Power and Control Wheel for the Jewish Woman

CURRENT, PAST AND FUTURE PHYSICAL VIOLENCE kicking, kicking, tripping, pulling half, significant tripping, si "I will never give you the Get" "If you leave me you'll never remarry "If you report me, it's a mesirah" Forcing her to be with others, forcing "Shalom Bayit is your job" her to be intimate during Nidda, withholding intimacy, shaming her "If you were a true Eshet Chavil we would get along"; Manipulates rabbi and community to blame you sexually, taking immodest pictures without consent Threats and Intinidation Sexual Violence Forcing her to watch pornography, forcing "No one will ever believe you "It's all your fault that "You can't go anywhere, I will always find you", sexual intercourse, the home isn't ready punching, kicking, tripping, refusing to pay Yeshiva taking unwanted videos, for Shabbos!" "The way intimidations, displaying tuition, not providing money for her Sheitel degrading her sexually you dress is a bad firearms, destroying example!" "People in property, name the community are calling, stalking, mind games Not allowing access to talking about you" funds; applying for credit You are a terrible wife' You are not tznius" cards in her name; ruined "No one will want you" credit; preventing her from "You deserved it" "It isn't that bad- you are overreacting" "This wouldn't obtaining or retaining a job; taking her income or Power have happened if you didn't force me" keeping such control on the money that she has nothing and Putting her down because He makes her fear that **Control** He keeps you away from she is a woman- "You must show respect, I am the she will be shunned by her family or friends the rabbis, by family , pulling head of the household" and at the shul; he "I make the money, so I say how you spend it" text to rationalize abuse won't allow guests in the home; he doesn't permit you to participate Asserts the myth in community programs "Jewish men don't drink or beat their wives" (Tehillim group, n'shej, It's your fault for "He is an upstanding breaking up the family"; "If you leave, I will take the children"; telling the children that "mommy Isolating her from her religious community, person in the communitybright, accomplished, Talmid forcing her to act in a certain way, telling her Chacham, gives charity and doesn't love them" she is sinful/bad is helpful to others"-fear that Seuda leuitige Using Children no one will believe he is abusive at home Blaming her that if she leaves, Forcing her to be mechalel Shabbos the children will not be redt good Shidduchim, alienating children (transgress Shabbat), blaming her for against her-barring her from Mesirah makes her compromise her attending simchas, going to religious observance, coercing her not to go schools and ruining her name to the mikvah at all or at the correct time CURRENT, PAST AND FUTURE PHYSICAL VIOLENCE Met Council is a proud affiliate of Adapted from original wheel by:

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