

FOR
RESIDENTS



FOR
STAFF

Wiggy's Tales

August 2018

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FOR
VISITORS

CROMER
NORFOLK

FOR
GOVERNORS

INTRODUCTION

WANTED:-

EDITOR (s)

PROOF READER (s)

CONTRIBUTORS - Lots

This will be my penultimate edition of Wiggy's Tale so volunteers are now required for the above posts.

Ruth works really hard collating and nagging about photos etc. but someone needs to help by taking an overview.

Of course if people wanted to be Guest Editors for a month or so, that could also be considered – very Radio 4 Today Programme over Christmas / New Year!! Please have a word with Ruth if you are willing to assist.

Ruth has found a beautiful recipe for Summer Pudding and as it says in the heading this is for sharing because it does make quite a nice large pudding. Of course if you bought yourself a pint of cream, you could just enjoy it over a few days instead!

Apologies to Joan Woodcock for omitting your name on the July Birthday list.

On **Page 6** you see details of past events including Susan's talk about her work and the Good Shepherd Church with the Deaf Community in Leicester. In August AGE UK will be giving a chat about the work they do and in September Michael Heyden will be talking about the steam engine Arlington Grange 16800. See **Page 9** for further details.

LIFT

Many thanks to John Seymour for his ghostly tale about the Ascending Room on **Pages 10 & 11**.

As John said at the end of his Research Project the reliability of the lift does cause us concern at times. Fortunately, despite what many of you think, the lift is very reliable, even though it was put in when the third floor of William House was built in the 1970's. Any of you with a delightful old mechanical object will be aware that it can sometimes be quite trying on the nerves! However, when it does breakdown, it is usually something quite major which means it is out of action for longer than any of us would wish. When the Contractors first came to see what was wrong with the lift initially, they said that the part would cost about £6,000.00 and there would be a twelve / fourteen week wait, as there were no suitable parts in the country and the Italian Factory which have to make the part, went on holiday for a fortnight in August!! After a few (polite) words the Contractors managed to locate a part in England and so the work was carried out. Unfortunately, the design of the new part seems to leave something to be desired.

However, at today's date Monday 23rd July the lift is fully repaired and working again. We have asked the Contractors for a quotation for a total new lift and are investigating the possibility of a "Stannah" style stair lift for the southern end of William House, although there will be a brand new lift in the Hub

COFFEE MORNINGS



Following a request by residents for mugs rather than cups at the Coffee Mornings, we now have new mugs and you can either have a mug or a cup.



As usual, whilst we will manage to please some residents with this “innovation” some of you would prefer to remain with just cups. This is perfectly normal when we do something, we will please some but not all.

As you can choose a large drink the price will increase to £1.00. This will be the same whether you choose to have a mug or cup. Please remember that all the money you pay (or a Birthday boy or girl pays) goes towards to your Charity Collections for your chosen Charities. A charge of £1.00 is still extremely good value even Weatherspoon’s charges more than this and if you can afford a Costa Coffee well...!

From the Suggestion Box

Thank you to those who have submitted items in the Suggestion Box some of which will be for the Residents Meeting but I will go through them quickly here:-

Hot and cold water system.

It is now ten years since the “new” system was installed, the Governors having been told that the old one was likely to fail at any time and leave the hospital without heating and hot water. I can honestly say that in those last ten years we have spent a small fortune on the system and I am sure the Governors will make sure that this does not happen with the New Hub Building.

Guest Room / Library

The New Library is up and running and thanks to José for all her hard work in sorting this out. The rooms will be shared between the Guest Room and the Library / Computer area. When there are guests in the Guest Room it may be necessary to restrict access to the Library so as not to disturb guests. This has not been decided yet but is likely to be limited before 8:00 pm in the evening. This would allow peace and quiet for the people in the Guest Room after 8:00 pm.

Gardening Raised Beds

Thank you for the suggestion for having some raised beds for residents to grow vegetables or herbs and from the example given, it looks as though the person is suggesting at least two foot six high raised bed. There is of course the area where the greenhouse and chicken run used to be which is available if anybody wishes to plant anything in that area, but this would involve bending, so may not be practical.

