UN NGO Consultative Status ECOSOC & DPI 1981

International Council of Psychologists ICP

### 73rd ANNUAL CONFERENCE OF ICP, INC.

RADISSON ADMIRAL HOTEL TORONTO-HARBOURFRONT

Final Update: December 28, 2015. Corrections to original publication made per the contributors and are shown in red. These were changes made after conference materials went to publication. We do not reflect scheduling changes, only program names/presenters/content. Thank you.

Nancy Quatrano, ICP, Inc. Acting Secretary-General

# PSYCHOLOGICAL CONTRIBUTIONS TO SOLVING GLOBAL PROBLEMS IN THE 21ST CENTURY

August 1-3, 2015 TORONTO, CANADA ANNUAL SCIENTIFIC CONFERENCE & BOARD MEETINGS

#### "Psychological Contributions to Solving Global Problems in the 21<sup>st</sup> Century"

73<sup>RD</sup> Annual Conference Program PRESENTED BY THE International Council of Psychologists, Inc. In Toronto, Canada, August 1-August 3, 2015

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<u>Contracts</u>

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DPI





#### Psychological Contributions to Solving Global Problems in the 21st Century

As a profession, psychology must meet the challenges of the 21st century globally. We have an exciting program planned for our August meeting, including presentations which address current, critical challenges.

On Saturday, August 1, 2015, the scientific program opens with an Australian-organized extended symposium, **"The Endangered People and Children Human Rights World Summit"**, a continuing event organized by former President Dr. Sandra E.S. Neil. Don't miss the ICP, Inc. Welcome Reception follows that evening.

On Sunday, August 2, Dr. Florence Denmark, Former ICP, Inc. and APA President, presents the conference theme Keynote, *The World We Want: How Psychology Can Contribute*.

Sunday and Monday include an Invited Address by Canadian scholar and president of the International Association of Applied Psychology (IAAP), Dr. Janiel Gauthier, and a paper by the Director of the American Psychological Association's Office of International Affairs, Dr. Merry Bullock.

Presentations, as is expected in an inclusive association with members from the full range of possible interests in psychology and mental health, cover an intriguing diversity of issues: stigma surrounding mental health treatment, depression, resilience training; stress & coping; climate change; culture; non-western approaches to therapy / Canadian aboriginal peoples; media and technology in treatment; healthy eating habits; and globalization among urban media youth.

A special closing presentation will be given by the President of the Ukraine Society of Psychology, Serhii Dmytrovych Maksymenko: *Psychological Rehabilitation of the Victims Affected By War in Ukraine*. Psychologists from nine countries are contributing to the 2015 scientific program: Australia, Canada, China, Grenada, Japan, the Philippines, Ukraine, United States, West Indies.

We look forward to your participation in ICP INC's 73<sup>RD</sup> Annual Conference and Board Meetings. Please join in with a dutch-treat group-dinner following Monday's Annual Membership meeting.



#### 2015 Conference Committee

*Chair: 2015 Incoming President*, Janet Sigal, PhD., Professor Emeritus, Farleigh Dickenson U., Teaneck, NJ, USA

*Co-Chairs*: Florence Denmark, PhD., Pace U., NYC. USA. Professor & Dean, Pace University. <u>fdenmark@pace.edu</u>; Ann Marie O'Roark, PhD., St. Augustine, Florida. Private Practice Consultant. Leadership and Management Development. annoroark@bellsouth.net. Functions: Call for Proposals; Review of Proposals; Acceptance & Time Notices; Program Book

*Local Arrangements Chairs:* Honorary Former ICP Inc. President Chok Hiew, Frederickton Canada. Professor Emeritus, U. Frederickton. Email: hiew@unb.ca Honorary ICP Liaison to Canadian Psych.Association, Martin Mrazick, Alberta, Canada. Professor, University of Alberta. Email: mrazik@ualberta.ca

*Local Arrangements Consultant*: Jennifer Boyce, Toronto Psychologist Private Practice: InFlow. Email: JBOYCE@GETINFLOW.CA

*Local Arrangements Student Host:* Joshua Wright, London Ontario \* Graduate Student, Department of Psychology, Rm. 6325, Social Science Centre, The University of Western Ontario, London, ON, Canada. Email: jwrig42@uwo.ca

Long Range Conference Planning: 2016. Machiko Fukuhara ; Yoshika Katu; Edit Nagy Tanaka

Advisory Panel: Former Conference Organizers: Sarlito Sarwono, Elisa Margaona, Treasurer Ani Kalajian, Nancy Quatrano

*Ex Officio:* President Tara Pir, PhD., Founder and President, Institute of Multicultural Counseling and Education, Los Angeles, CA. Functions: Advisory to Planning Committees and Preparation of Board Agenda Book.

**Bylaws excerpt. Article 9.** *An Annual Conference* is held, unless prevented by natural disaster, wars, or decision of the Board. The Conference includes Board Meetings, a Membership Business Meeting, a Scientific Program, professional development and CE programs, and social activities. The program schedule is developed under the leadership of the President Elect who chairs the Annual Conference Working Group with the support of the Local Arrangements Chair and Conference Long-Range Planning Committee.



#### PRESIDENT'S WELCOME LETTER



Tara Pir. PhD. ICP President

Dear ICP Members and Colleagues,

The International Council of Psychologists' Annual Conference in Toronto, Canada this year is an exciting opportunity for scientific exchange, professional networking, and contributing to the advancement of our profession.

Our conference supports, and is being conducted in conjunction with, those of other similar organizations. This year, our meeting precedes the International Psychology of Women Summit held in Toronto August 4 – 5 and the American Psychological Association's Annual Convention, August 6 - 9. As it has done in the past, this collaborative effort will provide meaningful opportunities for exchange and the promotion of our mutual mission and goal.

Toronto, a truly multicultural and international city, boasts over 200 distinct ethnicities. Historically home to native peoples and then to French settlers, Toronto has continued to grow to the extent that it is now the fourth largest city in North America. A diverse and dynamic city, Toronto promises to be an excellent setting for our conference and provides the opportunity for cultural exploration of indigenous practices, as well as learning about local community clinics and academic institutions.

Looking forward to seeing you at our productive, enjoyable conference in Toronto!

