



Notre Dame Catholic College

Safeguarding Support for Students during the School Closure

Why is the school closed?

- The school has been closed by the Government because of the Covid-19 outbreak
- This is to reduce contact between people to try and reduce the spread of the virus
- At this moment in time we do not know when the school will be open again, but we will keep you updated through the website, twitter and communication home.



Useful communication

- You can keep up to date with school information in the following ways
 - School website - <https://www.notredameliverpool.com/>
 - Twitter - [@NDEvertonValley](https://twitter.com/NDEvertonValley)



Staying safe at home

- If you have any worries or concerns at home while you are off school, there are a number of organisations you can contact.
- These organisations will be able to offer you support and help with a range of different issues that you may have
- On the next few slides these will be listed with their contact details



Childline - www.childline.org.uk

- Childline is available to you if you have any concerns about:
 - Bullying
 - Abuse (physical, sexual, psychological, emotional, neglect)
 - Your body and self esteem
 - Your feelings
 - Friendships
 - Sexual advice
 - Home life and families
 - School
- You can ring them on 0800 1111 or message them online here <https://www.childline.org.uk/registration/>
- There are loads of resources available for you to download and read as well <https://www.childline.org.uk/info-advice/>



Young Minds - <https://youngminds.org.uk/>

- Young minds helps young people and adults who need support with their mental health.
- This includes feeling low about things such as:
 - Body Image
 - Bullying
 - Eating problems
 - Stress
 - Grief or loss
 - Anger
- If you need urgent help, you can text **YM** to **85258**
- They also have loads of resources and support here <https://youngminds.org.uk/find-help/feelings-and-symptoms/>

The logo for Young Minds, featuring the word "YOUNG" in yellow and "MiNDS" in dark grey, with a small yellow dot above the 'i' in "MiNDS".

YOUNGMiNDS

Papyrus - <https://papyrus-uk.org/help-advice-2/>

- If you are feeling really down and feel like there is no way out and feeling suicidal then Papyrus can help
- They have confidential ways of contacting them
 - Phone – 0800 068 41 41
 - Mobile – 07860039967
 - Email – pat@papyrus-uk.org
- They also offer lots of support through articles and advice through the following link <https://papyrus-uk.org/im-thinking-about-suicide/>



Samaritans - <https://www.samaritans.org/>

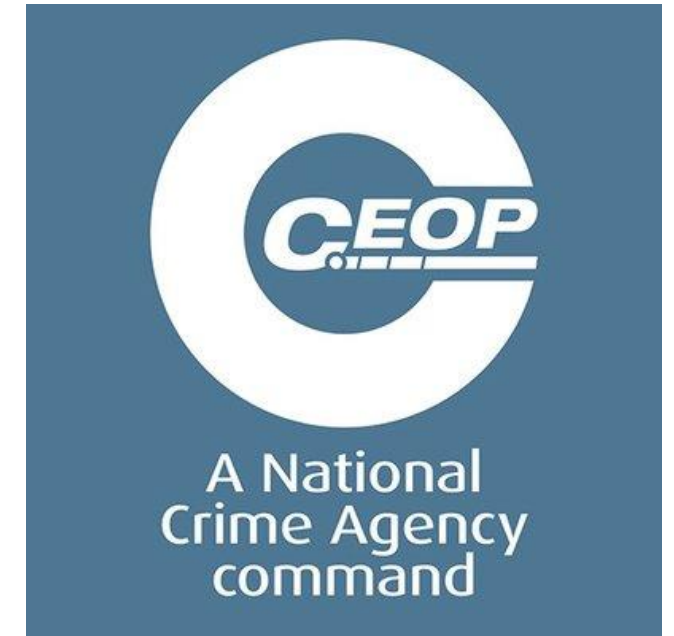
- They offer a similar service to Papyrus and there contact details are below:
 - Phone – 116 123
 - Email – jo@samaritans.org

The logo for Samaritans, featuring the word "SAMARITANS" in white, uppercase, sans-serif font centered within a solid green rectangular background.

SAMARITANS

CEOP - <https://www.ceop.police.uk/safety-centre/>

- If you are worried about online sexual abuse or the way in which someone is talking to you online, you can report it to CEOP straight away.
- You can make a report using the following link <https://www.ceop.police.uk/ceop-reporting/>
- If you are not ready to make a report, but need to speak to someone first then ring Childline on 0800 1111



Police or other emergency services

- If you need immediate help then please call the emergency service on **999**
- If you do not need immediate support but need advice then please call **101**



School

- If you need any support then please contact one of the Safeguarding team in school.
- You can contact the school safeguarding team at:

sg@notredame.Liverpool.sch.uk