Chapel Seating / Lighting

A couple of people have mentioned the removal of pews in Chapel and their replacement by chairs. The comment has been made that this is happening in many churches as chairs are seen to be more comfortable than pews. It will be interesting to look at the attendance records where this has occurred to see if the change has made any difference to the number of people attending. The pews are very solid and any chairs would need to be of a very high quality to match the standard. If there were chairs it could make it easier for concerts in Chapel giving the Master more flexibility and work.

Comment has also been made about the lighting in Chapel. We have looked into this but the electrician is not convinced that a higher lumens (brightness) could be achieved at a realistic price. The hanging pendants, from the 1960's, are now starting to come back into fashion! Although the pendants may look a little dated, for the priest celebrating at the altar when looking out to the congregation the lights form a cross reminding him that he is God's representative on earth.

QUIZ AFTERNOONS

As from August 2018 there will be a charge of 50p per person for this event.

CHARITY COLLECTIONS & FUND RAISING EVENTS



At the Scrabble evening on Monday 2nd July £22.00 was raised towards the charities collections

Coffee Morning on Thursday 4th July we raised £95.75



Bingo on Friday 13th July raised £52.50

Bingo on Wednesday 25th July raised £66.50

The collection on Founder's Day was £341.36 in aid of Age UK

THANK YOU... when the Chapel Collection Box was emptied on Wednesday 25th July it contained £40.90.

WELCOME TO NEW RESIDENTS

We welcome Miss Gillian Smith Room 23 Agnes House who is with us for a respite stay. We hope Gillian enjoys her "holiday".



BIRTHDAYS

For those residents who have birthdays in August we wish you a very Happy Birthday

William House

Rosemary Smith 5th August

Linda Lowrey 6th August

Agnes House

Peggy Colebourne 14th August

Rita Jones 26th August



In Memory



Sadly, we have two deaths to record in this Edition.

Peter Smith late of Room 12 Agnes House on Thursday 12th July 2018.



Peter's Committal will take place at Gilroes Crematorium on 2nd August at 2:00 pm, followed by a Service of Thanksgiving at 2:30 pm in St. Ursula's Chapel.

All are welcome to attend either or both of the services.

Refreshments will be served in the Boardroom after the Thanksgiving Service, to which all are welcome.

Our prayers and thoughts are with his wife Margaret, the wider family and his friends at this time



Also Mrs Margaret (Peggy) White, Room 22, a resident of Agnes House on Saturday 21st July 2018.

Peggy's Funeral will take place on Tuesday 14th August at St. Peter's Church, Hinckley Road at 12:30 pm followed by a burial. Refreshments will be served in the Boardroom after the burial to celebrate Peggy's life

Our prayers and thoughts are with her family and friends at this time.

May they rest in peace and rise in glory!



MacMillan Coffee Morning

It would be greatly appreciated if residents, staff and friends could volunteer to make homemade cakes for this Coffee Morning.

This will take place on Friday 28th September 2018 between 10:30 am and 12:30 pm in Agnes House.

Many thanks

Louise Richards - Care Manager



NEWS RELEASE

11th July 2018

De Montfort Hall's Awful Auntie delivers awesome result for Age UK!

De Montfort Hall saw David Walliams' children's book, *Awful Auntie*, brought to life on stage last week as part of Birmingham Stage Company's UK tour.

The show, an amazing tale of frights, fights and friendship, follows Stella's adventures visiting London with her parents. Stella Saxby is the sole heir to her family home, Saxby Hall, but when awful **Auntie** Alberta decides she wants it for herself, Stella is in for the fight of her life and her Auntie really lives up to her name!

Following support for the local Age UK last year during *Gangsta Granny* performances, Birmingham Stage Company chose Age UK Leicester Shire & Rutland again this year to benefit through a fundraising collection which raised over £1,400.