With warm regards,

Tara Pir, PhD President

International Council of Psychologist

ICPwww.ICPWEB.org

#### ICP INC. 2015 Conference at a Glance: Radisson Admiral Harbourfront

		ICF INC. 2013 Conference at a G	anc	
Saturday, August 1, 2015 8:45-5:00 Registration Desk and InAbsentia Posters Rain Dance Room				Saturday, August 1, 2015 <u>Windsong Room</u>
9:00-12:00	<u></u>	Outgoing Board Meeting		
	Open to All			
12:00-1:00 1:00-5:00	LUNCH	ICP Human Rights Interest Group Program		Destars will be an display in the Windsong Deem
1.00-5.00	"Endangered	People and Children World Summit 2015" Presentations:		Posters will be on display in the Windsong Room
1:30-2:00		Endangered People and human Rights		Sunday, August 2 and Monday, August 3
2:00-2:30		Towards Healthy Families and Compassionate Values in Clinical Practice in Australia		
2:30-3:00		Evolving Beyond Tribalism and Terrorism: New Wine Reguires New		
		Wineskins		
3:00-3:30 3:30-3:50	BREAK	The Development of Tolerance		
3:50-4:20	Ditertit	The Boko Haram Saga: An Emerging Challenge for Psychologists		
4:20-4:50		Panel and Discussion		
4:50-5:00	Special Eve	Conclusion <u>mt</u> Radisson Admiral Hotel Lounge		
	7:00-9:00	_		
	7.00-9.00	WELCOME RECEPTION		
	Sunday	, August 2, 2015		Sunday, August 2, 2015
8:00-9:00	Continental B	reakfast and Registration		Windsong is available, when not scheduled, as a Readiness Room for presenters to prepare for their slides / PowerPoint/
9:00-9:30 9:30-10:15		Welcome and Orientation Keynote Address . Francis Mullen Award: International Contributions &		Windsong is also available for on-site discussions, shared interest
10:15-10:35		Service. The World We Want: How Psychology Can Contribute Resilience Promotion in the Elderly Using QIGONG Meditative		groups, area chair meetings, liaison meetings.
10:35-10:55		Movements How to Foster Adjustment to Health-related Problems among Individuals Low in Socioeconomic Status		9:00 InAbsentia Posters on display all day
10:55-11:25		Psychology and Global Challenges: How Can Organized Psychology Help?	1 C	
11:30-11:45 11:45-12:30	BREAK	Invited Address: How Psychologists Can Impact Issues on the Global	2	1130-1145 BREAK
12:30-1:15		Level at the UN Presidential Symposium: Globally Replicable Interventions to Solving	131	
		Invisible Problems of Our Time: Cross-Cultural Studies of Depression;	1.14	
1:15-2:30	LUNCH	Stigma and Culture	il i	1:15-2:30 LUNCH
2:30-3:15	LUNCH	Stigma and Global Issues	1.7	
3:15-3:35		Current Events in the United Nations:Activities of the Psychology		3:15-3:35 QI GONG Demonstration Mini-Workshop
3:35-4:10	BREAK	Coalition and Selected Sustainable Development Goals		3:35-4:00 Issues in Closing a Psychology Practice
4:10-4:30	BREAK	Stress, Coping and Adjustment among Canadian Military Cadets		
4:30-5:00 5:00-5:30		Influence of Cultural Intelligence in Consulting Denmark-Gunvald Award Address. Feminist Research & Service. DVD		Special Event: Small Group Dinners Plan Your Own: Past Presidents;
3.00-3.30	Special Eve	Deminar-Salina Awad Awad Autress. Terminis Research & Server. DVD nt: Small Group Dinners Plan Your Own: Past Presidents; Students; Interest Groups		Students; Interest Groups
		Monday, August 3, 2015		Monday, August 3, 2015
8:00-9:00 B				9:15-11:00 Incoming Board Meeting
9:00-9:15 9:15-9:35	Welcome	Mindfulness for Psychologists: Healing Yourself First		
9:35-9:55		Aboriginal and Western Health Perspectives: Implications for Mental		
0.55 10.15		Health Services in Canada Innovative Methods of Bruchological Influence on the Sematic and		
9:55-10:15		Innovative Methods of Psychological Influence on the Somatic and Psychosomatic Diseases		
10:15-10:35		Psychophysical Evidence for Early-Stage Holistic Processing of Facial		11:00 InAbsentia Posters on display all day
10:35-10:55		Emotions in Vigilant and Avoidant Copers The Role of Media and Technology in Psychological Treatment, Public		
10.33-10.33		Education, and Advocacy		11:45-12:05 Relationships Among Sense of Coherence, Gratitude and Well-
11:00-11:20	DDEAK	Relationship between IKIGAI and Healthy Eating Habits		Being           12:10-12:30         Dimensions of Globalization among Urban Indian Youth
11:30-11:45 11:45-12:30	вкеак	Longitudinal Perseverance: Significant Birthdays & Sustainable		· · · · · · · · · · · · · · · · · · ·
11.13 12.50		Solutions		1:15-2:30 LUNCH
12:30-1:00		Establishing Discipline Routines in the Home: The School Interface (SI)		1:15-2:30       LUNCH         2:40-3:00       The Relationship between IKIGAI, Sense of Coherence, and
1:15-2:30	LUNCH	Program		Social Support
2:30-3:45		ICP at the United Nations: Major Issues, Team Efforts and UN Intern		3:00-3:30 Why Can't Psychology Seem to Achieve Theoretical Unity? Look to Its Early History
3:55-4:10	BREAK	Program		
4:10-4:30	DREAN	Going Global by Going Virtual: Internationalizing Student Psychology		Special Note:
4-20 5-00	Special Barry	Organizations		2016 ANNUAL CONFERENCE COMMITTEE
4:30-5:00	Special Report	by the President of the Society of Psychologists of Ukraine: Psychological Rehabilitation of the Victims Affected by War in Ukraine		Drs. Machiko Fukuhara, Edit Nagy-Tanaka, and Director at Large Yoshiko Katou
				We, ICP, Inc., will be celebrating our 75th Annual Meeting and Convention next year in Japan.
5:00-6:00		ANNUAL MEMBERSHIP Meeting		Our convention will be held directly before the International Congress of Psychology which is called ICP2016. It is the International Union of Psychological Science's quadrennial congress.
.	Specíal Even	t		When and Where: July 24-29, 2016 in Yokohama, Japan
7:00-9:00 T	he 73 <sup>rd</sup> Confere	nce closing dinner is to be held at a nearby restaurant organized by Dr.		Theme: Diversity in Harmony: Insights from Psychology
		<b>Norma Simon.</b> Tickets may be purchased at the Registration Desk.		yy
		to the control reacts may be parenased at the registration Desk.		



Fouth Floor Radisson Admiral Hotel Toronto-Harbourfront, Toronto, Canada



249 Queen's Quay West Toronto, ON, M5K2N5 CANADA Radisson Admiral Toronto-Harbourfront

1 461 203 3333 1 800 967 9033 & DPI

### **Daily Program**

Saturday, August 1, 2015–Rain Dance

9:00-12:00	Outgoing B	Board Meeting: Rain Danc	ce Room, Continental Lunch
	Chair: Tar	a Pir, PhD., Outgoing Boa	ard President 2013-15
12:00-1:00	Lunch	Radisson Admiral-Harbo	purfront
1:00-5:00	Paper Sessi	ions:	
"ICP, Inc. Hu	ıman Rights	s Summit: Endangered Pe	ople and Children World Summit 2015"
1:00-1:30			Chair: Dr. Ann Marie O'Roark, Florida, USA PhD., President ICP, Inc. 1998-99, oourne, Australia
1:30-2:00		Endangered People	and Human Rights
			t Japanese Association of Mircrocounseling, va University, Director Psychoeducational Institute,
	Tokyo, .	Japan	
2:00-2:30	10.2	in Clinical Practice	A STREAM AND A STREAM
			nd Family Psychologist, Director, The Satir Centre
	of Aust	tralia, Australia	
2:30-3:00		<b>.</b>	balism and Terrorism:
	John Th	New Wine Requires	s New Wineskins cal Psychology, Seattle Pacific University, USA
3:00-3:30	JOIIII I III	-	ent of Tolerance
		-	cian in Psychological Medicine, Director, The Satir
3:30-3:50	Break		
3:50-4:20		•	Emerging Challenge for Psychologists
	Justina I Indies		Psychology. St. George's University, Grenada, Wes
4:20-4:50		<b>Panel and Discussant. Florence L. Denmark</b> , PhD., Pace Distinguished Research Professor, Pace University, New York City, USA	
4:50-5:00		Remarks. <b>Dr. Sandra E.</b> S	•
7:00 -9:00 PM	I WE	LCOME RECEPTION	ADMIRAL HARBORFRONT LOBBY

Sunday, August 2, 2015-Rain Dance

8:00-9:00	Continental Breakfast and Registration Fourth Floor Lobby			
9:00-9:30	Welcome and Orientation. Rain Dance Room Janet A. Sigal, Ph.D. ICP, INC. President-Elect; Emeritus, Fairleigh Dickinson U., Teaneck, New Jersey, USA			
9:30-10:15	Keynote Address:			
Chair: Janet Sigal, PhD., Emeritus, Fairleigh Dickenson U., Teaneck, New Jersey				
	<i>The World We Want: How Psychology Can Contribute</i> Florence L. Denmark, Ph.D. Pace University, NY, USA. ICP, INC. Francis Mullen Distinguished Contributions & Service to International Psychology 2014 Recipient: ICP, Inc. President 1987-88; APA President 1980			
10:15-10:35	35 Paper Presentations: Chair: Chok Hiew, Ph.D, Emeritus, U. New Brunswick, Frederickton, NB Canada			
Resilience Promotion in the Elderly Using				
	QIGONG Meditative Movements			
Chok Hiew, Ph.D., Professor Emeritus, U. of New Brunswick, Frederickton, Canada				
10:35-10:55	ICP, INC. President 2007-08, Energy Medicine in the West: Tao of Healing Golden Path			
10.33-10.33	How to Foster Adjustment to Health-related Problems Among Individuals Low in Socioeconomic Status			
Ŷ	Cecilia Cheng, Ph.D., University of Hong Kong, CHINA			
	Saloni Atal, Ph.D., University of Hong Kong, CHINA			
10:55-11:25	Psychology and Global Challenges: How Can			
	Organized Psychology Help? Merry Bullock, PhD, Director, Office of International Affairs, American Psychological			
	Association (APA). Washington, DC. USA			
11:30-11:45	BREAK			
11:45-12:30	Invited Address			
Chair: Florence L. Denmark, Ph.D., Pace U., NY, NY USA				
	How Psychologists Can Impact Issues on the Global Level at the UN			
12:30-1:15	Janel Gauthier, Ph.D., President 2014-18, International Association of Applied Psychology(IAAP); Professor of psychology at École de psychologie, <u>Université Laval</u> , Quebec; Chairman, Canadian National Committee of Psychology; IUPsyS Committee Chair for development of <i>Universal Declaration of Ethical Principles for Psychologists</i> . <i>ICP, INC. President's Annual Presentation</i>			
	"Globally Replicable Interventions to Solving Invisible Problems of Our Time"			
	Chair: Tara Pir, Ph.D. President, International Council of Psychologists. Inc.; Director,			
	Institute of Multicultural Counseling and Educational Services(IMCES),			
	Los Angeles, CA, USA			

