



GREATER SEATTLE AREA CHRONIC ILLNESS MENTAL HEALTH PROFESSIONALS

This is a list of therapists and counselors who provide individual, couples, and family counseling for those living with health challenges. Some areas of focus are included. Please note, not all therapists are taking new clients at all times and their information may not be up-to-date, so please reach out to the therapist to obtain current information. Please also contact therapists for information on which insurance plans they accept. **The * in the location column indicates the therapist offers HIPPA compliant web-based counseling.**

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For more information, please visit www.thecenterforchronicillness.org

NAME	CONTACT INFORMATION	WEBSITE	LOCATION	PROFESSIONAL AREAS OF FOCUS
Ayako Aizawa, MS, LMHC, GMHS	(253) 503-6761 ayako@ yoursongcounseling.com	www.yoursong counseling.com	Tacoma, WA	Caregiver concerns, Aging and end of life, Dementia, Mild Cognitive Impairment, Cancer, Parkinson's disease
Danielle Baird, MSW, LSWAIC	(206) 612-3120 Daniellebairdtherapy@ gmail.com	www.daniellebaird therapy.com	Duvall, WA	Cancer, ALS, HIV/AIDS, Muscular Dystrophy, Lupus, Celiac disease
Ridley Beierschmitt MSW LSWAIC	(206) 743-7836	www.anchortherapy services.com	Seattle, WA (Crown Hill)	Caregiver concerns, End of life care
Christian Buhagiar, MA, LMHCA, CRC	(206) 855-3036 Christianbuhagiar@ invisibledisability psychotherapy.com	www.invisible disability psychotherapy. com	Seattle, WA (First Hill)	Chronic Fatigue, Chronic Pain, MS, Traumatic Brain Injury, Spinal Cord Injury, Cancer

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Anna Charbonneau, PhD	(206) 899-7533 dr@anna charbonneau.com	www.anna charbonneau.com	Seattle, WA (Fremont) *	Chronic pain, Cancer
Michelle Desmond, LSWAIC, MSW, MPH	(206) 707-9476 michelle@michelledesmond counseling.com	www.michelle desmondcounseling. com	Seattle, WA (Seward Park)	HIV/AIDS, Reproductive Challenges
Vanessa Dzivakwe, PhD	(206) 329-5255 Ext. 302	www.abhseattle.com	Seattle, WA (Downtown)	Chronic pain, Diabetes, and Cancer
Angela Farrar Small, LICSW, MDiv, MS	(425) 286-8727	www.mindfultherapy group.com/angela- farrar-small-msw-licsw	Seattle, WA (Northgate) and Kirkland, WA	MS, Parkinson's disease, Cancer, Traumatic Brain Injury, Chronic Kidney Disease, Dementia, thyroid disorders, GI disorders, chronic fatigue, chronic pain

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Allison Fine, MSW, LICSW	(206) 226-1097 BalanceMaintains@gmail.com	www.BalanceMaintains.com	Seattle, WA (First Hill)	MS, Parkinson's disease, Crohn's disease, Ulcerative Colitis, CFS/ME, rare chronic illnesses, other autoimmune disorders
Marisol Hanley, PhD	(206) 854-4269 marisol.hanley@gmail.com	www.seattlepsychology.com	Seattle, WA (Wallingford and Queen Anne)	Chronic pain, chronic fatigue, autoimmune disorders
Bernice Imei Hsu, Active-Retired RN, LMHC	(425) 200-5271 imei.hsu@gmail.com	www.SeattleDirectCounseling.com	Redmond, WA *Video and telephonic counseling and consulting only	Food allergies, GI disorders (IBD, IBS, Celiac Disease), Type I Diabetes, Fibromyalgia, Hashimotos, CFS/ME, active individuals with autoimmune disorders
Issaquah Highlands Counseling Group (Kari O'Neill, MSW, LICSW; Alice Morris, MSW, LICSW; Heather Taylor, MA, LMHC)	(425) 677-8686	www.ihcg.co	Issaquah, WA	End of life care, Palliative care, Cancer, Crohn's disease, MS, Chronic pain, Arthritis