Antony Flint, De Montfort Hall General Manager, said: "A big thank you to customers that kindly donated to Age UK Leicester Shire & Rutland's bucket collection, arranged by Birmingham Stage Company, over the last few days. A fantastic amount of money has been raised for such a worthy local charity."

Age UK Leicester Shire & Rutland Executive Director, Tony Donovan, said: "This was a fantastic opportunity to raise awareness and funds for a local charity which provides so much support to older people across Leicestershire and Rutland. De Montfort Hall and the Birmingham Stage Company have been very generous with their support of our charity alongside their marvellous production."



PAST EVENTS



Community in Leicester

Rev'd Susan Leighton giving a talk of the work of the Good Shepherd Church and Deaf



Pauline & John Stringer's 60th Wedding Anniversary





Residents Pub Lunch Wednesday 18th July 2018

On the 1st of July 2018 the sun shone and Chapel quite rapidly became a sauna. However, this did not spoil the enjoyment or enthusiasm for the almost 100 bodies therein.

The Loughborough Male Voice Choir entertained us with a selection of songs from shows, musicals, spirituals and sea shanty's. Loughborough Male Voice Choir has over 50 mostly active members and over half of them (about 30) came to share their skills with us at their concert.



The Shanty Boys



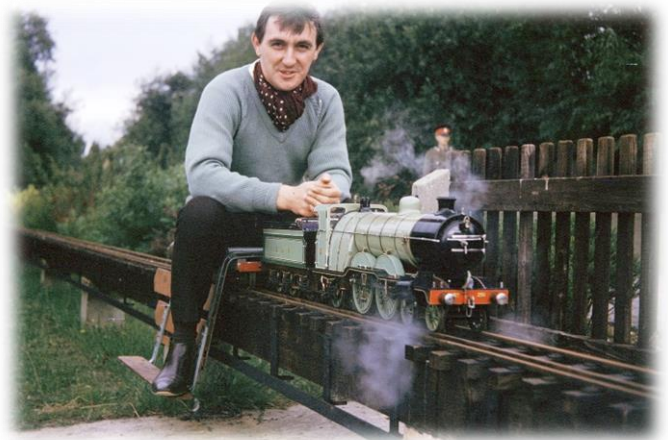
Arlington Grange 6800

Arlington Grange 6800 will be donated to Llangollen, 6880 Bretton Grange Society in October. As it has been with me for many years I will be saying farewell to her at the Coffee Morning on Thursday 6th September 2018.

For those who remember the Newsletter awhile back it gave quite a bit of info, but this chat will be a rehearsal for Llangollen.

She will be on display for those who have not seen her along with photos and my 63 years of knowing her and other works of my Father.

Michael Heyden Flat 27



ANNUAL ACCOUNTS

The Annual Accounts for the Charity for the year ending 31st December 2017 are now available for anyone who wishes to read them. A copy can be found in the Library or the Foyer of each House and they should also be available via the Charity Commission Website. Simply go to the Charity Commission and then under Charities Search enter the Charity Number 216873 and click on the Financial History tab.

As will be seen from the accounts, Wyggestons is not really a small charity any longer but a small to medium enterprise. We have £2.2m of income last year and almost £2m of expenditure. As will be seen from the Charity Commission Website or the accounts, the charitable activities produced an income of £1.3m but cost £1.8m. It is through the investment income received from the various investments that the charitable work can be subsidised. As will also be noted from the Charity Commission Website, the retained for future use equals 11% of income. There would be many Companies (think Carillion) who would be proud of such a figure!

THE STRANGE tale OF NELLY ANNE

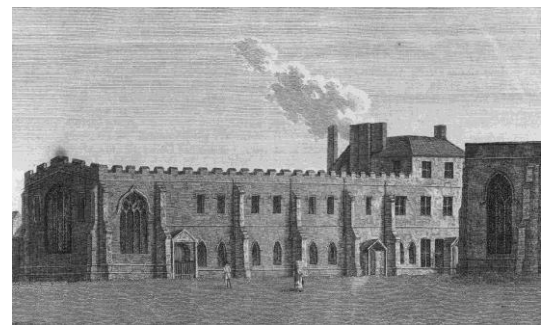
and THE ASCENDING ROOM

Every respectable and ancient institution should have a ghost. Wyggestons is ancient, and certainly respectable – so why no Ghost? I decided to do some serious research and settle the matter once and for all.

