



OCTOBER ACTIVITIES 2018

DATE	ACTIVITY
Monday 1st	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) 7:00 pm
Tuesday 2nd	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 3rd	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (BdRm) 2:30 pm
Thursday 4th	Coffee Morning (BdRm) 10:15 am Music & Movement (Agnes House) at 11:15 am to 12:15 pm
Friday 5th	Games (Agnes House) at 2:00 pm Uno Card Game (BdRm) at 2:30 pm
Monday 8th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 9th	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 10th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) 2:30 pm
Thursday 11th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Dominoes (Foyer) at 2:30 pm
Friday 12th	Games (Agnes House) at 2:00 pm Quiz (BdRm) at 2:30 pm



OCTOBER ACTIVITIES 2018

DATE	ACTIVITY
Monday 15th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 16th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 17th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Beetle Drive (BdRm) 2:15 pm Card Night (BdRm) 7:00 pm
Thursday 18th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Card Making (BdRm) at 2:30 pm
Friday 19th	Games (Agnes House) at 2:00 pm Knitting & Crochet (BdRm) at 2:30 pm
Monday 22nd	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 23rd	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 24th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm
Thursday 25th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Table Tennis (BdRm) 2:30pm
Friday 26th	Games (Agnes House) at 2:00 pm Poetry (BdRm) at 2:30 pm
Monday 29th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 30th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 31st	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Jacket Potatoes (BdRm) 4:00 pm

Activities are open to all residents
Please note that dates may change, keep an eye on the Noticeboard