

Reviews

“We all have a piece of the puzzle and should all be able to share that knowledge and gift with the world. Alice does just that! The basis of this book is quite simple: it is all about vibration, positive thoughts, and love as we shift into the most auspicious Age of Aquarius - an astrological era in which increased spirituality, harmony and unity, are said to flourish in people's lives.”

Author Anita Meyer, religious procurement specialist
The Primordial Language – Confirmation of a Divine Creator
In Search of the Holy Language
Beyond the Bible Code



“Alice is showing us how third dimensional energy is shifting into fifth dimensional reality. She gives us many different ways this is being done and gives us tools to use in the shift to the new paradigm.”

Michael Soto, Shamanic Reiki Master



"Couldn't put it down.. Fantastic, concise, complete and fast moving. A must read for everyone no matter what level of awareness as it correlates centuries of human life, the why, the how, while focusing in the Now and where our species is headed and how we as souls are part of getting us there. A book everyone should read for understanding the self and these chaotic times!!!" Alice's book is a must read for everyone.....

Akuna Kumara



Reviews

"In what I do I am able to help others thru my psychic abilities. It is difficult for me to see my own future and that is when I turn to Alice. She has a very grounded approach to viewing one's life. This book shows not only were we have been, it explains how we got to this situation we are in but more importantly how we can make the most of the here and now to ensure a better future."

Jennifer Rae, Spiritual Psychic



The Journey to NOW and Beyond
Alice Stacionis

DragonEye Publishing

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Dedication

Dr. Bob Henry and Carol Gent, my two best friends who crossed over in 2008 without whose inspiration and energy this book would not be today.

And

Dr. Stephen Covey crossing over July 2012 whose time on earth was to “leave a legacy” and that he did impacting so many.

I gratefully acknowledge and thank the following people for giving me permission to use their materials as it fits in with the flow of this book.

Brent Baum

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Frank Joseph

Bruce Lipton, Ph.D

Morris Massey Ph.D

Wally Naope, Aulike Onomea Aloha

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“When someone shares something of value with you, and you benefit from it, you have a moral obligation to share it with others.” ~ Chinese Proverb

“A wonderful harmony arises from joining together the seemingly unconnected” ~ Heraclitus c.500 BC

"All our knowledge has its origins in our perceptions"
~ Leonardo da Vinci

“Wisdom is not a product of schooling but of the lifelong attempt to acquire it.” ~ Albert Einstein

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Introduction

My goal is not to convert or convince but to stir thought. I cover topics from history, the psychological view of what is happening, to the spiritual view. Some may be based on logic and some may be based on the mystical. We all learn and are motivated differently. This material comes from many different platforms.

There are so many wonderful books out now that focus on “parts” of what is going on. They go into much detail on that “part”. The law of attraction comes to mind. This is a very important part but it is just a part. Being a hypnotist and soul path astrologer I know that these are not all there is for growth and healing. For many we choose to focus on parts but for many who have not jumped into where we are and what is happening an overview is helpful. There have been so many that have just recently been “awakened” and want to jump up to speed on how this all came to be. Many are going thru the significant emotional events that bring them up to speed on where things are now in their lives and the world around them, but they need to have some details filled in, some pieces of this complex puzzle. Perhaps its just the words they need to label what they are going thru and feeling and seeing around them.

This book is a bit autobiographical in the sense it follows my journey of learning and growing and the people who have been influential on my path. I have been very fortunate to have leaders in their respective areas in my life. These people have been friends, speakers and trainers, and teachers. It is important to choose wisely who influences you.

There are several people I want to take the opportunity to thank for being in my life and contributing greatly to this book and my healing. Wally Naope who appeared in my life at a time when I felt my death was eminent and has remained my spiritual mentor. Dr. Bob Henry took off his friend hat and put on his

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professional hat to start me on the road to seeing my “life trauma/blocks”. Dave Barton, a fellow hypnotist who moved me along thru hypnosis and experiential actions to help me feel what my traumas are about and release the attached energies. Vicki Bates and Rebecca Cooley who allowed me to see some things in such a new light and with terminology to apply to situations. Wally Naope and Cindy Marie who helped me see the Bible in a new way. Recently and so importantly a gentleman that due to coming from my ego I almost walked away from. Bill Kennedy has been the editor put on my path for so many reasons. His writing skills so creative and his ability to pull from me more of what needs to be in this book. Also very helpful were Michael Soto, Paul Anderson, Susan Atchison, and Brenda Eisenbeisz.

