



CALIFORNIA MENTAL HEALTH &
SPIRITUALITY INITIATIVE

Save the Date
OCTOBER 10TH AND 11TH, 2019

The California Mental Health and Spirituality Initiative presents

NORTHERN REGION STATEWIDE

“3RD OF IT’S KIND” MENTAL HEALTH AND SPIRITUALITY CONFERENCE

Spirituality

A CORNERSTONE IN BUILDING MENTAL HEALTH FRIENDLY COMMUNITIES

FEATURING ONE OF OUR MANY SPEAKERS
SHAUNA SPRINGER PH.D

The Senior Director of Suicide Prevention and Postvention Initiatives at the Tragedy Assistance Program for Survivors. Dr. Springer's suicide prevention work (the Warrior Box Project) has been featured on NPR, the NBC nightly news, KCBS radio, and Veterans Voices.

**EVENT LOCATION: WALNUT CREEK PRESBYTERIAN CHURCH
1801 LACASSIE AVE. WALNUT CREEK, CA 94596**

Our mental health conference is a 3rd of it's kind held in Northern California and will share culturally responsive community defined approaches to supporting inclusion of faith and Spirituality as a essential wellness tool for those impacted by mental illness.

For more information: <https://www.mhspirit.org>
Gigi R. Crowder at 510.990.2670 or gigi@namicontracosta.org



A panel with diverse speakers sharing the work they are doing in their counties to support their faith communities.

Above Rabbi Lisa Delson, Gigi R. Crowder, L.E. and Dr. Rania Awaad