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Cassady Kintner, MS, LMFT, MDFT	(206) 858-0247 cassady@ cassadykinter.com	www.cassady kinter.com	Seattle, WA (University District) and Bellevue, WA	Diabetes (Type 1 and 2), Ulcerative Colitis, Crohn's Disease, Celiac disease, and IBS, eating disorders related to medical conditions (diabulimia), caregiver concerns
Matt Leibsohn, PhD	(425) 453-7722 Matt@Northwest Counselors.com	www.northwest counselors.com	Mercer Island, WA and Seattle, WA (Capitol Hill)	Crohn's disease, Ulcerative Colitis
Cheri Lewis, PhD, LMHC	(425) 638-9966	www.cherilewis.com	Bothell, WA	Diabetes (Type I & II), Fibromyalgia, Lyme Disease, Obesity, Parkinson's disease, Rheumatoid Arthritis
Victoria Lopez, MA, LMHC	(206) 261-6535 vicki@seattle wellnesstherapy.com	www.seattle wellnesstherapy. com	Seattle, WA (First Hill and Queen Anne)	Chronic pain

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Michelle Massey, MSW, LICSW, OSW-C	206-245-7754 michelle@ masseycounseling.com	www.massey counseling.com	Edmonds, WA and Redmond, WA	Cancer, caregiver concerns
Christopher Miller, PhD	(425) 780-7441 dr.christopher.s.miller @gmail.com	www.seattle-city- counseling.com	Seattle, WA (First Hill)	Chronic pain, head injury, MS
Carrie Pope, MSW, LICSW	(425) 970-9732 carrie@carriepopelicsw.com	www.carriepopelicsw. com	Seattle, WA (Fremont)	Dementias, Parkinson's disease, Caregiver concerns, autoimmune disorders, chronic pain, chronic fatigue
Rachael Pursley, LMHCA	(360) 513-3550 rachael.pursley@gmail.com	www.rachaelpursley. com	Seattle, WA (Fremont) *	Cancer, adrenal fatigue, chronic fatigue syndrome (CFS/ME), autoimmune disorders

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Alicia Sloan, MPH, MSW, LICSW	(206) 898-0094 aliciasloanlicsw@gmail.com	www.aliciasloan.com	Seattle, WA *	Multiple sclerosis, Cancer, Celiac disease GI disorders, TBI, Thyroid problems, Dementia, Chronic Pain, Allergies, Rare Chronic Illnesses, Caregiver concerns
Wendy Smith, MA, LMHC	(206) 965-8749	www.wendysmith counseling.com	Seattle, WA (Queen Anne)	Physical/sensory disability, visual impairment, eye diseases, life threatening illness
Rachel Stapleton, LICSW	(253) 880-6278 Rachel@stapleton counseling.com	www.stapleton counseling.com	Kirkland, WA	Cancer, end of life care, palliative care, Caregiver concerns, chronic pain, muscular dystrophy, chronic fatigue, MS, dementia, thyroid disease, Parkinson's disease
Don Uslan, MA, MBA, LMHC	<u>duslan@northwest- counseling.com</u>	www.northwest- counseling.com	Seattle, WA (Northgate)	Chronic pain, Chronic Fatigue Syndrome, Arthritis

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Engaging Mindfulness Forging Meaning (Bartja Wachtel, MSW, LICSW, MHP)	emfmbartja@gmail.com	www.emfm.space	Seattle, WA (Northgate and Eastlake)	ALS, MS, Parkinson's disease, Early onset dementias, Traumatic brain injury, Cancer
Katherine Walter, MSW, LICSW, CSW-G	(425) 998-9769 Katherine@ CatalystCounseling.net	www.catalyst counseling.net	Bothell, WA	Parkinson's disease, Alzheimer's, FTD, Huntington's disease, and other illnesses with cognitive decline, terminal illness, and autoimmune disorders
Emily Whitish, MA, LMHC	(253) 263-1418 Counseling@ emilywhitish.com	www.emilywhitish .com	Gig Harbor, WA *	Autoimmune conditions, Chronic, acute, and terminal conditions, mysterious and rare diseases, caregiver concerns
Shira Wilson, MA, LMHC	(206) 769-6584 Info@Seattlewellness counseling.com	www.seattlewellness counseling.com	Seattle, WA (Eastlake)	Crohn's disease, Arthritis, Lyme disease, Rare diseases, Chronic pain