This book is a coming together of many people and many ideas. Many of these ideas may have been expressed by others that I am not aware of but we are in a time of the 100 monkey theory. This is not exclusively an autobiography but it does show how we are influenced and possibly healed by who and what we have around us. I am very grateful and even more grateful for anyone benefiting in any way from reading this book.

This book takes you through the journey of life trauma and the accompanying addictions to healing and growing spiritually forward into this Age of Aquarius.

Blessings, you are loved.

1



Have you ever wondered how we got to where we are, individually and as a civilization, and more importantly where we are going?

Have you noticed changes in your life? Perhaps what you have done in the past no longer brings the same desired results. Or life seems to be going better for you and you don't understand why. Or you experience coincidences, like thinking of someone just before they call or knowing what someone is just about to say.

This book is a conversation. The language is simple, but the information may be new and foreign to you. I have put together some thoughts on the drastic changes in this age where change seems to be our only constant.

These changes are happening at different levels. Not only is there a kind of change that you have seen in your life, but also an evolutionary change, which some call the spiral upward. Many say this is about going into the "Age of Aquarius" starting back in the 1960's. This book starts just a few years before that. It's like that famous puzzle that had scientists scratching their heads for decades: what is the missing link between ape and man? The

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changes in this book are so drastic, that those of the future will look back trying to find the missing link. We are that missing link and what we are going thru is moving us forward quickly. The change will be sudden and drastic. It will cause chaos and with extreme chaos comes extreme change. The human race will be transformed.

If your life has gone smoothly so far, and you have grown naturally in these times, then you are already on the right track. All you will feel is evolutionary growing: more insight into the nature of things, more confidence in who you are.

On the other hand, so many do not understand why their lives feel like a runaway ride on a raving roller coaster. They need to understand the changes, and what they can do to enhance their lives. Many will choose at some level not to continue in the here and now. The illiterate of these times will not be those who cannot read and write, but the ones who cannot learn, unlearn and relearn. It is about learning to reprogram ourselves, to raise our vibration.

A few years ago, my friend, Dr. Bob Henry said to me, “Our systems are all broken. What are we doing to fix them?”

The “veil” of our conscious creation is falling. When we look at politics, what used to be hidden is now being brought to light. The secrets are out, literally, with situations like Wiki-Leaks. With the media as omnipresent as it is we are in the age of communication. Much is right before you if you know what to look for.

One of the early predictions in the past few years was that this is the time of “veils” that have hidden so much from us would be falling. Veils of secrecy regarding certain parts of our collective creation, our culture, and societal way of life are falling away. This is what the “shift” is partially about. Although in recent news as reported by NASA Science we see that the

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actual magnetic north pole is shown to be shifting about forty miles a year towards Russia. (NASA, 2003) This shift is affecting us on all levels from the physical earth plane to the psychological and spiritual levels.

There have been a number of occurrences during this past years that make us realize that things are very different now. Even as early as the beginning of this century, there have been many disasters gaining worldwide attention, all having to do with energy and the sources of energy that mankind has chosen to develop and over-use. Remember the many coal mine collapses, the huge oil eruption and spill in the Gulf of Mexico, and the natural gas leak explosion in a Northern California neighborhood, just to mention a few. There were many more occurrences that have been deemed less newsworthy.

Politics are as effected as everything else with people demanding change. An entirely new political faction came into being, that of the “Tea Party”, taking its name from the historic Boston Tea Party. This movement can be said to be America's latest effort to get back to basics, so to speak. This group effected the outcome of the national mid term election, completely reversing the election held just two years earlier.

Religion did not escape exposure and scrutiny either, as the Catholic Church finally agreed to pay victims of abuse by priests over the years. The settlements came to millions of dollars. At the same time “Christians” all over the United States screamed foul when it was discovered that an Islamic Mosque would be built near “ground zero,” the site of the September 11th episode in NYC. Not religion's finest year, to say the least.

To sum it up, it's been a busy year, a busy decade, and promise of the future is more of the same. More discovery of how we have been creating our Universe over the past century or so, and re-thinking our “old” choices.

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Have you felt the impact of what is happening in the world? Have you noticed how changes happening in one part of the world affect the whole globe? It is how you handle these pressures and the choices you make that will dictate your individual future.

My goal in this book is to explain how we got to where we are and where we are going. It will shed new light on some things in your life, giving you new options to think about when making choices. All will experience the future in their own unique way.

