

Reviews

I found that I had to read it twice! The first time, I was interested in your words and your unique style to unravel concepts that we have been conditioned to believe and live by and see them in a different light that causes us to rethink. The second time I read the book, I placed myself in those concepts to take a pulse of where I am in life. Your words do not invite it's reader to think, it commands it!

One maybe afraid to venture forward in your book because as they say, *ignorance is bliss*, however, we must see reality in the raw in order to leave our true footprint of life on this earth.

Interestingly enough, the politicians of our nation really should read this book to realize why others respond to their actions the way in which they do. Educators need to consider concepts from your book as the baseline of their teaching to not confuse students with knowledge of mind with knowledge of action.

Thank you for allowing me to review your book. You are ready to speak of your book on radio and television. This cannot sit on shelves, it must move through the media.

Is the world ready to be shaken up, waken up, and ready to truly stand up!

Congratulations,
Dr. Regina A. Lewis –
Dean of Pikes Peak Community College



Emotions may be the only reality we understand. Ego tends to draw us to ourselves, so it was excellent to point out that (because of emotions) we don't notice what we feed to others, only what they feed to us. The last chapter was a perfect punch to bring together the whole book.

Ted Griffin- Radio Personality



Reviews

Action speaks louder than words. You have identified one of the core issues within the church and in the world and that core issue is commitment to Christ.

James 1:18 says Yea a man say thou hast faith and I have works show me thy faith without works and I will show thee my faith by my works.

LEARNING WHEN TO LOSE

Know your limits and try to be the best at what God has called you to be.

This chapter Really resonated with me.

I believe this book has a chance at being one of the best sellers on the market today it speaks to the heart of the everyday person who has struggled and is struggling to make it in this society.

Stay encourage
Pastor Ralph E Kelly Sr.
Pastor of Good News Church



Ripped Inside Out
By
Andre Lee

DragonEye Publishing

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ABOUT THE AUTHOR: Andre Lee

Every good story starts with the main character being on the wrong path. It was always my dream to be a musician. When I was younger, I would dream of the days of sold out concerts with my name on the headlines. As I got older, I finally got opportunities to start on the road of achieving that dream. I would spend an amazing amount of time and money in music studios. I really thought I was on the right track. However, most of the producers I worked for didn't think so. "Andre, your music is good, but it's not what's popular right now, it's not what's selling right now. Try to make your music sound more like *this...*" It was really discouraging. I wanted to make music with potent messages to change people's lives. How could I change their lives and conform to them at the same time?

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Studio after Studio I got the same response. That's when the Holy Spirit revealed my purpose to me. It was not meant for me to succeed playing by the rules of the world I was trying to change. I was not going to sell myself short making music that people wanted to hear, while my messages stayed locked away dormant. So my heart fell from music. I found that I wanted to teach people, help people take a different course of life. I dedicated my life back to Jesus Christ on December 17, 2007. From there I spent most of my time ministering, writing, teaching Bible classes, and dedicating my life to teaching life changing messages.

Foreword

You may have heard in your life time that “a person’s perception becomes their reality” and truthfully (maybe) the pressures to be a success story, a millionaire, or ‘to make it big’; have been based on that very notion.

Andre Lee has challenged his reader’s to put their preconceived notions about society’s predominant views of life’s ambitions, dreams, aspirations, and cultural phenomena’s to the test. We often want what we want based off the emotional gratification of attaining society’s view of success instead of our own personal desires. He writes from the heart of experience and unfolds a great mystery that many are still trying to figure out; being truly content with self without being led by emotion. ‘Ripped Inside Out’ reveals a new view on the metamorphosis of being productive and successful by realizing what we are really responsible for in life and being

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accountable to those things. He birth's a new view on what it truly means to live freely, without inhibition of life's possibility of failures. Readers are in for a refreshing bite of reality by reading this book.

Chelonda Branes

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REALITY STINKS
(INTRODUCTION)

It's kind of unnerving when you think about all the ideas and beliefs held by our leaders, political figures, parents, teachers, and our friends; then you look at reality... and you have to come to terms with the fact that the world looks nothing like the ideas and beliefs held by everyone... even ourselves...

Somehow, I love contradictions; because contradictions expose problems. You see, a contradiction is simply a disconnection between principle and product, or an inconsistency with the flow of ideas and beliefs in our lives. Most problems that we have are birthed out of contradictions... guaranteed. Think of a man who cheats on his wife... well, that's a contradiction to the promise he made on his wedding day; inconsistent with the idea of being married.

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Over-eating is inconsistent with the body's natural instinct to eat only when it's hungry; the body says "I'm not hungry anymore," but you're still eating. At the center of every problem, there is a core disconnection of the principle from the action. In fact, I would go as far as to say that you would eliminate most of your problems if your actions always matched your ideas about what you feel life should be.

