

Check the Gauge











Identifying Personal Satisfaction

Life does not need to be perfect to be wonderful. Having a sense of fulfillment and purpose in all areas of our lives helps us to create balance and feel happy. As they say, there is always room for improvement...but how much room is there??

With a RED or ORANGE pen/marker, draw in where you rank your level of satisfaction in the following areas (EMPTY [E] being not satisfied at all, and FULL [F] being very satisfied).

Go ahead and get started.

<p>Personal Development</p> 	<p>Family/Parenting</p> 
<p>Spiritual Awareness</p> 	<p>Health/Well-being</p> 
<p>Personal Finance</p> 	<p>Career/Profession</p> 
<p>Fun & Enjoyment</p> 	<p>Personal/Intimate Relationships</p> 

How many areas are not as full as you would like? Contact QueenSuite LLC today to do something about it.