



JANUARY ACTIVITIES 2019

DATE	ACTIVITY
Tuesday 1st	NEW YEAR'S DAY
Wednesday 2nd	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (BdRm) at 2:30 pm
Thursday 3rd	Coffee Morning (BdRm) at 10:15 am Music & Movement (Agnes House) at 11:15 am to 12:15 pm
Friday 4th	Games (Agnes House) at 2:00 pm Bingo (BdRm) at 2:30 pm
Monday 7th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) 7:00 pm
Tuesday 8th	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 9th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Quiz (BdRm) 2:30 pm
Thursday 10th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Table Tennis (BdRm) at 2:30 pm Card Night (BdRm) 7:00 pm
Friday 11th	Games (Agnes House) at 2:00 pm Uno Card Game (BdRm) at 2:30 pm



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DATE	ACTIVITY
Monday 14th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 15th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 16th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Tea & Chat with the Wardens (BdRm) 2:30 pm
Thursday 17th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Beetle Drive (BdRm) 2:30 pm
Friday 18th	Games (Agnes House) at 2:00 pm Jigsaw Afternoon with the Wardens (BdRm) at 2:30 pm
Monday 21st	DIY Pilates (Mtg Rm) at 10:00 am Napkin Folding (BdRm) 2:30 pm
Tuesday 22nd	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 23rd	Story Telling (Agnes House) 11:00 am to 12:00 noon Cheese & Wine Presentation Evening (BdRm) 7:00 pm
Thursday 24th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Knitting & Crochet (BdRm) 2:30 pm
Friday 25th	Games (Agnes House) at 2:00 pm Poetry (BdRm) 2:15 pm
Monday 28th	DIY Pilates (Mtg Rm) 10:00 am Bingo Agnes House 2:00 pm to 4:00 pm
Tuesday 29th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 30th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Scrabble with the Wardens (BdRm) 2:15 pm
Thursday 31st	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Bingo (BdRm) 2:30 pm Michael Heyden's Music Night with Music from the Movies (BdRm) at 7:00 pm

Activities are open to all residents

Please note that dates may change, keep an eye on the Noticeboard