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Observations From  
Another Planet  
(Aphorisms & Axioms  
for the Modern World)

By  
Tony Sandy

DragonEye Publishing

Observations From Another Planet (Aphorisms & Axioms for the Modern World)  
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## PREFACE

My life is my lab and my  
proof is to found in your lives

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Man, Know Thyself  
(The AncientGreeks)

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The Unexamined Life  
Is Worth Nothing  
(Socrates)

## THE SYSTEMIC UNIVERSE

I have a theory that basically everything works on what I call an Accumulation/ Discharge Cycle. In karmic terms this is known as The Pendulum Effect and in purely physical terms as the vacuole effect. This includes the tides, seasons, emotions, sex, life and death as a single unit (positive to negative poles), thought and action (again as a single unit), stress and release (relaxation), volcanic activity, earthquakes, pulsars, vibration, the body's circulatory and digestive systems, black holes and white (w)holes, time - that is movement of attention (energy) from past through to the future, across the medium of the present, space as movement of matter across a gap (here to there) etc.

I call this also The Systemic Universe or Two Worlds Exchange (The Tao (Way) in modern terms). This creates equations of equal but opposite realities or opinions in human terms. Thought stops action - action stops thought or when viewed as a continuum of human endeavour / perception of existence as a chain, it becomes a scale or grade e.g. past, present and future/ colours - white, yellow, orange, red, brown, green, blue, black. War and peace even follows this path.

What we understand we can control. What we cannot control leaves us feeling frustrated and helpless (a victim of a greater reality - bigger than we are as individuals): Think of learning anything, be it in a classroom or workplace. When things become too complex for us (mysterious/ inexplicable), we panic and attack them, thereby reducing them as a threat to our ego, by simplifying our existence. This state of insanity is simply the inability to understand and therefore cope with changed circumstances (trauma - the shock of the new/ different). This is the seat of all prejudice: The only thing we ever truly fight is our own ignorance.

Why does the unknown (paranormal/ new/ different) frighten us? Because it is the tap on the shoulder that tells us we are not alone in the universe (The only form of life or being there is) and that we don't know everything there is to know about reality, which reduces our status to that of a helpless child again, instead of the pretentious adult we all like to think of ourselves as (The Emperor's New Clothes Syndrome): This is why death scares so many people too. It wakes us from the dream of the ego that tells us we are God and reminds us that we have mortal remains as well (All pilgrims on the road to The Undiscovered Country - "Come in number six, your time is up!" It is the bigger self reminding the smaller self, that there is more to life than this little pinprick in time and space, we call present reality (Star Trek, "The Squire of Gothos", TV episode).

Courage (learning/ enquiry) goes with not knowing. This is because if you don't 'think' you already know what's going on, you'll investigate to find out the truth.

However if you do think you know the answer already, you won't look because you're sure you have the truth already (Prejudice is the full stop on your life as innocence is the door).

Intelligent people face their fears (study them - the scientific approach). The frightened try to eradicate what they're scared of (Suppress it/ kill it off - out of sight, out of mind - the political alternative). The first learns what makes others tick as well as themselves - the second doesn't want to know how anyone thinks, including themselves as it would mean being response-able for their own existence and they'd rather somebody else was (Their parents, partners, society, God).

Why is a leap of faith so frightening? because it means throwing caution to the wind and abandoning everything you've ever known, owned or believed in (trusted): Every thought, every possession. Nobody can 'try' for us and in the final analysis, the experts (Those who've gone into a field before us) can only give us advice and information but the final gamble (decision/ choice) has to be ours. The future (heaven) beckons - are you ready and willing to jump into the unknown?

The reason that we suffer terror/ joy when the unknown enters our lives is down to joining a different world/ reality as a spy (plant) originally and having blended in so well, that we think of ourselves as genuine members of that society or group, until disturbed by the other side again (ghosts, UFO abduction phenomena, the witness protection scheme - all suffer from this denial of an old life, pre-birth or walk-in agreement, or the existence of an alternative reality [spirit world/ other dimension]). It is what I call the Sleeper Effect but is also allied to The Stockholm Effect because it is about losing your old identity and adapting / adopting to a new one, even if unconsciously (see below).

We think things are insane when we don't understand them and think they're sane when we do i.e. see the reasoning behind them (It is this that converts us from anti to pro something and vice-versa - in other words, simple belief changes how we see everything).

Our beliefs are dangerous - not because they are 'necessarily' right but because we act on them as 'though' they were (and that we have the 'right', morally, to do what we do, based upon this belief in our being correct in our judgement and attitude towards the matter in hand). To act or not to act, that is the question. The more intelligent think things through in depth (Question their perception / the evidence, plus their own motives i.e. the results and why they want them) before acting, whereas the less thoughtful, react before getting to the bottom of things (finding the truth) or questioning their own actions.