2

The Greatest Generation

Norman Rockwell was famous for his detailed, true to life pictures of American living. You can recognize yourself, your family and neighbors in a Norman Rockwell painting. Every detail is patiently recreated. Grandma carrying out the Christmas turkey for a proud Grandpa to carve, surrounded by a loving, happy family. You see the smile on Miss Jones' face as she looks at her pupils and their "Surprise, Happy Birthday " on the chalkboard, along with the apples on the desk and the way some impudent scamp added a "y" at the end of Jones. You see the grown serviceman, in the kitchen peeling potatoes with his mother, his feet tucked up like he used to when he was a child. You see the three boys caught swimming in the forbidden pond, running for their lives in various stages of undress. Yes, every detail is there, just like things were in the good old days.

The only problem with these pictures of American living is that they show only the surfaces, as though we were mugging for the camera. Life seems so perfect in a Norman Rockwell painting, even the one showing the married couple engrossed in a heated political argument. Even the hobo seems content with his two sausages. Was it really like that? Were the good old days really good? Were people really that content with their role in life?

This was our conscious reality. Any uncomfortable reality was conveniently swept under the rug, hoping it would go away. In post World War II America a lot of energy was spent on appearances. The world had just been turned upside down by war

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and people yearned for stability. Was there stuff going on beneath the surface that just couldn't be seen? It would take significant emotional events to bring forth that realization, a tough war overseas, the shooting of a dearly loved president. Only then, as the realization seeped in, would the societal consciousness start to grow.

In reality, are we struggling with the same addictive behaviors that plagued the previous generation? Are we looking for meaning and value in life and finding that the cupboard is bare? Is it time now to delve beneath the surface to find some answers about what we are truly made of and where we can go? A lot more is known now than in the days made famous by Norman Rockwell. There is a clearer vision of the road we are on. Your journey starts here.

3

Astrology: The Early Days

Sometimes it's not enough to know what you want to do with your life. You have to get the timing right as well. When I was in my twenties, I wanted to be an outstanding astrologer. I read as much as I could get my hands on. I learned to construct chartwheels the old fashioned way since computers and the programs to do chartwheels were not available. It seemed the harder I studied, the less stuck with me. We are told that if we want something deeply enough and we work hard for it then we can achieve it. In all of my efforts, I was feeling like a failure in becoming that outstanding astrologer that I longed to be. My interest never waned but I put it on the "back burner" of life.

Later I realized that my work assisting people had given me the pieces that were missing earlier. I had learned so much about being "destined" and going with the flow of a bigger power. I learned that wo/men do not live by astrology alone. Life is so much more.

I always took opportunities to learn more about people. After thirteen years as an X-ray technician, I moved on to Human Resources and was responsible for a safety program for a large company. It was there that I had the opportunity to watch people at all levels in the company and especially watch behavioral patterns. I learned so much here.

Towards the end of this time, I was very active in an educational program for management where I had the

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opportunity to work with innovative speakers and trainers. I also had a position on the national board for this organization. My vision here was taken to another level. It was wonderful. It was in the mid nineties that I started focusing on astrological charts again. So much had moved forward by then. There were computers and programs for doing chartwheels.

It was at this time I realized that the bigger power or as I call it “universal consciousness” wanted me to bring astrology to a wider audience. To use the terminology of the visionary leaders, speakers, and trainers that I had worked with so that more people would be open to what I was saying.

As times have changed, especially after 2000, and even more now I see how important it is to focus on our life lesson or weakest link. Also with the focus on abuse of energies in past lives that effect us in this life until we do the karmic payback.

It is now I see it so clearly. Another very big part of this transformation was my own healing from my life trauma that allows me to see other's trauma and life dynamics much more clearly.