I searched the British Library in London, and libraries in Oxford, Cambridge and Ratby. I Googled. I ransacked Wikipedia. But all without result.

So, deciding that some fieldwork was the next best thing, I spent many long nights on the site of the original Wyggeston's Hospital in Peacock Lane. If a ghost ever existed, then he/she was most likely to be where the old gothic hospital stood. Ghosts always prefer the gothic whenever gothic is available.

At first no apparition, phantom or poltergeist appeared, but then... but then... on one particularly stormy night, with the wind howling round the cathedral pinnacles and parapets, the truth (although I *was* feeling a little drowsy), came to me in a vision as clear as daylight...



In the 1820's there was a female inmate at the hospital known to everyone as Nellie Anne. Now Nellie Anne, a dear soul, was a 'keeper'; a female inmate whose tasks included carrying coal for the upstairs fires, and water for the male inmates' ablutions, and all well before Mattins. These elderly gents, alas, rarely lifted a finger to help. Poor Nelly Anne was then required to carry down the dirty water, hot ashes from the fires, as well as buckets of the unmentionable. Her breathlessness and rheumatism increased with her advancing years. She sought help from the Master, but in those bad old days the Master was rarely there: he spent most of his time on his estates in far-away Berkshire.

Now it so happened that nearby, at the ancient parish church of St Martin, some masons were working on the crumbling Norman tower. They devised a *hoist* with ropes, scaffold poles and pullies, and so were able to lift heavy blocks of stone and buckets of mortar to a great height with little (if any) physical effort at all.

Nellie Anne was no fool. 'That's exactly what I need,' she thought. So without loss of time she persuaded the masons to build her a similar hoist, on the west side of the

hospital - where few would see what was happening. She soon learned how to operate this new machinery. It was a great boon.

But alas, it was also dangerous. Tragically on the 20th July 1823, as she was lowering to the ground the last load of the day, she slipped and fell from top to bottom. Nellie Anne was dead. Dead as a door-nail.

Or was she? I saw that wherever hoists were to be found the ghost of Nellie Anne was never far away. Her apparition would search the old town looking for anything in the nature of a hoist. Later she travelled far and wide to find new places to haunt. In the year of her death a steam operated '*ascending room*' was erected in London, offering tourists panoramic views of the city. For some years, therefore, there were no known *local* appearances of poor Nellie Ann. She re-located to London.



But Nellie Anne was born and bred Leicester. She was not happy roaming about and looked for a more permanent haunt. In the 1960's she discovered that a new Wyggestons was being built and that this modern building contained not one, but *two*, ascending rooms, or lifts, as they were now generally known. Good news indeed for Nelly Anne.

But her influence on these lifts was not always helpful. Sometimes the ghostly powers emanating from her would upset the mechanism. The lift has been known to break down with increasing frequency, and sometimes between floors: most distressing for the present-day inmates, now known more discreetly as *residents*.

And on the anniversary of her death on 20th July 2018 the lift was actually heard and seen to be riding up and down *without any passenger inside*. But was it really empty? Was not this the ghost of poor Nellie Anne, condemned to ride the lift for eternity?

Nellie Anne or not, the continuing problem of the William House lift is quite distressing. It is a struggle for those with mobility problems and who live on the upper floors at the south end of the building to get to the Chapel lift. There are so many good things about Wyggestons. It is good, very good, to be here. Hopefully a more permanent solution to the lift problem may soon be found.

JOHN SEYMOUR (Flat 56)

WHAT'S NEXT?

