



Beet and Carrot Salad

INGREDIENTS:

2 TBS. lemon juice

1 TBS. Red Wine Vinegar

1 clove garlic, minced

Sea Salt and Pepper to taste

1 tsp. cumin

1 tsp. honey

½ tsp. smoked paprika

Pinch Cayenne

¼ cup Olive Oil

½ small red onion, sliced

2 large carrots, julienned

1 large beet, julienned

½ cup fresh cilantro, roughly chopped

DIRECTIONS:

Combine the first 9 ingredients in a small bowl. Whisk to blend. Set aside.

In a medium mixing bowl, add the carrots, beets, onions, and cilantro. Pour dressing over and toss. Serve!