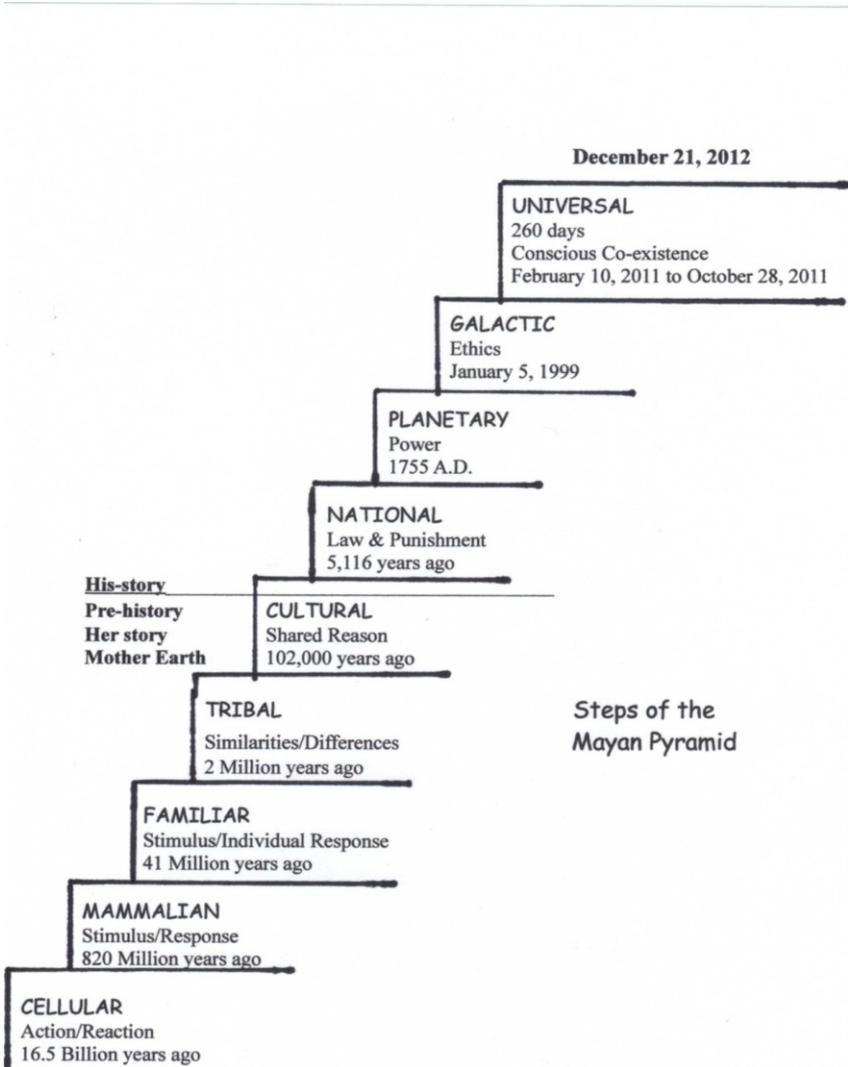
We all have our “story” and this is mine as it relates to the times we are in.

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“Life is cycles on an ascending spiral to greater consciousness.”
~ Alice Stacionis

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4

Timelines.

What will happen after December 21, 2012? Every culture in history has had prophets and false prophets and interpreters of prophecy. The winter solstice of 2012 is the focal point of many revelations. While interpreters of prophecy may use prediction to put on a timer on the prophet's divine words, true prophets are never wrong. Are we in the End Time or is the mindset growing because of the increasing focus on 2012 prophecy and similar catastrophic issues? Or is it all just mass paranoia?

We have a short time remaining to the winter solstice of December 21, 2012 which ironically will peak when the clock, set to the Gregorian calendar, hits 11:11. There is only one truth that can be relied on. That day will come and pass and I believe it will be experienced in many different ways by each individual depending on the way they choose to live their life and what they "attract" to themselves.

The Mayan calendar ends December 21, 2012. Material on the Mayan calendar is very detailed and available to us. It is also put in a way to easily understand where we have been and where we are going. I will go into the most detail on the Mayan calendar, information that is readily available on the Internet, but notice the similarity between the Mayan calendar and others.

There are nine levels on the timeline of the Maya. The Maya pyramids have the nine levels, each level growing upwards in consciousness. At this time we feel time is accelerating and it is because of our level of consciousness. It will be soon that we will think of something and it will happen. Many are already

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doing this, a process called “manifesting”.

As the years came and went, you may recall hearing so many people at one time or another commenting on how quickly time is going, it seems faster and faster and in reality it is the expansion of consciousness that is making it feel that way and it is. Keeping in mind that the way we measure time is man-made.

The calendar we currently use is the Gregorian calendar established by Pope Gregory XII in 1582. Previous to this calendar the Julian calendar was used. The Gregorian calendar was used first primarily by christian/catholic countries and when it became difficult to work with areas not using this calendar they converted over. Hence it became more of a “commerce calendar,” used for convenience.

The Mayan calendar uses three different dating systems in parallel, the Long Count, the Tzolkin (divine calendar), and the Haab (civil calendar). Of these, only the Haab has a direct relationship to the length of the year.

The Mayan calendar was of two parts: Tzolkin and Tun (time and space). The notches match every 52 days and a time when all debt was forgiven. There is much written on the Mayan calendar and a web search will bring you more detail on this.

The Gregorian calendar is based on the movement of our solar system and the time it takes to revolve around the sun. This approach does not consider the big universe out there or even the greater part of our part of the universe. It was basically a commerce calendar and our focus went in the direction of our consciousness, i.e. commerce. There is also much information on the Gregorian calendar that was started by Pope Gregory.

