



SEPTEMBER ACTIVITIES 2019

DATE	ACTIVITY
Sunday 1st	Sunday Afternoon Concert - Ibstock Brick Brass Band at 2:30 pm in St. Ursula's Chapel 
Monday 2nd	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) at 7:00 pm
Tuesday 3rd	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 4th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (BdRm) at 2:30 pm
Thursday 5th	Coffee Morning (BdRm) at 10:15 am incorporating a talk by Emily Owen Music & Movement (Agnes House) at 11:15 am to 12:15 pm Music Afternoon with Michael & Patricia Heyden (BdRm) at 2:30 pm 
Friday 6th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Tea & Chat with the Wardens (BdRm) at 2:30 pm
Monday 9th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 10th	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 11th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm
Thursday 12th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Baking Afternoon with Learning for the Fourth Age (BdRm) 1:45 pm
Friday 13th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) 11:00 am to 12:00 noon Quiz (BdRm) at 2:30 pm
Saturday 14th	 Ride 'N' Stride in St. Ursula's Chapel 10:00 am to 2:00 pm



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DATE	ACTIVITY
Monday 16th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 17th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 18th	Sorting out for the Fete Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon
Thursday 19th	Sorting out for the Fete Music & Movement (Agnes House) at 11:15 am to 12:15 pm
Friday 20th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) 11:00 am to 12:00 noon Setting up & pricing for Wyggestons Fete at 2:30 pm
Saturday 21st	 Wyggestons Fete 11:00 am to 2:00 pm
Monday 23rd	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Arts & Crafts *BdRm) 2:30 pm to 4:00 pm
Tuesday 24th	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 25th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Uno Card Game (BdRm) at 2:30 pm
Thursday 26th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Knitting & Crochet (BdRm) 2:30 pm
Friday 27th	Macmillan Coffee Morning in Agnes House 10:30 am to 12 noon Games (Agnes House) 11:00 am to 12:00 noon Poetry (BdRm) at 2:15 pm <div style="float: right; text-align: right;">  </div>
Sunday 29th	Harvest Festival Service 08:30 am Holy Communion 09:30 am Morning Service <div style="float: right; text-align: right;">  </div>
Monday 30th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm

Activities are open to all residents
Please note that dates June change,
keep an eye on the Noticeboard