

# Hapa Zome

Hapa Zome means 'leaf dye' and is the Japanese art of pounding natural pigment into cloth. Basically we use a hammer to smash up leaves and flowers to release their natural dye - it is great fun and produces some really fab art (or a dirty mess!)



Have a look at what plants you have in your garden and test what leaves/flowers work best.

## You will need:

Old cloth (old pillow case/sheet/tea towel)  
A hammer/mallet  
A bunch of different leaves/flowers



## Instructions:

Sandwich the leaves, nice and flat, in one layer only between the cloth.

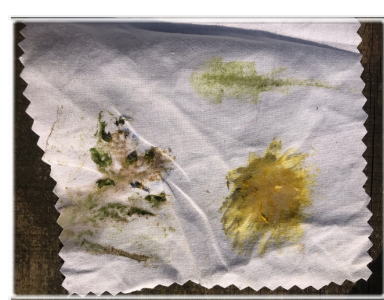
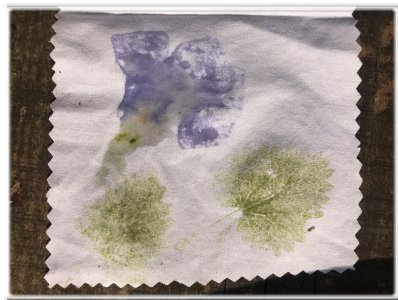
Hammer the cloth for a minute and then have a peek at your leaves. They will be all mashed up, and you should have a copy of the leaf/flower on your fabric.

There is no right or wrong way to do this so experiment away. I quite often just get a mashed up mess, or I haven't bashed hard enough and there is nothing there, or just a smudged mess.



When you have finished why not use some string, or ribbon and make some bunting with your creations

Here are some pictures from my attempts...



Please do send me any pictures of yours - [diana.mills@me.com](mailto:diana.mills@me.com)