Chinese "I Ching" ends on December, 21st 2012. The I Ching is called the book of change, NOT the “end of the world.”

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The I Ching and You . The course of life gives way to many cycles, the ebb and flow. Some cycles are long and others short. With the proper use of the I Ching it is possible to alter the course of life both in the short term and in the long term. By altering our personal life we are in turn balancing the universe. (my note, it is here we are open to spiritual growth personally to balance ourselves that in turn balances the universe. As more grow into consciousness/awareness then the universe grows).

The core philosophical wisdom of the I Ching Oracle is to support the endeavor of living in the oneness of abundance. How can we live in harmony with the Cosmos? (more on this in the chapter on astrology, the moon nodes and improving our weakest link, coming into balance).

It is my understanding that the I Ching is not as much a means of predicting the future as it is a means of developing coping mechanisms (growing into awareness/consciousness) that will allow us as individuals to live with any given situation. We do not control nature, but our actions control us and reflects on the whole.

Tibetan " Kalachakra ",.Ends,December,.21st 2012...

An interesting finding is that there are unbelievably close similarities between the Biblical Apocalypse and the Kala Chakra Prophecy, according to which Rudra Chakrin, the last king of this mystical kingdom, will impose the Golden Age on our Earth at the end of Kali Yuga, which is a Hindu term for the period of darkness, which must end one day. Thus, according to some, this Shambala King will be the last incarnation of Lord Vishnu - Kalki, who is to appear here and bring harmony and justice.

Some say that Shambala prophecy also contains notes about messiahs of other religions. When these "barbarians" who only

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devastate our planet will think that no one can conquer them, the icy mists of Shambala will appear. (my note. We see the battles that many religions have been involved in like the Crusades, or the Islamist jihadists, and many others through out history) Many lamas believe that this can happen around the year 2012, but it is very difficult to calculate this, as one must have absolute understanding of Shambala, as its inner wisdom also requires understanding that it is so secret that only a few things about it can and have been revealed.

Indian " Vedas ",Ends,..December,.21st 2012...

Native Americans....predicted events indicating that in this time there will be change.

Christianity ...Many times through Christian history various “spins” have been put on this final chapter of the Bible: Revelations/Apocalypse.

Note- from Wikipedia. While Revelation's larger themes are abundantly clear, its details provide a considerable challenge for interpreters. Most of the interpretations fall into one or more of the following categories: the Historicist, which sees in Revelation a broad view of history; the Preterist, in which Revelation mostly refers to the events of the apostolic era (first century); the Futurist, which believes that Revelation describes future events; and the Idealist, or Symbolic, which holds that Revelation does not refer to actual people or events, but is an allegory of the spiritual path and the ongoing struggle between good and evil.

As you can see the cultures have designed ways to keep track of time (and attach beliefs) but there are some things that parallel in all of these cultures, particularly with the 2012 date.

Going into 2012, and we are already in that energy, will be perceived and experienced differently by each individual due to

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where the individual is on his path to awareness, as well as his/her choice to balance, in other words elevate their vibration, as will be seen in a later chapter.

We have been in a world operating on a linear platform. Science and technology all base their programs on this linear way. Very logical, if it can't be proven by science and reproduced it does not fit the scientific way. It is a three dimensional world.

We have been heading into a multi-sensory world, a multidimensional world due to the evolving to higher levels of awareness.

As Edgar Mitchell, the astronaut, said as he was looking down at earth, the little blue/green marble as he saw it from outer space, having his epiphany: how can we on earth truly feel we know how this universe works? We have such limited awareness and yet science tries to tell us what is and what isn't with its very limiting scope.

It has been said that in the “beginning” we had 12 strands of DNA and now have only two active strands due to not using these strands. These additional strands are not of the dense physical kind. Also, it is interesting that the pineal gland (appearing to be shaped much like a pine cone) has rods and cones as in the eye. The pineal gland also being referred to as the third eye.. Also it is interesting that in the Vatican City there is a very large “pine cone” statue. Is it because the leaders of the Catholic church knew that the pineal gland was the third eye, the “eye” that saw more than our two eyes. Is it because knowledge was power and few leaders wanted that power?

Through out history we have had “secret societies” that seem to know about so much that is basically unknown, much is now known about them and can be researched easily on the internet. Some of them are the agnostics, the Rosicrucians, Freemasons, Knights Templar, Mary Magdalene, Thoth, swastika, and others, both of the light and of the dark.

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It is known that history is written by the victors. Many of these secret societies have written history in a different way. It is also said that there is what they call a Great White Brotherhood (not referring to the Caucasian race, but to white/truth), these individuals bring to light truth in history.