Looking Ahead Dates

Please note the following dates in your diary:-

Thursday 2 nd August	10:15 am	Coffee Morning - with talk by AGE UK (Boardroom)
Sunday 5 th August	2:30 pm	Kibworth Band (St. Ursula's Chapel)
Sunday 2 nd September	2:30 pm	Organ Concert by international organist Nicholas Martin (St. Ursula's Chapel)
Thursday 6 th September	10:15 am	Coffee Morning - with a talk by Michael Heyden resident of William House (Boardroom)
Saturday 8 th September	10:00 am 4:00 pm	Ride 'N' Stride (St Ursula's Chapel)
Saturday September 22 nd	11:00 am	Wygggestons Fete (11:00 am open / 12:00 – 12:30 lunch / 1:30 pm raffle draw / 2:00 pm close)
Friday September 28 th	10:30 am - 12:30 pm	MacMillan Coffee Morning (Agnes House)
Thursday 4 th October	10:15 am	Coffee Morning (Boardroom)
Thursday 1 st November	10:15 am	Coffee Morning (Boardroom)
Thursday 7 th December	10:15 am	Coffee Morning in aid of Shelter (Boardroom)
Monday 3 rd December	6:30 pm	Brownies Christmas entertainment (Boardroom)
Wednesday 12 th December NOTE CHANGE OF DAY	5:00 pm	Leicester Grammar School Choir Concert (St. Ursula's Chapel)



AUGUST ACTIVITIES 2018

DATE	ACTIVITY
Wednesday 1st	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (BdRm) at 2:30 pm
Thursday 2nd	Coffee Morning (BdRm) at 10:15 am - AGE UK will be giving a talk on the work they do Music & Movement (Agnes House) at 11:15 am to 12:15 pm
Friday 3rd	Games (Agnes House) at 2:00 pm Uno Card Game (BdRm) at 2:30 pm
Sunday 5th	Kibworth Band 2:30 pm in St Ursula's Chapel
Monday 6th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) at 7:00 pm
Tuesday 7th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 8th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Tea & Chat with the Wardens (BdRm) at 2:30 pm
Thursday 9th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Bowls on the Lawn at 2:30 pm - Everyone Welcome
Friday 10th	Games (Agnes House) at 2:00 pm Quiz (BdRm) at 2:30 pm
Monday 13th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 14th	Boardroom booked for Funeral Tea
Wednesday 15th	Art Group (Mtg Rm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (Foyer) at 2:30 pm
Thursday 16th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Board Games (Foyer) at 2:30 pm Card Night (BdRm) at 7:00 pm
Friday 17th	Games (Agnes House) at 2:00 pm Bingo (BdRm) at 2:30 pm



AUGUST ACTIVITIES 2018

DATE	ACTIVITY
Monday 20th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 21st	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 22nd	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Strawberry Tea (BdRm) at 4:00 pm
Thursday 23rd	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Knitting & Crochet (BdRm) at 2:30 pm
Friday 24th	Games (Agnes House) at 2:00 pm Uno Card Game (Foyer) at 2:30 pm
Monday 27th	BANK HOLIDAY MONDAY DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 28th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 29th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm
Thursday 30th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Beetle Drive (BdRm) 2:15 pm
Friday 31st	Games (Agnes House) at 2:00 pm Poetry (BdRm) at 2:15 pm

Activities are open to all residents

Please note that dates may change, keep an eye on the Noticeboard

SERVICE IN ST. URSULA'S CHAPEL

Sunday August 5th

8:30 am Holy Communion

9:30 am Morning Service

Tuesday August 7th

9:15 am Morning Service including WLMP

Thursday August 9th

9:30 am Ecumenical Service

Sunday August 12th

10:30 am Holy Communion

Tuesday August 14th

9:30 am Morning Service

Thursday August 16th

9:30 am Ecumenical Service

Sunday August 19th

8:30 am Holy Communion

9:30 am Morning Service

Tuesday August 21st

9:30 am Morning Service

Thursday August 23rd

9:30 am Ecumenical Service

Sunday August 26th

8:30 am Holy Communion

9:30 am Morning Service

Tuesday August 28th

9:30 am Morning Service - Rev'd Pip Berry

Thursday August 30th

9:30 am Ecumenical Service - Rev'd Novette Headley

Old TV Shows 2

Find and circle all of the old TV shows that are hidden in the grid.
The remaining letters spell the name of an additional old TV show.