	Paper Session:
12:30	Cross-Cultural Studies of Depression
	Marc Borkheim, PhD., Research Coordinator, Supervisor, Institute for MultiCultural
	Counseling and Education Services, Inc. (IMCES), Los Angeles, CA, USA
12:45	Stigma in the Context of Culture
	George Gharibian, PhD., Postdoctoral Resident, Institute for MultiCultural
	Counseling and Education Services (IMCES), Los Angeles, CA, USA
1:00-1:15	Legal advocacy/intervention
	Ardalan Zamani, Esq., Attorney at Law and Marine Jukubowski, PsyD., Doctoral Intern,
	Faculty, Institute for MultiCultural Counseling and Education Services (IMCES), Los
	Angeles, CA, USA
1:15-2:30	LUNCH
2:30-3:15	Symposia and Paper
	Chair: Janet A. Sigal, Ph.D. Emeritus, Fairleigh Dickinson U., Teaneck, NJ,USA
	Symposia:
	Stigma and Global Issues
	Janet A. Sigal, Ph.D., Emeritus, Fairleigh Dickinson U., Teaneck, NJ,USA
	Florence L. Denmark, Ph.D., Professor, Pace U., NY, NY, USA
	Emily A. A. Dow, Ph.D., Loyola U., Baltimore, Maryland, USA
3:15-3:35	Paper:
	Climate Change and Coastal Cities:
	From Mitigation to Resilience
	Peter Walker, PhD. Environmental Psych., New Col. & Hofstra U., NY, NY, USA
3:35-4:10	BREAK
4:10-4:30	Paper Session
	Chair: Ann Marie O'Roark, PhD., Private Practice Consultant: Management &
	Leadership Development, St. Augustine, Florida USA
	Stress, Coping and Adjustment
	Among Canadian Military Cadets
	Paul M. Kohn, PhD., Professor Emeritus and Senior Scholar, Faculty of Health, Keele
	Campus, York University, Toronto, Ontario, Canada
4:30-5:00	Influence of Cultural Intelligence in Consulting
	Elisa Margaona, PhD., Emeritus Director, Institute of Higher Studies & Research, Mexico
	City, MEXICO. ICP, INC. PRESIDENT 1987-88; President, Mexican University for Women, 1970-77

#### 5:00-5:30 Award Address

ICP, INC., FEMINIST RESEARCH AND SERVICE 2015: *Denmark-Gunvald Award* **Chair: Tara Pir, PhD**., Director IMCES, Los Angeles, CA USA; with Nancy Quatrano, On-Target Words,LLC and ICP, Inc. Banking & Records Manager, Hastings, FL USA *A DVD SCREENING: Dr.Yoder Discusses Her Research* 

Jan Yoder, PhD., Professor, Counseling Psychology, U. of Akron, Akron, Ohio, USA. 2006 Heritage Award for Distinguished, Longstanding, and Substantial Contributions to Feminist Teaching; Author: Yoder, J.D. (2013). *Women and gender: Making a difference* (4<sup>th</sup> ed.). Cornwall- on-Hudson, NY: Sloan Publishing.

Sunday, August 2-Windsong Room

#### 8:00-9:00 Continental Breakfast and Registration Fourth Floor Lobby

**NOTE:** When a program is not announced, Windsong may be used as a Readiness Room for Presenters, Informal Discussions, or Meetings of Area Chairs, Liaisons, Interest Groups.

9:00-5:00 InAbsentia Posters will be on display in the room all day

#### 3:15-3:35 ICP, INC. Mini Workshop

Chair: Chok Hiew, PhD., Emeritus, U. New Brunswick, Frederickton, Canada Cosoc & DP

1	<b>QIGONG Demonstration</b> Chok Hiew, Ph.D.				
Y	Tao of Healing: The Incredible Golden Light (Hiew, C., 2000)				
4:10-4:30	Paper Session				
	Chair: Joshua Wright, Graduate Student, Western Ontario U., London, Ontario Issues in Closing a Psychology Practice				
Michigan, US	Elizabeth Bishop, PhD., Independent Practice: Arbor Psychological Consultants, Ann Arbor, A. Adj. Faculty, Union Grad. School, ICP, INC. Forensic Research Interest Group Coordinator.				
EVENING: Plan Your Own "Special Event" A Time for Small Group Dinners Past Presidents; Students; Interest Groups, New Colleagues					
	Monday, August 3, 2015 – Rain Dance				
8:00-9:00	Continental Breakfast and Registration Fourth Floor Lobby				
9:00-9:15	Welcome: Rain Dance Room Janet A. Sigal, Ph.D., Incoming President, Fairleigh Dickinson, Teaneck, NJ, USA				
9:15-9:35	PAPER SESSION Chair: Chok Hiew, PhD., Emeritus, U. New Brunswick, Frederickton, Canada				
	Mindfulness for Psychologists: Healing Yourself First Jennifer Boyce, Ph.D., Get In Flow Consulting, Toronto, ON Canada				

9:35-9:55	Aboriginal and Western Health Perspectives:
	Implications for Mental Health Services in Canada
	Josephine Tan, Ph.D., Lakehead Umoversity, Canada
9:55-10:15	Innovative Methods of Psychological Influence on Somatic and Psychosomatic Diseases
	Kocharyan Oleksandr, Ph.D., Karazin Kharkiv National University, Ukraine Nadiya Burmaka, Ph.D., National Ukrainian League of Psychotherapy, Psychosomatic and Medical Psychology, Ukraine
10:15-10:35	PAPER SESSION Chair:Dr. Justinia Aire, Director of Psychology Program, St. George University, Granada
	Psychophysical Evidence for Early-Stage Holistic Processing of Facial Emotions in Vigilant and Avoidant Copers Michael Wesner, Ph.D., Lakehead University, Canada
10:35-10:55	The Role of Media and Technology in Psychological Treatment, Public Education, and Advocacy Rehman Y.Abdulrehman, Ph.D.,University of Manitoba, Canada
11:00-11:20	Relationship Between IKIGAI and Healthy Eating Habits         Yoshiko Kato, Ph.D., Kobe University, Japan         Tomoko Fujitani, Kobe University, Japan         Ami Kojima, Shiga Prefectural University, Japan         11:30-11:45
11:45-12:30	Paper Session: "Longitudinal Perseverance: Significant Birthdays and Sustainable Solutions"
	Chair: Ann Marie O'Roark, PhD., Independent Practice Consultant: Management and Leadership Development, St. Augustine, Florida USA
	A Centennial: The First 100 Years of Consulting Psychology in APA 1915-2015
	Ann Marie O'Roark, PhD., Independent Practice Consultant, St. Augustine, FL USA
	Congratulations from Japan on APA's 100 <sup>th</sup> Year of Defining Consulting psychology And
	An Invitation to Celebrate Next Year's 75 <sup>th</sup> anniversary of ICP, Inc. In Yokohama Japan
	Machiko Fukuhara, PhD, Professor Emeritus, Tokiwa University, President Japanese Association of MicroCounseling, Tokyo, JAPAN
Preparing	for the ICP, Inc. 75 <sup>TH</sup> JUBILEE: Reflections on ICP INC's 50 <sup>th</sup> , Golden Anniversary: Looking Across the Recent 25 years
	Harold Takooshian, PhD., Professor Fordham U., Coordinator ICP INC. 75 <sup>th</sup> , Diamond Jubilee Planning, New York, USA

#### 12:30-1:00 **PAPER**

Chair: Tara Pir, PhD., President, International Council of Psychologists. Inc.; Director, Institute of Multicultural Counseling and Educational Services(IMCES), Los Angeles, CA, USA

#### Establishing Discipline Routines in the Home: The School Interface (SI) Program

Marc Borkheim, PhD., Faculty, Institute for Multi-Cultural Education Services (IMCES). Los Angeles, California USA

1:15-2:30 **LUNCH** 

#### 2:30-3:45 **SYMPOSIUM**

#### ICP at the United Nations: Major Issues, Team Efforts and ICP UN Intern Program

**I. Introduction: Chair: Florence Denmark, PhD.,** Main Representative to UN NGO & DPI, ICP, Inc., Pace U, NY NY USA

A. Team

B. Interns

II. Welcome: Janet Sigal, Ph.D, ICP President Elect. Fairleigh Dickenson U, retired, USA

III. Introduction to MDGS and SDGS: Norma P. Simon, EdD. ICP, Inc. UN Representative; Retired-Staff
 Psychologist, Stop Abuse Family Environment (SAFE), Psychological Center. Pelham Manor, NY USA
 IV. Discussion of Specific SDGS of Most Concern to Psychology and PCUN: Peter Walker, PhD.,
 Environmental Psych., Ret'd, New Col.&Hofstra U., NY, NY, USA

V. Importance of Psychology Day at the UN: Richard S. Velayo, PhD., Professor, Pace U., USA
VI. Briefings and Meetings of NGO Committees-Interns: Joshua D. Wright. MA., PhD., Student, U.
Western Ontario, London ON CANADA. "One Year After: How I've Used It and How It's Helped"
VII. Wrap Up: Florence Denmark, Ph.D

4:20-4:30 **BREAK** 

4:30-5:00 **Paper** 

Chair Richard S. Velayo, PhD., Professor, Pace U., NY, NY USA

#### Going Global by Going Virtual: Internationalizing Student Psychology Organizations

Richard S. Velayo, PhD., and Sonia Suchday, PhD., Pace U., NY, NY USA

UKRAINE speaker unable to attend at the last minute. Session cancelled.