Seeing limit, we despair at finding answers/ surviving - this is why we need 'God' (eternity/ infinity) in our lives. Death of the spirit is giving up hope. This is displayed

in terminal depression - that is giving up the effort to build or control, socially or individually, thereby destabilizing our lives as individuals/ society as a whole.

We become violent deliberately, to destroy all links with that which we've run out of patience with, so that we're not tempted to engage with it again (Eradicate it and we don't have to communicate with it i.e. learn of its existence again or anything about it and vice-versa with regards to its learning about us (mutually exclusive agreement to deny the existence of each other, to ourselves and third parties - The Ostrich Effect or Emperors New Clothes Syndrome): Free exchange of information / materials comes with understanding - resistance comes when this isn't mutual.

When we're in ascendancy, we're on the path of material gain (affirmation of life/ peace/ creativity) - that is letting go of old beliefs. When we're on the descending slope, we're in denial because we don't want to admit to ourselves (or anyone else) that we're losing our hold on life (loss of control/ feelings of weakness, displayed as acts of violence). Gentleness is therefore strength because it displays generosity of spirit (see 'God' quote above) as violence is just an act of despair (distrust/ abandonment) - be it by a country or an individual: Violence is frustration at our own ignorance and therefore helplessness because what we don't know (understand), we can't control. What do we fear most? Change because it betrays us all as blundering incompetents, which is a blow to our pride (arrogance is thinking we know as humility is discovering we don't). On the sensory level this is displayed as 'vision' (tension/ elation/ proximity (detail)) and 'sound' (relaxation i.e. letting go and therefore drifting drifting away from something you've given up on, that is depression as a state/ generalization).

Patience is freed attention (forward motion available through time or space) - impatience is attention held in thrall (drawn within to thoughts (questions) about the past). This movement' of attention, within and without is known as The Artist Effect or stepping back to observe and forward to act (intellect to see and emotion to feel i.e. enjoy your endeavours, if that is the 'right term'. There is a fear/ intelligence connection in all this or thought/ action ratio. The urge to get away/ get done with things versus a willingness to stay and explore (experience) what is here.

Rapid movement leads to short cuts and simplicity but can also lead to half done actions. Patience leads to development into more and more complex forms because time is applied to the equation, rather than 'no time' (panic). In short the long way round is thorough and builds gradually, step by step, as impatience destroys because it is always rushing to break connections and get away. This also explains simplicity of speech (short hand/ slang/ use of single syllables) as opposed to complex, detailed explanations (long hand/ technical speech/ multi-syllable words). Lastly, rapidity of movement (bodily processes/ metabolism) wakes us up as depth of thought puts you to sleep.

The intelligent are active because they are curious about everything (investigative minds, driving their bodies eternally forward). The unintelligent tend to be docile and accepting of things as they are, not experimental rebels into finding out all they can about everything. This is why the latter are usually good natured and the former can be given to violent moods from frustration (Don't like obstacles/ fight to overcome them). If you relax, you can expand and let things fall back into place (Go back to how they were/ cure yourself of old wounds i.e. scar tissue/ ridged belief systems).

Movement is the teleportation of matter across space, through expanding it into energy (warmth i.e. e-motion or physical movement), then cooling it back down into matter, followed by settling (Forming i.e. inward movement/ thought): Laurie Anderson song "Walking and falling" (transmission and reception).

What exhausts us is manoeuvres. It is the start/ stop movement, especially when it is small and detailed, that takes it out of us. Only settling down and in, fills us up with energy as movement up and out, disperses it, draining us.

According to science, politics and education there is only one answer, one correct way of doing things. According to the spiritual path there are many routes to the same destination - artistic, healing ways (abandonment of the past/ separation from fanatical certainty into sceptical disbelief in anything (freedom from)).

God is 'I will'(can) - the Devil is 'I won't' (can't).

Patience is freed attention (forward motion available, through time or space). Impatience is attention held in thrall (drawn within to thoughts (questions) about the past).

The simple complicate things to appear intelligent. The truly intelligent simplify things to 'be' clever.

God is any superior power we surrender to and learn from.

We become The Devil (evil) when we resist opening up and learning from those who know better from experience, 'what is here and how it works' than we do, because they created it or because they are older custodians of it than we are.

We make God (good) in our unity and The Devil (evil) by our disunity.

Nobody likes to be humbled by their own ignorance (return to childhood state) but it's the only way to open up and learn about something new and different (anger, rebellion and frustration (resistance) are fighting the process of assimilation (change/ adaption)).