



GREATER BUFFALO TRACK CLUB

25th ANNUAL
GRAND ISLAND
HALF-MARATHON & 10K
SATURDAY, MAY 4, 2019, 9AM
BEAVER ISLAND STATE PARK, GI, NY

Race: Both races start at 9AM at Beaver Island State Park, Grand Island, NY (between Buffalo and Niagara Falls). The half marathon and 10k courses are flat, out and back, along the scenic Niagara river. Fee includes chip timing, water, sports drink, post race food, and beverages.

Directions: Take the Beaver Island Exit off I-190 and follow signs to park. Please see race website for more information.

Race Fee*: **Half Marathon:** Early Bird: \$55 through 1/4/19, \$60.00 from 1/5/19 to 3/8/19, \$70.00 from 3/9/19 to 5/3/19 and \$80.00 on race day until close of registration at 8:45am.

10K: \$30 through 1/4/19, \$35 from 1/5/19-3/8/19, \$45 from 3/9/19-5/3/19, \$50 race day until close registration at 8:45am.

Runners may register at:
<https://GBTCGIHALF10k.itsyourrace.com/register/>

Race Premium guaranteed to first 600 registered runners.
***No refunds, deferrals or transfers between events.**

Awards for Half Marathon and 10k
The overall male and female finishers, the masters male and female winners and the top three winners in each age division.

Medals
Finisher medal to all half marathon & 10k finishers.

Half Marathon Time Limit
Due to restrictions of keeping the course closed to traffic, runners must be to the half-way point **by 1 hour and 30 minutes**. Runners not at the half way point at that time will be picked up by sweep vehicle.

Packet Pick-up
Friday, May 3rd **OR** *Saturday, May 4th*
12pm - 8pm **7am - 8:45am**
Flying Bison Brewery
840 Seneca Street
Buffalo, NY 1210
(716) 873-1557
Beaver Island State Park

Follow us on Twitter and Facebook.

Race Website: www.grandislandhalfmarathon.com

(PLEASE PRINT)

Registering for: Half MARATHON _____ 10K _____
LAST NAME _____ FIRST NAME _____ M.I. _____
ADDRESS _____
TOWN/CITY _____ STATE/PROVINCE _____
ZIP/POST CODE _____ EMAIL _____

M ___ F ___ AGE (DAY OF RACE) _____ PHONE: (____) _____ - _____
T-SHIRT SIZE: S M L XL XXL FIT STYLE: Men Women

Waiver must be signed for entry acceptance
In registering for Greater Buffalo Track Club's Grand Island Half Marathon or 10k, I state that I fully understand and assume the risk and responsibility for participating on a course with vehicular traffic, even when the course is policed, and for training to an appropriate level of fitness to participate in such a physically demanding event. I hereby state that I am fit to participate. I also waive all claims for myself, and for anyone acting on my behalf, against the Greater Buffalo Track Club, any and all sponsors of Greater Buffalo Track Club's Grand Island Half Marathon and 10k, the Town of Grand Island, County of Erie, State of NY and NY State Dept. of Parks for damages that might result from my participation therein. If I am injured or taken ill, I hereby authorize race officials to transport me to a medical facility and/or to administer emergency medical treatment and waive all claims for damages that might result from such transport and/or treatment. I also agree to provide certain medical data to race officials to expedite such treatment. I agree that if I am not able to reach the halfway point of the race for the half marathon in 1 hour and 30 minutes, that I will be picked up by the sweep vehicle and driven to the finish line. I

Runner's Signature: _____

Parent or Guardian Signature (if under 18): _____

Make checks payable and send to:
iRUN WNY, 1570 BRALEY RD., YOUNGSTOWN, NY 14174

For your information, a copy of our course map is online at: <http://www.usatf.org/events/courses/search/>
For GBTC membership inquires, send emails to: greaterbuffalotrack@gmail.com

OFFICIAL USE ONLY

RACE NUMBER