5:15-6:00 ANNUAL ICP, Inc. Membership Meeting, Chair: Outgoing President Tara Pir, PhD., IMCES, Los Angeles, CA USA

Awards, ICP: Japan 2016; Member Suggestions



- 8:00-9:00 Continental Breakfast and Registration Fourth Floor Lobby
- 9:15-11:00 Incoming Board Meeting. Windsong Room Chair: Incoming President Janet Sigal, PhD., Emeritus, Fairleigh Dickinson U., Teaneck, NJ USA Incoming and Outgoing Board members receive voting privileges. Board Meetings are open for all to attend.
- 11:05 5:00 InAbsentia Posters are on display

#### 11:45-12:05 **PAPER SESSIONS**

Chair: Yoshiko Kato, PhD., Professor, Kobe U., Kobe. JAPAN

Relationships Among Sense of Coherence, Gratitude and Well-Being

Tomoko Fujitani, Kobe University, Japan Ami Kojima, Shiga Prefectural University, Japan Yoshiko Kato, Ph.D, Kobe University, Japan

- 12:10-12:30 *Dimensions of Globalization among Urban Indian Youth* Sonia Suchday, PhD., Pace University, NY, NY USA Richard Velayo, PhD., Pace University, NY, NY USA
- 1:00- 2:30 **LUNCH**

	2:40-3:00	PAPER	SESSIONS
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Chair: Richard S. Velayo, PhD., Professor, Pace U., NY.NY USA

- *The Relationship Between IKIGAI, Sense Of Coherence, and Social Support* Ami Kojima, Shiga Prefectural University, Japan Tomoko Fujitani, Kobe University, Japan Yoshiko Kato, PhD., Professor, Kobe University, Japan
- 3:00-3:30 Why Can't Psychology Seem to Achieve Theoretical Unity? Look to its Early History Christopher Green, Ph.D. Professor, York U, Toronto, ON Canada



ICP 73<sup>rd</sup> Annual Conference in Toronto, Canada August 1-3, 2015

"Psychological Contributions to Solving Problems in the 21st Century"



# ABSTRACTS

#### THE ENDANGERED PEOPLE AND CHILDREN HUMAN RIGHTS WORLD SUMMIT

#### August 1, 2015

#### "Endangered People and Human Rights"

By Professor Machiko Fukuhara, Tokiwa University, (Japan)

In order to maintain human rights, all people should recognize and accept similarities and differences among them. Borrowing from the words of Socrates, "I am not an Athenian or a Greek, but a citizen of the world" we know that this concept has existed for many centuries. It is at the core of what ICP, Inc. has always stood for. In addition, George Bernard Shaw said, "The worst sin toward our fellow creatures is not to hate them, but to be indifferent to them: that's the essence of inhumanity." Today in Japan one of the most serious problems is the gap being created between so called wealthy persons, and the middle class and poor. This is not only a problem of rich or poor in terms of property and/or income. Unless people see others in a positive light, and speak out in favor of reformation for social and economic structures for the sake of individual rights, this negative circle will not be corrected. All people have to be proactive in order for human rights to be recognized so that all individuals will be able to express themselves. They must not have to live under inhumane conditions and without the right of protecting their well-being.

#### "Towards Healthy Families and Compassionate Values in a Clinical Practice in Australia" By Dr. Sandra E.S. Neil, PhD, MA, BEd, BA, FAPS (Australia)

The strength and power of a country depends squarely on the quantity and quality of good men and women in it. In Australia there is a cultural tendency towards equality, but this is achieved by rejecting the "tall poppy" to reduce status; and by glorifying the underdog to increase status. As each overpowers the other, a web of truth and lies involving both sides ensues. In families, there is a precarious balance because peace within the family, between families, and amongst family members is overturned. This occurs when the natural cooperation is superseded by competition. An antidote to unhealthy competition, aggression, violence, and war is to recognize that the family is a microcosm of the world. Therefore the world is strengthened, by strengthening families. What can we do as therapists and family psychologists do understand and heal the wounds of past generations? How we can learn to triumph over past tragedies? Also, for our future generations, how can we understand unconscious and conscious patterns in families so that our grandchildren and great grandchildren can live with compassion and love in their hearts? This address will speak to these questions.

#### "Evolving Beyond Tribalism and Terrorism: New Wine Requires New Wineskins"

By Professor John Thoburn Ph.D., A.B.P.P. (USA)

The presentation will speak to tribalism and terrorism from an evolutionary psychology perspective and will make an appeal for a moral approach to differentness. From the perspective of the selfish gene theory, tribalism arises out of an innate primatical pressure to get one's DNA into the next generation, requiring the husbanding of resources and the development of a sense of territoriality. Territoriality refers to a sense of ownership over resources including land/food and mating pools. Ownership implies a sense of inclusiveness and exclusiveness; those in one's gene pool group are included in matters of territory and those outside one's gene pool are excluded. Globally, the world has become more homogenous racially, ethnically and linguistically, but this has only created larger pools of inclusion and exclusion. The world has divided itself into East versus West, Judeo-Christian versus Muslim, English speaking versus non-English speaking, etc. Terrorism is a sophisticated form of patrolling and guarding territory and simply works in the service of tribalism. Curbing tribalism and terrorism will require movement away from the pressure of the selfish gene toward a moral humanism, where decisions on inclusion and exclusion and exclusion are based not on evolutionary constraints, but on moral choice. Unlike any other primate, humans have the ability to make moral choices including the choice to be unselfish and inclusive.

### "The Development of Tolerance" MNGO Consultative Status ECOSOC & DPI



By Dr. Robert L Silverberg M.D., BS, BA, FAAFP (Australia)

Human beings, like all primates, generally react to external change through defensive behaviours. This is because, as Satir alluded to, in defensive coping, the familiar is more powerful than the new, even if the new would be more advantageous. Tolerance is a recognition and respect for beliefs and practices that are new to the person. This does not require participation in these beliefs and practices. Tolerance for difference is a developmental marker of a universally human ability which generates reverence, recognition and positive reception of alternative styles of human individual, cultural, and societal existence. Causes of intolerance include prejudicial thinking and social bias, lack of education, anxiety about the unfamiliar, fear of change, stress, and projection of blame. Tolerance is promoted by correcting the above conditions by familial, cultural, and societal influence. Policy changes by governments are both a cause and result of changes within families and individuals. The universal experience of being human recognized that human beings, obviously dissimilar in their appearance, social and political circumstances, language, actions and beliefs allows for awareness of human rights, celebration of diversity, and equality of personhood.

#### "The Boko Haram Saga: An emerging challenge for Psychologists"

By Professor Justina E. Aire, St George's University, Grenada, (West Indies)

The colonization and Balkanization of Africa created arbitrary national boundaries, separated linguistic groups and/or combined disparate groups. The British colonial power created both the Northern and Southern Protectorates of Nigeria. The animist South was largely converted to Christianity and western education, while the Northern protectorate, mainly Islamic, accepted mainly Arabic and Islamic education. The disparate territories were later, in 1914, amalgamated to form the modern Nigeria. This

sowed the seed of social, religious and political upheaval and instability that have lingered and bedeviled the country. The age-old struggle for political power between the north and the south has led to unorthodox political machinations and methods of obtaining power. Thus, desperate politicians recruit political thugs from the large number of uneducated and unemployed adolescents and young adults, who abound, especially in the north. These unfortunate young men become ready tools in the hands of political extremists. It is speculated that this, partly, led to the formation of Boko Haram (No Western Education) with global terrorist groups, such as Al Qaeda, ISIS, etc., providing them financial assistance and materials. Boko Haram has thus metamorphosed into its present virulent form. Women and children, indeed everyone caught in this onslaught become potential victims of Learned Helplessness; a challenge to Psychologists and The Endangered People and Human Rights. Culturally relevant and universally acceptable suggestions for action shall be proffered and discussed.

