



FEBRUARY ACTIVITIES 2020

DATE	ACTIVITY
Monday 3rd	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) 7:00 pm
Tuesday 4th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 5th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (BdRm) 2:30 pm
Thursday 6th	Coffee Morning (BdRm) 10:15 am with a Representative from Leicester Musical Memory Box who will be giving a talk about Creating a Life Book & Musical Box Music & Movement (Agnes House) at 11:15 am to 12:15 pm Bingo (BdRm) at 2:30 pm
Friday 7th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Beetle Drive (BdRm) at 2:30 pm
Monday 10th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 11th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 12th	Art Group (Mtg Rm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Valentine's Tea (BdRm) 4:00 pm
Thursday 13th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Uno Card Game (BdRm) 2:30 pm
Friday 14th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Tea & Chat with the Wardens (BdRm) at 2:30 pm





FEBRUARY ACTIVITIES 2020

DATE	ACTIVITY
Monday 17th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 18th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 19th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Scrabble with the Wardens (BdRm) 2:30 pm
Thursday 20th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Card Making (BdRm) 2:30 pm
Friday 21st	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Bingo (BdRm) 2:30 pm
Monday 24th	DIY Pilates (Mtg Rm) 10:00 am Bingo Agnes House 2:00 pm to 4:00 pm
Tuesday 25th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 26th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Knitting & Crochet (BdRm) 2:30 pm
Thursday 27th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Music Afternoon with Michael & Patricia - Croon, Blues N Smooth at 2:30 pm (BdRm) Card Night (BdRm) 7:00 pm
Friday 28th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Quiz (BdRm) at 2:30 pm

Activities are open to all residents - please note that dates may change, keep an eye on the Noticeboard