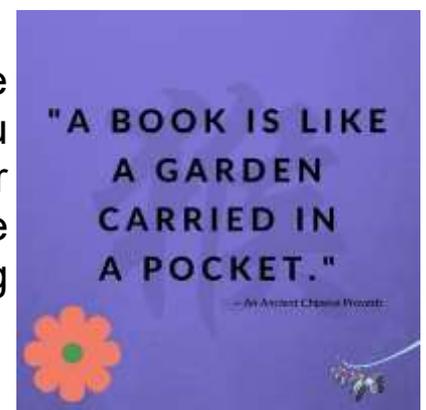


Please be mindful of what food you send in to school in lunchboxes etc.



Reading at Blackawton

Thank you to Andrea who is now opening up the library Monday to Thursday at 8.30 am so that you can come into school and read with your child or change a reading book. There are iPads available so that children can “quiz.” After school Reading Club is on Wednesdays.





Welcome To Instrumental Music Services
Providing Quality Instrumental Tuition Since 1991

Music Tuition in School with IMS Music!



IMS Music are pleased to be providing drum tuition for children in a number of schools across the South Hams and Torbay areas. Our tutor Lawrence Giles is able to provide weekly 1:1 tuition in school and spaces are available for any budding young musicians this term!

If you would like your child to try an initial free short taster please contact us.

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Please email [john.ims@talktalk.net](mailto:john.ims@talktalk.net) for further information and prices, or sign up via our website

tel: 07876 456752    [www.imsmusic.co.uk](http://www.imsmusic.co.uk)

## Group Cello Lessons

Jessica Heywood is thinking of offering group cello lessons.

We have 5 cellos in school that could be used for this.

If your child is interested please let us know.

She would need 4/5 to make it viable and keep the cost to parents down



## SEND Signpost

### World Mental Health Day 2019

#### What are mental health problems?

Our mental health is just like our physical health: everybody has it and we need to take care of it. Mental health problems affect around one in four people in any given year. They range from common problems, such as depression and anxiety, to rarer problems such as schizophrenia and bipolar disorder.

What can we do to improve our mental health and wellbeing?

1. Talk about your feelings - Talking about your feelings can help you stay in good mental health and deal with times when you feel troubled.
2. Keep active - Regular exercise can boost your self-esteem and can help you concentrate, sleep, and feel better. Exercise keeps the brain and your other vital organs healthy, and is also a significant benefit towards improving your mental health.
3. Eat well - Your brain needs a mix of nutrients in order to stay healthy and function well, just like the other organs in your body. A diet that's good for your physical health is also good for your mental health.
4. Drink sensibly - We often drink alcohol to change our mood. Some people drink to deal with fear or loneliness, but the effect is only temporary. When the drink wears off, you feel worse because of the way the alcohol has affected your brain and the rest of your body. Drinking is not a good way to manage difficult feelings.
5. Keep in touch - There's nothing better than catching up with someone face to face, but that's not always possible. You can also give them a call, drop them a note, or chat to them online instead. Keep the lines of communication open: it's good for you!
6. Ask for help - None of us are superhuman. We all sometimes get tired or overwhelmed by how we feel or when things don't go to plan. If things are getting too much for you and you feel you can't cope, ask for help. Your family or friends may be able to offer practical help or a listening ear. Local services are there to help you and can be accessed through the Early Help scheme.
7. Take a break - A change of scene or a change of pace is good for your mental health. It could be a five-minute pause from cleaning your kitchen, a half-hour lunch break at work, or a weekend exploring somewhere new. A few minutes can be enough to de-stress you. Give yourself some 'me time'.
8. Do something you're good at - What do you love doing? What activities can you lose yourself in? What did you love doing in the past? Enjoying yourself can help beat stress. Doing an activity you enjoy probably means you're good at it, and achieving something boosts your self-esteem.
9. Accept who you are - We're all different. It's much healthier to accept that you're unique than to wish you were more like someone else. Feeling good about yourself boosts your confidence to learn new skills, visit new places and make new friends. Good self-esteem helps you cope when life takes a difficult turn.
10. Care for others  
**'Friends are really important... We help each other whenever we can, so it's a two-way street, and supporting them uplifts me.'**

Caring for others is often an important part of keeping up relationships with people close to you. It can even bring you closer together.

***We would like to thank Miss Risby for all her valuable work with children and families with SEND across the primary schools in the South hub of our Multi-Academy Trust. We wish her the very best of luck as she begins her maternity leave and we look forward to meeting her new arrival very soon!***

**Sarah Simnett**



THE INTERNATIONAL CLASSICAL SERIES FLAVEL

*Jack Liebeck* (VIOLIN)  
*Julia Chaplina* (PIANO)



SCHUBERT: Sonata in A minor D 385  
BRAHMS: Sonata in A major Op. 100  
TCHAIKOVSKY: Excerpts from Romeo and Juliet Suite Op 75 (piano solo)  
FRANCK: Sonata in A major

FRIDAY 1 NOVEMBER 2019 at 7.30pm  
Adults £22, Under 18s £5 Classical Series Season Ticket also available  
WWW.THEFLAVEL.ORG.UK 01893 839530  
THE FLAVEL, FLAVEL PLACE, DARTMOUTH TQ4 9ND



# AUTUMN

## A CONCERT OF SEASONAL MUSIC

LINDA HARVEY – SOPRANO  
RICK GODLEE - 'CELLO  
SPECIAL CHOIR (DIR. BOB BARSBY)

SATURDAY 19<sup>TH</sup> OCTOBER  
7.30PM  
BLACKAWTON CHURCH

TICKETS: £10 (£8 IN ADVANCE FROM COMMUNITY SHOP OR THE GEORGE) OR £5 UNDER 16

PROCEEDS IN AID OF CHURCH FUNDS



JOIN US FOR A...

# Pink Afternoon Tea

3PM - 6PM  
FRIDAY 18 OCTOBER 2019  
THE GEORGE INN,  
BLACKAWTON

**breast cancer now** WE WOULD LOVE FOR YOU TO JOIN US TO CELEBRATE 'WEAR IT PINK DAY' AND HELP RAISE VALUABLE FUNDS FOR BREAST CANCER NOW.

**THE GEORGE INN** ENJOY A PINK DRINK, ENTER THE PINK BAKE OFF RAFFLE, OR SIMPLY ENJOY A SLICE OF CAKE. WEARING PINK ISN'T COMPULSORY! WE HOPE TO SEE YOU THERE.



# AUDITIONS

3pm  
Sunday 13<sup>th</sup> October  
in  
the Village Hall  
for  
a Pantomime  
to be performed  
31<sup>st</sup> Jan. & 1<sup>st</sup> Feb. 2020

Please come along if you'd like to be involved in any capacity - on- or back-stage.  
If you'd like to be involved but are unable to attend the auditions, please contact:

**Chris Janman**  
(chris.janman@gmail.com)