#### SUMMARY AND PANEL DISCUSSION

DISCUSSANT: Emerita Professor Dr. Florence L. Denmark (USA) ICP World Summit Chair – Dr Sandra E.S. Neil (Australia)

#### **Panel Members:**

Dr. Matchiko Fukahara, Professor Emerita in Counseling/Clinical Psychology, Tokiwa University, Mito City (Japan)

Dr. Sandra E. Neil PhD, MA, BEd, BA, FAPS, Clinical and Family Psychologist (Australia) Professor John Thoburn PhD, ABPP, Department of Clinical Psychology, Seattle Pacific University (USA)

Dr. Robert L. N. Silverberg MD, BS, BA, FAAFP, Physician in Psychological Medicine (Australia). Professor Justinia E. Aire, Ph.D., Professor of Psychology, St. George's University, Grenada (West Indies)

The Discussant will summarise and comment briefly on the presentations.

Sunday, August 2, 2015 (In Chronological Order) Rain Dance Room

#### The World We Want: How Psychology Can Contribute Keynote Address and Francis Mullen Award for Distinguished Life Contributions in Pioneering International Psychology Address Florence L. Denmark, Ph.D.

Of course we want a world that's peaceful and where people live without poverty, racism, ageism, sexism, and classism. Unfortunately, psychologists can't wave a wand and create such a world overnight. However, psychologists and, in particular, ICP members can help make the world a better place. In addition to treating individual patients, we should get involved with social justice issues. The world is getting smaller, and we should reach out to other psychologists, sharing ideas and collaborating on research. Speaking out and writing are important ways to help point out ways to combat negative "isms." For example, many people, including psychologists, may not recognize that older persons need to be involved in the decisions affecting their lives. We can help by making sure older persons are not isolated,

helping them be part of the world around them, and recognizing abuse when it occurs. We should extend psychological research and knowledge to underserved populations and help overcome health disparities. Adapting psychotherapy based on culture would be important here. Knowledge and sharing are ways psychologists can contribute to make the world a better place.

#### **Resilience Promotion in the Elderly Using Qigong Meditative Movements**

Chok C. Hiew, Ph.D.

Resilience is the innate capacity to overcome adversities and rebound back to health. The elderly population faces many health challenges and need much support to enhance their natural resilience and recover from their physical, mental and emotional maladies. Meditative movements training, such as qi gong, is a biofield modality that have been documented to effectively restore wellness and wellbeing among the elderly. The objective here is to investigate whether nursing home residents (n= 57, in Indonesia) who received qigong training (12 one-hour sessions, 3 times a week) had higher resilience scores as measured by the trait and state resilience scales (developed by Hiew, 2000). The first part of this session is focused on the resilience data collected after training on the elderly sample and evidence of the health benefits. The remaining time is experiential, where I will introduce the practice of whq--a form of qi gong that was used to train the elderly patients.

#### How to Foster Adjustment to Health-Related Problems among Individuals Low In Socioeconomic Status? Proposal of a New Social-Cognitive Model



Cecilia Cheng, Ph.D. Saloni Atal, Ph.D.

Individuals low in socioeconomic status are generally found to have poorer health than those high in socioeconomic status across countries worldwide. As socioeconomic status influences health for all strata of socioeconomic status, this is not likely to be due to environmental factors, such as poor living conditions, per se. The present study examined socioeconomic status disparities in coping flexibility and psychological adjustment to health-related stressors in two Asian countries: Hong Kong and India. According to our newly proposed social-cognitive model, a major premise is that the social context can shape an individual's thoughts, feelings, and behaviors. This model puts forward that individuals low in socioeconomic status generally encounter more life stressors, but the availability of external resources is more uncertain and contingent upon some environmental constraints. These individuals are proposed to be characterized by a contextualized attributional style that fosters greater sensitivity to situational demands. Coping flexibility may serve as personal resources that may supplement the lack of external resources by facilitating psychological adjustment for individuals low in socioeconomic status. In contrast, individuals high in socioeconomic status can access to more external resources, and thus they may be characterized by a solipsistic attributional style that orients towards a sense of personal control and mastery. These individuals may be more likely to adopt an active inflexible coping style.

#### Psychology and Global Challenges: How Can Organized Psychology Help?

Merry Bullock, Ph.D.

A major theme of international and regional conferences over the last several years has been to call on psychologists to work together to address global challenges. From the 2012 ICP (Cape Town- theme Psychology Serving Humanity) to the 2014 International Congress of Applied Psychology (Paris – theme

From Crisis to Sustainable Well-being) to the current ICP, we are explicitly asking how psychology can address global challenges. This focus is supported by reports addressing the role of psychology in such issues as climate change, trafficking, migration, and poverty, and by sustained attention to these issues in psychology's involvement at the United Nations. This presentation will review some of the many resources available to psychologists through their professional associations, and will address the role that organized psychology can play in fostering effective involvement in activities to address global challenges.

#### How Psychologists Can Impact Issues On the Global Level at the UN

Janel Gauthier, Ph.D.

Politics has tremendous influence on how we define what is virtuous, what is ethical, and what is considered to be the rights of being human. Yet, the connections among these four components (politics, virtue, ethics, and human rights) are largely unspoken and frequently go unacknowledged. The objective of this presentation is to explore the role of politics in fostering or in hindering the positive interactions of virtue, ethics and human rights. Understanding how these components interact is vital in promoting happier more productive lives for persons and peoples in a world of diversity. My comments will be organized around four questions: (a) How do politics influence the creation and the interpretation of human rights documents? (b) How do politics and human rights have in common in guiding moral behaviors and where do they differ? (d) How do we combine the best of politics with virtue, ethics, and human rights in achieving a better life for all persons and peoples?

#### Invited Presidential Address and Symposium: Globally Replicable Interventions to Solving Invisible Problems of Our Time Tara Pir, Ph.D., Symposium chair

The Institute For Multicultural Counseling And Education Services, Inc. (IMCES) is a community clinic designed to contribute to the wellness of our community in a variety of domains including: direct service delivery to culturally and linguistically diverse underserved communities; workforce development with an APA-accredited clinical training program for doctoral interns in psychology, as well as other mental health professionals; and conducting ongoing research with the aim of identifying and promoting best interventions, connecting "theory with practice." This symposium is designed to present three of IMCES's innovative interventions as a response to major issues related to mental health service delivery in our local and global communities. These research projects were designed and directed by Dr. Tara Pir.

#### **Cross-Cultural Studies of Depression**

Marc Borkheim, Ph.D.

Depression has been recognized as a global burden of disease by the world health organization (who). The aim of this study is to investigate representations of clinical depression (as defined by the icd-10) made cross-culturally and to identify indigenous best practices, replicable on a global level. In addition to providing information key to the treatment of depression cross-culturally, this research aims to understand sources of stigmatizing attitudes which continue to foster the worldwide epidemic of depression. This year we conducted a study recording attitudes about depression made by clients receiving mental health treatment at our community clinic. The wide

range of ethnicities of our client population makes it possible to obtain a rich sample of ethnic perspectives.

#### Stigma in the Context of Culture

George Gharibian, Ph.D.

Stigma as it relates to mental illness has been a major barrier to both identifying and accessing services. Self-stigma and community-stigma impact the health and wellbeing of our society. Even in America, one in four is living with mental illness. Many will not seek help due to fear of stigma and discrimination.

At IMCES, we recognize the fact that we are living in an ever changing environment. In order to demonstrate our responsiveness to the needs of both individuals and community, we conduct ongoing research and surveys aimed at assessing needs. In order to better understand the cultural sources and influences of stigma as it relates to mental illness, Dr. Pir designed a survey with the aim of understanding the influence of our cultural prism on the development of stigma as it relates to mental illness. The survey reflects our belief that individuals are both influenced by and are influencing their environment. Specifically, we create the road to change by asking in what way the survey respondents would recommend we change the stigma associated with mental illness and promote mental health awareness.

The results of the survey have been analyzed by our research group, including postdoctoral residents and doctoral interns to develop and refine outreach and educational efforts and interventions, as well as to promote the health and wellness of our communities.

#### Legal Advocacy/Intervention

Ardalan Zamani, Esq., Attorney at Law Marine Jakubowski, Psy.D.

Reaching recovery goals and preventing recidivism by including legal aid as a part of treatment plans for ethnically diverse underserved clients with mental health challenges.

Stigma and Global Issues Janet A. Sigal, Ph.D. Florence L. Denmark, Ph.D. Emily A. A. Dow, Ph.D.

Negative attitudes in a variety of forms and spheres, may lead to stigma and discrimination. Link and Phelan (2001) developed a model of stigma which begins with individuals labeling others as different; labeled persons are associated with negative stereotypes and placed in the category of "them" vs. "us;" and discrimination may follow. In this symposium, Janet A. Sigal will discuss the stigma of mental illness which is a global problem with major negative consequences. One significant effect of stigma and self-stigma, is the affected individual's reluctance to seek help for symptoms of mental illness. Florence L. Denmark suggests that youth oriented societies stigmatize ageing in general, but particularly older women. Ageing stereotypes originate prior to old age. In middle and later years, there is a stereotype that individuals will experience deteriorating life satisfaction and lowered physical well-being, although there is empirical evidence that older years may be productive and contented. Emily A. A. Dow will discuss the stigma of incarceration and the effects of this stigma, particularly on women globally.

