



## Welcome to Knit2felt

and Thank you for downloading this easy to follow set of instructions which will guide you through the process of knitting and felting your own beautiful and versatile heart that can be used for all sorts of things

If you have any questions please contact me at [www.knit2felt.co.uk](http://www.knit2felt.co.uk)  
email me at [arnfield.c@knit2felt.co.uk](mailto:arnfield.c@knit2felt.co.uk) or contact me on twitter or Facebook.

Visit my Easy shop Knit2FeltStore.

To Make your Heart you will need:

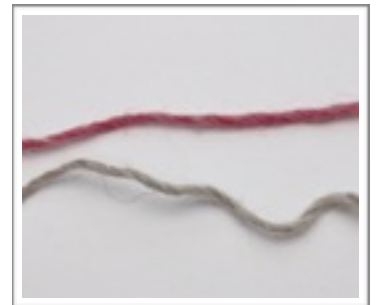
- Small amounts of 100% wool yarn, \*I have used DK for my examples Only Hand wash yarn will work\* (Felting Yarn can be purchased from [www.knit2felt.co.uk](http://www.knit2felt.co.uk))
- Size 4 mm knitting needles
- Knitters needle
- Buttons, ribbons or your own choice of decoration
- Badge pins if you wish to make brooches
- Sewing needle and tread for decoration

For felting:

- Washing up bowl or similar
- Washing up detergent
- Hot water
- Elbow grease!!

Knitting the heart.

For Example shown in picture I used 2 strands of yarn together or you could use chunky weight. For a smaller heart use a single strand.



- \*\*Cast on 5 st
- K 1 row
- Inc1 by knitting through the front and back of the st (kfb) in first st, K to end (6)
- K 1 row
- K to last st, Inc1 (kfb) (7)
- K1 row
- Inc1 (kfb), K to end (8)
- \*\*K 4 rows

cut yarn and push work to the bottom of your needle.

Cast on to the same needle where work is held and repeat from \*\* to \*\*

You should now have both parts on the same needle.

Join together by knitting across both parts (16)



- K 4 rows
- Dec 1 st each end by knitting 2 st together (K2tog) (14)
- K 1 row
- Repeat last 2 rows until 2 st rem on needle
- Using knitters needle, thread yarn through last 2 st, pull tight and sew in end.
- Sew in all remaining ends to complete your heart



You are now ready to felt your piece.

[Visit Youtube Knit2Felt for a video tutorial](#)

- Fill Your washing up bowl with enough hot water to cover your piece.
- The water should be as hot as you can stand **\*\*NOT BOILING....PLEASE DON'T BURN YOURSELF\*\***
- Add a squirt of washing up detergent
- Swish the heart in the water
- Lift out and rub it between your hands

- The heart will become a bit floppy at first until the fibres begin to mesh together
- Keep repeating this process until the heart has shrunk and the fibres have all bound together \*\*the more you repeat the process the more dense your felt will become\*\*
- when your stitches have disappeared or you have reached the desired effect you can stop and rinse the heart with clean water.
- Pull the heart back in to shape whilst wet and leave to dry naturally.

When your heart is dry, you can decorate to your own liking.

I have shown some examples below:



Why not try layering a smaller one done with single yarn on top of a larger one.

Create an unique greetings card or frame as a gift.

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