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R M S M D O S I L V E R S P O O N S
E I A N Y T S E R C N O C L A F T E
Z S L B N Y N I G H T C O U R T N C
I T L O A P B S T R A H W E N O O V
L E A N S R E N O S I R P Y Z A I F
A R D A T T N I T H R Y O T C R A F
U E F N Y F S A N J N E H H G M S L
Q D L Z A U O P B N H G E I E O F I
E M O A D L N G A Y I O N H U R O N
L U W Y F L S N R L J I O T C E J T
K N R E R H R I I E A O E K V D E S
C S I L Y O E W Y N T R N I E I F T
I T A L R U T O Y S L S F E H R F O
R E T A R S N R I I A I B S S T E N
E R T V E E U G M T I T I E N H R E
V S E G B G H I E A C F N I W G S S
A W R I Y R T A W H E E H A W I O F
M A A B A S M A C G Y V E R F N N L
C T B U M O H W R O T C O D S K S A
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A-TEAM
ALF
AIRWOLF
BARETTA
BARNABY JONES
BENSON
BIG VALLEY
BONANZA
CHEERS
COACH
DALLAS

DOCTOR WHO
DYNASTY
EQUALIZER
FALCON CREST
FAME
FANTASY ISLAND
FISH
FLINTSTONES
FULL HOUSE
GROWING PAINS
HAWAII FIVE-O

HEE HAW
HUNTER
JEFFERSONS
KNIGHT RIDER
MACGYVER
MAVERICK
MAYBERRY
R.F.D.
MISTER ED
MUNSTERS
NANNY

NEWHART
NIGHT COURT
OUTER LIMITS
PRISONER
S.W.A.T.
SILVER SPOONS
T.J. HOOKER
TWILIGHT ZONE
VIRGINIAN
WEBSTER

RECIPE

Summer Pudding - for sharing

Prep Time
20 mins

Cooking Time
10 mins

Easy

Serves
8

Ingredients

300g strawberries

250g blackberries

100g redcurrants

500g raspberry

OR

1 ¼ kg / 2lb 12oz mixed berries and currants of your choice

175g golden caster sugar

7 slices day-old white bread from a square, medium cut loaf

Method

Bring out the juices: Wash fruit and gently dry on kitchen paper – keep strawberries separate. Put sugar and 3 tbsp water into a large pan. Gently heat until sugar dissolves – stir a few times. Bring to a boil for 1 min, then tip in the fruit (not the strawberries). Cook for 3 mins over a low heat, stirring 2 – 3 times. The fruit will be softened, mostly intact and surrounded by dark red juice. Put a sieve over a bowl and tip in the fruit and juice.

Line the bowl with cling film and prepare the bread: Line the 1.25 litre basin with cling film as this will help you to turn out the pudding. Overlap two pieces of cling film in the middle of the bowl as it's easier than trying to get one sheet to stick to all of the curves. Let the edges overhang by about 15 cm. Cut the crusts off the bread. Cut 4 pieces of bread in half, a little on an angle, to give 2 lopsided rectangles per piece. Cut 2 slices into 4 triangles each and leave the final piece whole.

Build the pud: Dip the whole piece of bread into the juice for a few secs just to coat. Push this into the bottom of the basin. Now dip the wonky rectangular pieces one at a time and press round the basin's sides so that they fit together neatly, alternately placing wide and narrow ends up. If you can't quite fit the last piece of bread in it doesn't matter, just trim into a triangle, dip in juice and slot in. Now spoon in the softened fruit, adding the strawberries here and there as you go.

Let flavours mingle then serve: Dip the bread triangle in juice and place on top – trim off overhang with scissors. Keep leftover juice for later. Bring cling film up and loosely seal. Put a side plate on top and weight down with cans. Chill for 6 hrs or overnight. To serve, open out cling film then put a serving plate upside-down on top and flip over. Serve with leftover juice, any extra berries and cream.

