



# JANUARY ACTIVITIES 2018

DATE	ACTIVITY
<b>Monday 1<sup>st</sup></b>	<b>NEW YEAR'S DAY</b>
<b>Tuesday 2<sup>nd</sup></b>	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
<b>Wednesday 3<sup>rd</sup></b>	Art Group (BdRm) at 10:00 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (BdRm) 2:30 pm
<b>Thursday 4<sup>th</sup></b>	Coffee Morning (BdRm) at 10:15 am Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
<b>Friday 5<sup>th</sup></b>	Games (Agnes House) at 2:00 pm Quiz (BdRm) 2:30 pm Take down the Christmas Decorations - <b>Help required</b>
<b>Monday 8<sup>th</sup></b>	DIY Pilates (Mtg Rm) at 10:00 am Bingo in Agnes House 2:00 pm to 4:00 pm Scrabble (BdRm) 1t 7:00 pm
<b>Tuesday 9<sup>th</sup></b>	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
<b>Wednesday 10<sup>th</sup></b>	Art Group (BdRm) at 10:00 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm
<b>Thursday 11<sup>th</sup></b>	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
<b>Friday 12<sup>th</sup></b>	Games (Agnes House) at 2:00 pm Tea & Chat with the Wardens (BdRm) at 2:30 pm

**Activities are open to all residents**

**Please note that dates may change, keep an eye on the Noticeboard**



# JANUARY ACTIVITIES 2018

DATE	ACTIVITY
<b>Monday 15<sup>th</sup></b>	DIY Pilates (Mtg Rm) at 10:00 am Bingo in Agnes House 2:00 pm to 4:00 pm
<b>Tuesday 16<sup>th</sup></b>	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
<b>Wednesday 17<sup>th</sup></b>	Art Group (BdRm) at 10:00 am Story Telling (Agnes House) 11:00 am to 12:00 noon Shepherd's Pie (BdRm) 4:00 pm
<b>Thursday 18<sup>th</sup></b>	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
<b>Friday 19<sup>th</sup></b>	Games (Agnes House) at 2:00 pm Knitting & Crochet (BdRm) at 2:30 pm
<b>Monday 22<sup>nd</sup></b>	DIY Pilates (Mtg Rm) at 10:00 am Bingo in Agnes House 2:00 pm to 4:00 pm
<b>Tuesday 23<sup>rd</sup></b>	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
<b>Wednesday 24<sup>th</sup></b>	Art Group (BdRm) at 10:00 am Story Telling (Agnes House) 11:00 am to 12:00 noon Cheese & Wine Presentation Evening (BdRm) 7:00 pm
<b>Thursday 25<sup>th</sup></b>	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
<b>Friday 26<sup>th</sup></b>	Games (Agnes House) at 2:00 pm Poetry (BdRm) at 2:15 pm
<b>Monday 29<sup>th</sup></b>	DIY Pilates (Mtg Rm) at 10:00 am Bingo in Agnes House 2:00 pm to 4:00 pm
<b>Tuesday 30<sup>th</sup></b>	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
<b>Wednesday 31<sup>st</sup></b>	Art Group (BdRm) at 10:00 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm

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