

PSHE & Citizenship Learner Profile

		Find, check and learn specific knowledge from a variety of sources and view points (FCL)	Plan and implement ideas to develop my personal & social well-being, economic well-being and citizenship skills (PI)	Communicate and express my understanding of personal & social well-being, economic well-being and citizenship issues (CE)
ELG		<ol style="list-style-type: none"> 1. I can make observations of animals and plants and explain why some things occur, and talk about change 2. I know about similarities and differences between myself and others, and among our families, communities and traditions 3. I know the importance for good health of physical exercise, a healthy diet and talk about ways to keep healthy and safe. 	<ol style="list-style-type: none"> 1. I can talk about ideas, and choose the resources they need for their chosen activity. 2. I take account of other people's ideas 3. I can manage my own basic hygiene and personal needs. 	<ol style="list-style-type: none"> 1. I can express myself effectively 2. I can show sensitivity to others' needs and feelings. 3. I can work as part of a group or class, and understand and follow the rules 4. I confidently try new activities, and say why they like some activities more than others.
	KS1	Personal & Social Well-Being (PSWB)	<ol style="list-style-type: none"> 1. I know that some substances and activities can help or harm the body. 2. I can name some similarities and differences between people. 3. I know how to keep myself safe 4. I know times when I may not be safe and can name people to help me 	<ol style="list-style-type: none"> 1. I can make healthy eating choices and prepare simple healthy foods. 2. I can recognise harmful substances/activities 3. I can manage my own personal hygiene. 4. I usually recognise, manage and control strong feelings and emotions. (inc change; loss; sharing) 5. I can say; yes; no; I'll ask; I'll tell to keep myself and others safe 6. I can make friends and work with them
Economic Well-Being (EWB)		<ol style="list-style-type: none"> 1. I can name a variety of different types of work people do and different places of work. 2. I can say where money comes from 3. I can talk about choices people make to spend money on things they need and want. 	<ol style="list-style-type: none"> 1. I can contribute to generating ideas 2. I can help to solve problems with multi-solutions 3. I join in a range of activities in one-to-one situations and in small or large groups 	<ol style="list-style-type: none"> 1. I tell people my ideas and what I have found out. 2. I tell people how I feel 3. I express my opinion on a group project.
Citizenship (C)		<ol style="list-style-type: none"> 1. I can name similarities and differences between myself and between people from other communities in the UK. 2. I can talk about help people within and beyond my own community. (Different ethnicities; disabilities; religions; ages) 3. I can talk about rules of communities I belong to 	<ol style="list-style-type: none"> 1. I can work with others to share ideas, plan an activity that will help others. 2. I can work with others to compile fair rules for everyone 3. I can recognise when people are treated fairly and unfairly 	<ol style="list-style-type: none"> 1. I share my opinions of issues affecting my community with others and give some reasons for my ideas. 2. I can say why I think something is fair or unfair

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KS2a	Personal & Social Well-Being (PSWB)	<ol style="list-style-type: none"> 1. I am beginning to find out about the impact of some harmful and beneficial substances on the body. 2. I am beginning to find out about emotional and physical changes that take place as I grow and approach puberty. 3. I know how to keep myself and others safe 4. I can identify people who help me stay safe 5. I can identify behaviours and emotions that make people comfortable and uncomfortable 	<ol style="list-style-type: none"> 1. I can plan and help prepare simple healthy meals 2. I can identify and develop strategies for managing and controlling strong feelings and emotions. 3. I can form and maintain relationships with a range of different people 4. I have developed some strategies for keeping physically and emotionally safe (road safety, safety in the environment and safety online : social media, the responsible use of ICT and mobile phones; bullying; intimidating behaviour; acceptable/unacceptable toughing) 	<ol style="list-style-type: none"> 1. I join in discussions and give views about: <ul style="list-style-type: none"> ● Lifestyle choices ● Healthy Meals ● Recognising emotions ● Substance misuse ● Relationships ● How the human body changes with growth
	Economic Well-Being (EWB)	<ol style="list-style-type: none"> 1. I can talk about why people work and the different jobs people do. 2. I can name some of factors that influence the choices people make about how money is spent. (ethical spending, advertising, lifestyle choices, media) 	<ol style="list-style-type: none"> 1. I can use thinking skills to help solve problems by actively contributing to generating ideas; adapting well; persevering; generating creative solutions. 	<ol style="list-style-type: none"> 1. I can express ambitions and aspirations for future economic well-being. 2. I can give views on how the media influences how people spend money.
	Citizenship (C)	<ol style="list-style-type: none"> 1. I know about diversity in my local community 2. I can talk about some of the rights and responsibilities people have towards each other and the environment 3. I can begin to use specific terms to describe the processes of Government in the UK 4. I have learnt about some ways that bring about changes in communities 	<ol style="list-style-type: none"> 1. I have planned some action and taken part in decision making activities with others that will improve my local community 	<ol style="list-style-type: none"> 1. I can present my ideas to others and be aware of responses of others 2. I can express opinions and ideas on how people - including myself, should be involved in their communities