#### Current Events at the United Nations: Activities of the Psychology Coalition and Selected Sustainable Development Goals

Peter Walker, Ph.D.

The presentation discusses the formation and activities of the psychology coalition at the United Nations (pcun, <u>http://psychologycoalitionun.org/</u>) and highlights selected sustainable development goals (SDGs, <u>https://sustainabledevelopment.un.org/sdgsproposal</u>) where psychosocial interventions maybe applied.

#### Stress, Coping and Adjustment among Canadian Military Cadets

Paul M. Kohn, Ph.D., York University (Canada) Ilona Kolis, York University (Canada) Stephanie A. H. Belanger, Royal Military College (Canada) Sara A. Hill, Royal Military College (Canada)

Both goodness of fit theory and supporting evidence indicate that which specific coping style works best depends on characteristics of the stressors, notably their controllability (.e.g. Forsythe & Compas, 1987; Conway & Terry, 1992; Ben Zur, Yagil & Oz, 2005). Accordingly, Kohn (1996) developed the concept of dispositional adaptive coping and a corresponding measure, the Personal Functioning Inventory (Kohn, O'Brien-Wood, Pickering & DeCicco, 2003). Adaptive coping is seen as comprising the combination of sound judgment as to the controllability of stressors and how best to deal with them; determination to act on one's best judgment; and emotional self-control to minimize unnecessary distress and avoid counterproductive reaction. Kohn and Filardo's data (2003) supported a model in which adaptive coping decreased both exposure to daily hassles and evaluation of their severity as well as directly affecting mental-health outcomes.

Accordingly, this study tested a path-analytic model on the effects of three variables on adjustment among military cadets. The three predictors of adjustment were hassles, negative major life events and adaptive coping style. The study dealt with four kinds of adjustment: personal/emotional, social, work (academic and military) and institutional (the military college and the military).

The model tested makes the following assumptions:

1) Adaptive coping improves personal, social and work adjustment.

2) Hassles impair personal, social, work and institutional adjustment.

3) Adaptive coping decreases and major life events increase reported hassles.

4) The errors for personal, social, work and institutional adjustment all intercorrelate positively. (This implies that these variables share the same or correlated predictors not represented in the present model.)

The participants were 119 officer cadets at Royal Military College in Canada, 93 men, 25 women and one person of undisclosed gender with a mean age of 22.14 (SD = 4.92). They responded either online or on paper to the following measures: the Personal Functioning Inventory (PFI), a measure of adaptive coping; the List of Threatening Experiences (LTE), a measure of negative major life events; the Inventory of Cadets' Recent Life Experiences (ICRLE); and the Cadets' Adjustment to Royal Military College Questionnaire (CARMCQ). The PFI (Kohn et al., 2003) and LTE (Brugha, Bebbington, Tennant & Hurry, 1985) were previously validated. The ICRLE and CARMCQ were constructed specifically for this study.

Except for the LTE, all measures showed acceptable reliability, ranging from .83 for the Work Adjustment subscale of the CARMCQ to .94 for ICRLE. (There is little reason why exposure to major life events like bereavement and criminal victimization should so intercorrelate as to make the LTE a reliable measure.)

The model showed acceptable fit to the data: Chi-square (7) = 12.328, p = 0.09; CFI = .991; and SRMR = .0542. Furthermore, most of the squared multiple correlations for endogenous variables were reasonably

high: .32 for hassles; .63 for personal adjustment; .50 for work adjustment; .16 for social adjustment; and .14 for institutional adjustment.

Adaptive coping and hassles exposure seem notably important in the adjustment of cadets, personal, social, work-related and institutional. In practical terms, the implication is that selection and training should attempt to maximize adaptive coping and keep hassles exposure within reasonable limits.

#### Influence of Cultural Intelligence in Consulting

Elisa Margaona, Ph.D.

Understanding the impact of culture is essential in a consultant. Cultural intelligence represents the ability to understand the beliefs, values, attitudes, and behaviors to be able to achieve specific goals. This paper refers to: (1) A company from the United States with negative results in Argentina had selected their top executive locally on the basis of his social standing, not adequacy for their objectives; (2) the second case occurred in Brazil, an American company with Brazilian personnel. There was a rejection of ideas and procedures that came from North America while European influence was very well accepted; (3) the third case was in Colombia. Organizational effectiveness was achieved with training in all levels. Cultural values of different counties and cities all over the country were included in the programs; (4) fourth case: Chile, with a faster rate of development and economic growth than any country in Latin America. A distinctive cultural difference was found in the executive level. They rapidly adapted ideas presented and were fast in making decisions. (5) The fifth case is in Mexico.

Questionnaires have being developed and standardized during half a century. Revaluation has continued over so many years due to a high personnel turn-over; in some zones it reaches 120% a year. Turn-over is analyzed from the cultural approach. (6) In Peru, a chain of stores owned by a Chinese family, ordered a training program. Top executives of the Chinese family participated in the programs, with their cultural ideas. In international work, economic and cultural differences have to be considered. A consultant should not work in a country he is not familiar with, at the risk of making the wrong assumptions and therefore giving the wrong advice.

Sunday, August 2, 2015 (In Chronological Order) Windsong Room

Mini Workshop on Wisdom Heart Qi Gong

Chok C. Hiew, Ph.D., Professor, University of New Brunswick (RET), Fredericton, NB, Canada

Wisdom Heart Qi Gong: Qi Gong is a traditional therapeutic mind-body practice to achieve a relaxed and harmonious mind-body state of well-being allowing the person to enjoy and sustain a life of vitality, vigor, and serenity. Wisdom Heart Qi Gong involves more than just learning the prescribed gentle movements, physical breathing, and detachment from thoughts processes. To experience the essence of *qi* flow and its resultant healing effects, it is essential to train the person's skill to sense one's physical body and to harness, feel and spread the radiant heart energy flowing to every part of the head, torso and limbs. Workshop participants have expressed experiencing a sense of serenity and wellbeing feeling the elevated

electromagnetic qi flow, body temperature, heightened relaxation and respiration. There is often a rapid relief of pain, fatigue and sleeplessness overnight. The practitioner experiences what it feels like to be in a harmonious and coherent state of wholeness, in which the enhanced qi flow unifies heart, mind and body. Researchers have documented that Qi Gong regulates the heart beat or rhythm, normalizes blood pressure and pulse rate as well as the enhancement of the immune system and vital organs functioning. Qi Gong is a self-care practice and is a complementary form of Eastern medicine that can promote resilience, slow the aging process, and extend longevity.

#### **Issues in Closing a Psychology Practice**

Elizabeth S. Bishop, Ph.D.

Based on personal experience, this paper summarizes points to consider in closing a psychology practice or small clinic after more than 20 years. There are legal, clinical, ethical, financial, and psychological issues which must be addressed. The process is likely to take close to a year to complete. Various guidelines and references are available but there is much less information about closing a practice than about opening a new private practice.

Monday, August 3, 2015 (In Chronological Order) Rain Dance Room

e Status ECOSOC & DPI



#### Mindfulness for Psychologists: Healing Yourself First Jennifer Boyce, Ph.D.

Psychologists are so busy attending to the well-being of others, that they can neglect their own well-being. There has been much psychological research on mindfulness as a therapeutic tool for clients. For the purposes of this symposium, the focus is on how psychologists can integrate mindfulness practices into their lives in order to enhance their own well-being. Cultivating a practice of mindfulness allows the psychologist to be present for her/himself which in turn creates more presence in the therapeutic relationship. I will review the scientific research on mindfulness and its effectiveness particularly as it pertains to health care professionals. In addition, I will lead participants through a mindfulness practice that they can use in their everyday lives.

#### Aboriginal and Western Health Perspectives: Implications for Mental Health Services in Canada

Josephine C. H. Tan, Ph.D.

Western models of mental health tend to be individualistic, reductionistic, and driven by empiricism and hard data. When applied to clients of ethnic backgrounds or who live in non-western countries, these models are often modified to accommodate cultural differences that might inform diagnostic, assessment, and therapeutic activities. Nevertheless, these models are still framed within a primarily western view and might not be appropriate for use with the Canadian aboriginal peoples who have experienced widespread disruption to their culture and societies arising from attempts to assimilate them into the mainstream western society. There is increasing recognition that aboriginal worldviews and conceptualization of mental health are different from western models of mental health in that they are holistic and multidomain. Correspondingly, there is heightened appreciation that the mental health of many Canadian aboriginal peoples, especially those who live in the north, are strongly linked to their cultural continuity and traditional healing practices. Many mental health professionals who work with aboriginal clients thus face the difficulty of reconciling their services that are based on western scientific principles with aboriginal views and healing practices. This presentation will discuss differences in aboriginal and western health perspectives and how both might be integrated in mental health service delivery.

