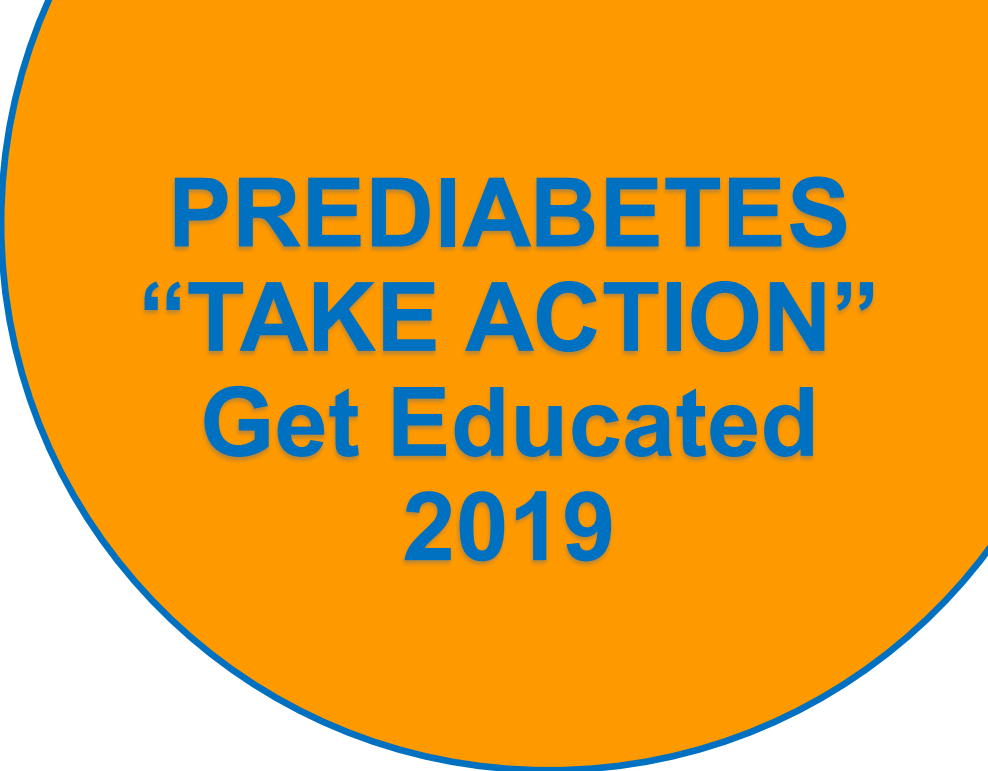




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**WONDERING WHAT YOU  
CAN DO?**

**Learn:**

- **What is prediabetes and how you can manage it**
- **How you can reduce your risk of developing Type 2 Diabetes**

**Venue will be confirmed upon registration**



**SESSION DATES:**

1. **Tuesday 29 January 2019**
  2. **Tuesday 5 March 2019**
  3. **Wednesday 10 April 2019**
  4. **Tuesday 25th June 2019**  
11.00—1.00pm
  5. **Monday 9 September 2019**
  6. **Wednesday 23 October 2019**
  7. **Monday 9 December 2019**
- (All sessions have the same content)
- 5.30PM —7.30PM**

**REGISTER ONLINE OR COMPLETE THIS FORM Prediabetes**

**NAME:**.....

**ADDRESS:**.....  
.....

**PHONE:** .....

**EMAIL:** .....

**SUPPORT PERSON:** .....

**SESSION ATTENDING:**.....