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KS2b	Personal & Social Well-Being (PSWB)	<ol style="list-style-type: none"> 1. I know about some of the physical changes that take place in the human body as we grow and how these relate to human reproduction. 2. I know about some healthy and unhealthy choices in diet; lifestyle; leisure-time ; harmful and beneficial substances; effects of media; habits 3. I know how choices and actions can affect my personal well-being. 4. I can talk about different types of relationships and factors that may influence these relationships 5. I recognise that people experience conflicting emotions and when they might need to listen to their emotions or overcome them. 6. I recognise their increased independence brings increased responsibility to keep myself and others safe 	<ol style="list-style-type: none"> 1. I can plan, prepare and cook simple healthy meals. 2. I can identify my lifestyle choices and make changes 3. I can implement good habits for a healthy lifestyle 4. I have shown that I can make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs 5. I can differentiate between the terms, 'risk', 'danger' and 'hazard' 6. I can recognise, predict and assess risks in different situations and decide how to manage them responsibly (including sensible road use and risks in their local environment) and to use this as an opportunity to build resilience 7. I can use a range of strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures. 8. I am beginning to manage changing emotions and relationships and understand how new relationships may develop. 9. I have strategies to cope with change, including transitions (between Key Stages and schools), loss, separation, divorce and bereavement 	<ol style="list-style-type: none"> 1. I can communicate and express my opinions about: <ul style="list-style-type: none"> ● Lifestyle choices ● Healthy meals ● Controlling emotions ● Substance misuse ● Relationships ● Growth and reproduction
Challenge		<ol style="list-style-type: none"> 1. I understand the physical changes that take place in the human body as we grow and how these relate to human reproduction. 2. I know the effects of beneficial and harmful substances and how people have different views on these substances 3. I can identify effects of positive and negative relationships and how these may differ within society 4. I understand the need for a balanced lifestyle choices and pressures that affect these choices 	<ol style="list-style-type: none"> 1. I can plan, prepare and cook simple healthy meals. 2. I have strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures. 3. I can manage changing emotions and relationships and understand how new relationships may develop. 	

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KS2b	Economic Well-Being	<ol style="list-style-type: none"> 1. I can investigate and make connections between my learning, the world of work and my future economic well-being. 2. I am beginning to understand how people manage money. 3. I am beginning to understand how people earn money, save and plan for the future. 4. I am beginning to understand the terms cost, selling price and profit. 	<ol style="list-style-type: none"> 1. I can plan and share ambitions and aspirations 2. I show some initiative and take responsibility for activities. 3. I help to organise events and host performances. 4. I help to design solutions to problems both in indoor and outdoor activities. 5. I make and sell products. 	<ol style="list-style-type: none"> 1. I discuss how I have taken part in group work situations and activities 2. I discuss how people look after their finances 3. I review and express ambitions and aspirations for future economic well-being', further education and career pathways
Challenge		<ol style="list-style-type: none"> 1. I understand the connections between my learning, the world of work and my future economic well-being. 2. I understand how people manage money. 3. I understand how people earn money, save and plan for the future. 4. I understand the terms cost, selling price and profit. 	<ol style="list-style-type: none"> 1. I show initiative and take responsibility for activities. 2. I can organise events and host performances. 3. I can design solutions to problems both in indoor and outdoor activities. 4. I can make and sell products. 	<ol style="list-style-type: none"> 1. I take a lead part in creative problem-solving situations. 2. I express my ambitions and aspirations and explain my decisions
KS2b	Citizenship	<ol style="list-style-type: none"> 1. I know there is diversity of groups and communities in the UK and the wider world 2. I can explain some of the different ways in which people can take part in democracy in the UK and how this can bring about change. 3. I know how an individual's personal choices can impact on the wider community i.e. hand hygiene; litter; vandalism; anti-social behaviour. 4. I can investigate issues affecting my local communities using a range of sources. 5. I can explore what is fair and unfair and describe how justice is applied in some situations. 	<ol style="list-style-type: none"> 1. I can work with others to plan and carry out a course of action to address issues that we feel are significant in our community. 	<ol style="list-style-type: none"> 1. I can identify and share my personal viewpoints and make some reply to others who may or may not share my viewpoints. 2. I can make informed contributions to discussions and debates giving some reasons for my views
Challenge		<ol style="list-style-type: none"> 1. I can explain the roles of citizen, Parliament and the monarch, voting systems and political parties in the UK 2. I can identify the liberties of being a UK citizen 3. I know how rules, laws and the justice system are organised 4. I can use a variety of sources to research current local, national and international issues 5. I can identify roles played by public and voluntary institutions in my community 6. I know where money comes from, how it is used and the importance of budgeting 	<ol style="list-style-type: none"> 1. I can take a part in a debate 2. I can use my planning and organisational skills to carry out activities to benefit my community 	<ol style="list-style-type: none"> 1. I can state my own opinions with clear explanation of my arguments and show understanding of opinions different to my own