#### Innovative Methods of Psychological Influence on the Somatic and Psychosomatic Diseases

Kocharyan Oleksandr, Ph.D. Nadiya Burmaka, Ph.D. 1981 UN NGO Consultative Statu

The problem of the study: Among the psychotherapeutic phenomena demonstrating its undoubted effectiveness, there are those that are difficult to conceptualize. Such is the phenomenon of a.kashpirovsky. The aim of this study is objectification of the results of telepsychotherapy of a.kashpirovsky. Its revitalizing effect is based, as theoretically grounds the author, on the mechanism of activation of the memory matrix norm. Method. Video interviews, questionnaires, methods of nonparametric statistics ( $\varphi$ -angular conversion fisher criterion, u-Mann Whitney). Results: The investigation involved 325 people of each locality of Yampol district Vinnytsia region (Ukraine), who participated in the viewing of psychotherapeutic telesessions in 1989. The sample control included 250 people. The criteria for the analysis were: 1) the presence of changes in health indicators: improving health and well-being; the absence of changes; negative consequences; unexpected results; 2) attitude to the telesessions; belief in recovery; belief in the effectiveness of the therapy of a.kashpirovsky; 3) the presence of specific feelings and senses in body; mood changes after the telesessions; 4) the duration of the medical effect. Conclusions: Recovery and improvement of well-being cannot be qualified only as a placebo effect. It is assumed that the achievement of the effect can be explained by the different sensitivity of the patients to the action aimed at the activation of the memory matrix norm. Thus, the method of psychotherapy of a.kashpirovsky is innovative in the context of influence on various psychosomatic and somatic diseases.

# Psychophysical evidence for early-stage holistic processing of facial emotions in vigilant and avoidant copers: implications for using a facial discrimination paradigm to measure experiential-based racial individuation

Michael Wesner, Ph.D.

Cognitive avoidance is defined as a dispositional tendency to avert attention from threat-relevant social cues, of which the most potent is the emotional human face that can display threat or non-threat social

cues. Many cognitive coping models consider threat processing as involving two stages: perceptual awareness followed by attentional disengagement. The problem is that these models are typically formulated on subjective self-report measures or on neuroimaging findings that use unspecified facial stimuli. When facial threat processing among dispositionally vigilant and avoidant individuals is measured more directly through psychophysical discrimination experiments, the findings suggest a more holistic and subliminal integration process rather than a two-stage sequential process (e.g., Wesner et al., Because avoidance, or its opposite-vigilance, can play an important role in social cue 2015). discrimination, it is reasonable to believe that the same psychophysical paradigm can also be used to objectively assess racial bias in facial affect recognition. There is a marked level of plasticity when it comes to face processing. This was initially observed with the face inversion effect (FIE), where accurate recognition of emotions displayed on upside-down faces improves with repeated exposure (Richler et al., 2011). Furthermore, although "same-race" faces are recognized more easily than "other-race" faces (Meissner & Brigham, 2001), the ability to recognize "other-race" faces can improve with "other race" individuation experience (Bukach, et al., 2012), suggesting a racial recognition plasticity similar to that observed with fie. The objective of this presentation is to discuss the potential for using psychophysics to behaviorally measure racial affect sensitivity that can then be modeled onto existing neuroscientific "face" pathways known to show plasticity changes with experience.

#### The Role of Media and Technology in Psychological Treatment, Public Education, and Advocacy Rehman Y. Abdulrehman, Ph.D.

Although technology has helped with great advancements for medical treatments, psychology has been slower on the uptake of new technology for treatment. The one exception has been the recent development of numerous Smartphone "apps". Though the reviews of apps have been mixed, research shows that Smartphone apps based on cognitive behavioral treatment strategies can be as effective as face to face therapy, for many mild to moderate common mental health problems. Cognitive behavioral and related treatment strategies (e.g., Mindfulness) seem to be most appropriate for this type of technology, and issues such as anxiety, mood, and habitual behaviors (e.g., smoking) have been proven to be effectively addressed. But new media, such as video (YouTube), social media, and apps, can have a significantly more powerful impact on society as a whole, both for the purposes of public health education (knowledge translation, psychoeducation, etc.) but also advocacy issues. This seminar reviews the marriage of clinical psychology and a new media, in developing apps, public education initiatives through social media, and the initiation of advocacy campaigns about the profession of psychology. Challenges, insights, and outcomes of these three initiatives will be reviewed and discussed.

#### Relationship between Ikigai, Sense of Coherence, and Social Support

Yoshiko Kato Ph.D. Tomoko Fujitani Ami Kojima

Objective: *Ikigai* is a kind of Japanese spiritual feeling. It is reported that Ikigai relates to identity and independence, as the result is that it affects human development. It is calcified that the concept overlaps partly with well-being. Self-determination theory distinguishes between autonomous and controlled behavior regulation. Several studies suggested autonomous regulation for healthy eating behavior affects health. It is important to explor the factors that relate to autonomous behavior regulation. If the Ikigai relates to human independence, it fosters the autonomous behavior regulation. The aim of this study is to examine the relationship between Ikigai and autonomous regulation for healthy eating habits. Methods: this study enrolled 487 participants ( $42.8\pm13.3y$ : 251 males  $44.2\pm13.7y$ , 236 females  $41.4\pm12.7y$ ). The

questionnaires were regulation of eating behaviors scale (REBS), Ikigai scale. REBS was designed to assess autonomous and controlled motivations for healthy eating habit. Ikigai scale assessed three dimensions of emotion: positive affect toward life, positive attitude towards future, and recognition of self-existence. Results: autonomous motivation related to Ikigai (r=0.26-0.40). Meanwhile external regulation also related to Ikigai a little (r=0.13-0.29). Conclusion: there are possibilities that Ikigai fosters the autonomous motivation for healthy eating. On the other hand, Ikigai is supported by the relationship with others. So it is considered that the people who feel Ikigai have supportive others who pay attention to their health.

#### Longitudinal Perseverance: Professional Groups Commemorate Significant Birthdays and Celebrate Contributions to Sustainable Solutions for Global Problems

Symposium Organizing Chair: Ann Marie O'Roark, PhD, AO' Management & Leadership Development Consultant, St. Augustine, Florida, USA.

Participants: Machiko Fukuhara, Japanese Association of MicroCounseling, Tokyo, JAPAN; Harold Takooshian, Professor, Fordham University, New York, USA

#### A CENTENNIAL: 100 YEARS OF CONSULTING PSYCHOLOGY IN APA

Ann Marie O'Roark, PhD, AO' Independent Practice Consultant, St. Augustine, Florida, USA

At the time of the War to End Wars, 1915 WWI, the American Psychological Association's governance council passed the Whipple Act to establish who could announce themselves as a Consulting Psychologist. A meandering and sometimes conflicted path across the 100 years to 2015 resulted in the current day Society of Consulting Psychology, Division 13 of the American Psychological Association. The initial question, Who Can Say I Am a Consulting Psychologist?" was answered in the form of Doctoral and Post Doctoral Education and Training Guidelines for Organizational Consulting Psychologists, which was adopted by the APA Council in 2006. A PowerPoint presentation shows the longitudinal progression of shifts in consulting work done by psychologists today. Individual assessment experts initiated the 1915 Whipple Act. Consulting "applied" psychologists persisted across the years to complete an answer for the initial APA question and are planning to set goals for the next 100 years.

#### Congratulations from Japan on APA's 100<sup>th</sup> Year of Defining Consulting psychology and An Invitation to Celebrate Next Year's 75<sup>th</sup> anniversary of ICP, Inc. In Yokohama Japan

Machiko Fukuhara, PhD., President, MicroCounseling Institute of Japan

Tokyo, Japan

While psychological-helping professionals were introduced in Japan, around the middle of the 20<sup>th</sup> century, consulting services, *sodan* in the Japanese language, were provided by laymen mainly at working places who played helping roles for employees for their problems at work or even for their personal problems.

The function of consultation in the business world became familiar in the Japanese communities to help them to handle finances, manage organizations, etc. Those consultants were not necessarily professional personnel, in terms of carrying psychology based services. In Japan, along with the introduction of professional psychology in helping services, such as, counseling and school psychology, psychologybased consultation became recognized in Japan in educational settings. Consultations to teachers at

schools were carried by counseling and/or clinical psychologists. At present the Japanese Industrial Counseling Association is offering training and credentials for psychologists to play roles in organizational training programs.

Since the beginning of the 21<sup>st</sup> century, concern about mental health and wellness for individuals and groups is frequently voiced. However, wellness work from this viewpoint might not be done by only one type of professional or institution. Consultation is needed by psychologists to achieve more satisfactory outcomes.

