



Banana, Almond Butter, Cocoa Nib Smoothie

BANANA, ALMOND BUTTER, & COCOA NIB SMOOTHIE

INGREDIENTS:

2 Bananas
1/4 to 1/2 cup of fresh Almond Butter
1/4 cup organic raw cocoa nibs
1/4 cup to 1/2 cup of Almond Milk
6 - 8 ice cubes

DIRECTIONS:

Place all ingredients in your blender and blend. You can adjust thickness to your liking by the amount of milk and ice you opt to use.

Careful of the brain freeze!