I do know that it's easy to become inconsistent. Contradictions are born with the simple overlooking of everyday events. We often hold conversations about our emotions, our ideas, how we feel things should be, and our opinions about the world around us; it is clear that we are chalked full of ideas and beliefs about our lives and the lives of others... but there is a problem here... What we then begin to do is judge our maturity by the development of our ideas and beliefs rather than how well we handle life. I have seen people who knew politics in and out. They could talk you under the table about the government, the policies, political candidates... the whole nine yards. But these people spent

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their days drinking, smoking, playing video games; on their days off of work they were hanging out at bars or watching television with their friends. The issue is, I've known people who knew considerably less about politics that spend their days the exact same way. It showed me that developing an extensive knowledge and ideas about politics was not changing the way these people lived their lives. I wondered why someone would spend their time developing ideology that could not be converted into a life upgrade, or be reflected in a lifestyle change.

I then began to understand how irrelevant it is to sit around developing ideas and beliefs about life, if it causes you to totally ignore your reality. Your life is in the things you do, not the dreams, ideas, or beliefs that you have, unless of course, they are being turned into actions. Let me ask you this: Suppose you spend the night at the bar drinking, and you decide to drive home drunk. If you get into a car wreck, do you think your knowledge of politics is going to determine whether or not you survive the crash? *"I shouldn't die from this, I know too much*

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about Obama's policies!" ... right, it doesn't matter, does it?

So the things you *believe* don't have nearly as much effect on your life as the things you *do*. Strange enough, we desire to be judged on our ideas and beliefs rather than our actions. We even take it step further and expect others to interact with us based on our beliefs. Creating a prison of irony for ourselves, because if the only thing we consider is our ideas and beliefs, and exclude our conduct, we could cause our own issues and never know it, or worse, blame others, coming to the conclusion that "this couldn't possibly be my fault, because it isn't what I had in mind!" Not realizing that you didn't get there because of poor intentions, you got there because of poor conduct!

This is the meaning of the book!

I was shocked to discover that the emotional desire for something to turn out a certain way, had absolutely no bearing on how it actually turned out. Most of us do not grasp this. We live as if the outcome of a situation is hinged on what we desire to see. We are almost totally oblivious to the reality

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of our behavior's consequences. I took a moment to look at the raw picture of the lives of people I was surrounded by. As harsh as it sounds, when we stop thinking of or ideas and look at our reality, we are forced to admit that our lives don't look like anything!

I was once in a music group (long time ago), and during our weekends, we were regulars at a bar downtown. We were such regulars there, the bartender knew each of us by the drink that we ordered. The funny thing is, he didn't know any of our songs... not one! He knew our favorite drinks, but didn't have a favorite verse from us. To this day, as far as I know, he is still waiting on a free CD we said we would give him years ago. Look at the irony: we claimed to be musicians, but this guy expects a drink from us faster than a CD! At the same time, we were upset because of the lack of notoriety our music had... but again, look at our conduct. In our minds we were musicians, but in our reality, "here's your Bud-Light Lime." We didn't realize what we were doing. We were overlooking our daily events and actions, not understanding that your life is determined by how you handle today's

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events. The reality is, you're not going to walk into anything, your ideas become your life based on how you conduct yourself. What did you do today to reflect your beliefs (not your feelings)?

Most of the time, we don't seem to notice or take heed to our daily lives because we're stuck in determining our lives by how we feel. But just for one moment, take your ideas out of your mind and just look at your reality... I know it hurts, but just look at it. Look at the things you did today... Truth be told, if you wake up in the morning and look at how you spend the day, you'll notice some things about yourself, some things that you might even find uncomfortable. Your life *is* the things you are *doing*... not the things you are *going* to do, because the things that are *going* to happen haven't had an outcome yet. There is no aftermath in your life for things that are *going* to happen, only the things that are currently taking place. That's why years can fly by you and you never notice: "Three years later, I'm still here." Because you spend your days waiting on what's *going* to happen, trapped in your ideas, emotions, and opinions.

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Think about it: you're already living what's *going* to happen... two weeks ago did you say "I picture myself in front of a television screen, sleeping the day away." But that's what you spent the day doing... so two weeks ago, you watching T.V. was what's *going* to happen. But we never notice. Amazingly, we don't mention things like this when describing our future. When we describe our future, even weeks from now, we paint a successful picture of fulfilling events, or a list of accomplishments. No one would ever describe future events as sitting in front of a television set for days at a time or hanging around a bar every weekend. However, these things happen more regularly and with more guarantee than any of our ideas. What are we not getting? What dots are we not connecting?

As much as I love deep, spiritual conversations about our Lord and Savior, Jesus Christ, I almost got to the point where I didn't want to participate in the conversations anymore. Because if we weren't acting out what little we already knew, what was the point of going deeper? To know more things we're not going to do anything with? I came

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to the point where I realized the things I do on a daily basis matter. These are things that make up our lives, but also the most unnoticed by us.

What you will read in this book is my attempt to rip the human mind from its introverted prison and turn it to the life that we miss on a daily basis. We will discover how emotions blind us to the life that's being built around us. In turn, we destroy what we're not paying attention to. Follow me in my efforts to destroy and rebuild. I mind you not to short change this book. While each chapter does have its own message, it must be read entirely for the full impact of the idea.