A recent trend in Japan is to encourage various professions, such as doctors, nurses, nutritionists, occupational therapists, counselors and psychologists to work together cooperatively. Interdisciplinary collaborations provide consultation services not only in the workplace, but are also contributing to advancing quality of services for the increasing population of individuals who will be over 65 years old.

ICP, Inc., with its long history, has contributed to human being's wellness by being sensitive to the needs of the times. It is amazing that ICP, Inc continues to hold annual conferences every year since shortly after its establishment in December of 1941. Looking at the theme of each conference, you will notice the sensitivity to the concerns of the time and how ICP, INC supported helping individuals for their mental health and well being.

It is an honor for us, the ICP, Inc. Japanese members, to work for the 74<sup>th</sup> Conference in Yokohama which will be held in conjunction with the International Union of Psychological Science's quadrennial congress, called "ICP 2016." It has been 26 years since our 48<sup>th</sup> Conference was held in Tokyo. Since then, people around the world have faced challenges of natural disasters and man-made wars, but ICP, Inc. goes forward towards sharing psychological knowledge that contributes to the wellness of people and support for human rights. ICP, Inc. members explore common issues and collaborate on seeking sustainable solutions.

We, ICP, Inc.'s 2016 Local Arrangement Committee, Drs. Katou, Nagy-Tanaka and I are welcoming you. We look forward to seeing you in Yokohama. We are planning opportunities for our members to talk together in person, one of the unique ICP, Inc. traditions and to find inspiration from colleagues from around the world attending the Congress of the IUPsyS. We thank Ann Marie, a pioneer of Consulting Psychology, and appreciate her dedication to this field and the ICP, Inc.

#### Reflections on ICP INC's 50<sup>th</sup>, Golden Anniversary celebrations: Looking Across the Recent 25 years Harold Takooshian, PhD, Professor Fordham University Coordinator ICP INC. 75<sup>th</sup>, Diamond Jubilee Planning, New York, USA

75 years of ICP: 1941-2016: Since ICP was formed in 1941, it has seen many ebbs and flows the past 75 years. It was at a high point in 1991, when a few of us served on Virginia Sexton's 50th anniversary committee. It is certainly at a low point in 2015, as it struggles to survive among much larger organizations. For 25 years, it has been saved by a string of determined individuals with a heart for ICP–like Edith Grotberg, Bruce Bain, Matti Gershenfeld, Ray Fowler, Florence Denmark, Machiko Fukuhara and now Ann Marie O'Roark, who was mentored by early ICP, Inc. Secretary General Pat Cautley.

#### Establishing Discipline Routines in the Home: The School Interface (Si) Program

Marc Borkheim, Ph.D.

A necessary, but not sufficient, condition for healthy parenting environments is consistency and clear expectations about expected behaviors in the household. Without a consistency and predictability in everyday routines, especially with respect to disciplining, children are likely to be engaged in an ongoing struggle to obtain wanted rewards, and parents desperately trying a conglomeration of strategies to control their child.

From a social theory perspective, social routines are the building blocks of human cognition and social functioning. From the first structured verbal and physical transactions between the mother-infant dyad, to the school routines through adolescence, culturally determined social routines instill ways of interpreting the social world and develop specific cognitive functions. By learning to respond to a set of clearly defined rules and expectations around disciplining in the home, the child will develop cognitive and emotional features enabling conforming to similarly structured environments, notably the school setting.

The school interface (SI) program parenting intervention is designed to establish simple but foundational disciplining routines within families lacking consistent expectations around disciplining. The interventions consist of three simple techniques, designed to be easily understood by parents, that are taught in the first meeting and then recursively monitored and adjusted over following approximately eight sessions. This intervention received funds from the department of education healthy students safe schools grant from 2002-2005. This intervention is presently being implemented within the context of wraparound program in our community clinic in Los Angeles, IMCES, to become established as an evidence-based practice.

> ICP at the UN: Major Issues, Team Efforts, and Our Internship Norma Simon, Ph.D.

Florence Denmark, Ph.D. Richard Velayo, Ph.D. Peter Walker, Ph.D. Josh Wright Lucio Forte

This program has two purposes: 1) to inform our membership about important developments at the United Nations that will have a major effect on all the countries of the world for the next 15 years; and 2) to explain both our team efforts at the U.N. and our excellent internship. We will explain the millennium development goals (MDGs) and the transition to the sustainable development goals (SDGs) as well as the importance of this to psychology. We will also discuss the psychology coalition (PCUN), and Psychology Day at the UN. Our interns will explain their work with us at the UN and what some of their goals have been.

#### Going Global by Going Virtual: Internationalizing Student Psychology Organizations

Richard Velavo, Ph.D. Sonia Suchday, Ph.D.

In this day and age, students tend to be quite comfortable with and may even prefer to use Internet-based technologies to communicate with one another. Extending the use of various forms of online communication (e.g., Facebook, Skype, teleconferencing, blogs) to student groups is a natural extension of the way students use technology for corresponding with their classmates and friends. The Internet has www.icpweb.org

enormous potential for assisting in internationalization efforts among student psychology organizations through online collaboration and exchange of ideas and resources. There continues to be a growing trend with the use of the Web to internationalize the psychology curriculum (Power & Velayo, 2006; Velayo, 2004). For instance, many psychology instructors use social media in their teaching in an effort to internationalize their courses (Velayo, 2011). Going virtual can contribute to going global. Student psychology organizations can provide the extra-curricular means to infuse a more international perspective about psychology in their communications with their members. Presumably, many of their members already have the necessary technological knowledge and skills to communicate via the Web. Students are therefore resources that may be tapped by these organizations to help extend their reach to other student groups around the world. This presentation advocates for the use of internet-based technologies (IBTs) to help promote the internationalization of student psychology organizations.

### PSYCHOLOGICAL REHABILITATION OF THE VICTIMS AFFECTED BY WAR IN UKRAINE

#### Serhii Dmytrovych Maksymenko

POST CONFERENCE NOTE: Dr. Maksymenko was unable to attend the conference due to an emergency.

Problem: The last year psychological help needs have soared because of the military aggression that our country is experiencing. Ukrainian psychologists faced this suddenly and without specialized training and psychological rehabilitation programs. During practice, it became clear that in Ukraine we have special social, mental, and psychological specifics that need to be differentiated and taken into account.

Methods: That's why as the leading methodology of practical assistance the genetic approach was chosen, which postulates genetic-modeling method (L.Vyhotskyy-S.Maksymenko) as a means of knowledge and projecting the development of individuals in the special conditions of life.

By G.S.Kostiyk Institute of Psychology in March 2014 was created the Crisis Center of medical and psychological assistance, and its work was organized in the following areas:

1) practical psychological assistance to victims of crisis traumatic events;

2) scientific-methodical and practical psychological assistance to the Armed Forces of Ukraine in organization of rehabilitation work with victims;

3) teaching the psychologists and volunteers known and latest psychotherapeutic rehabilitation technologies, including the use of Transcendental Meditation.

Results: The hot line "Helpline" was created with volunteers being on duty around the clock. Since February 2014, 840 consultations were provided, and service "hotline" took 4680 calls. Assistance was given to 987 re-settled families.

The received data are reflected in the manual, "Psychological help to victims of crisis traumatic events."

Conclusions: Though there is the large representation of psychological associations in Ukraine, there is a lack of practical experience adequate for the situation among most psychologists. Perspective is the development of unified standards of psychological help to civilians and militants.

Monday, August 3, 2015 (In Chronological Order) Windsong Room

#### **Relationships Among Sense of Coherence, Gratitude and Well-Being**

Tomoko Fujitani Ami Kojima Dr. Yoshiko Kato

Objective: Sense of coherence (SOC) is being studied with increasing frequency in health-related fields. SOC is developed by social support, intelligence, positive emotions and attitudes. High SOC relates to high levels of well-being and low levels of depression. A person with high SOC can maintain health even in stressful situations. The 2013 national survey clarified the fact that Japanese female in their twenties experience considerable stress. SOC is considered to reduce stress. To maintain health, it is necessary to further explore the factors affecting SOC. Clearly the relationship between gratitude and SOC requires investigation. Method: participants were 208 female university students and answered the gratitude questionnaire-6, soc-13, life satisfaction scale, happiness scale, and the positive and negative affect schedule. Results: gratitude related to SOC (r=.334), SOC related to life satisfaction (r =.459) and happiness (r =.519); it related positively with positive affect (r =.326) and negatively with negative affect (r =..547). Conclusion: the positive effect of gratitude on SOC and well-being suggests that education programs fostering gratitude should be developed.

981 UN-NGO Consultative Status ECOSOC & DPI



#### Dimensions of Globalization among Urban Indian Youth Sonia Suchday, Ph.D.

Richard Velayo, Ph.D.



#### The Relationship between Ikigai, SOC, and Social Support

Ami Kojima Tomoko Fujitani Yoshiko Kato, Ph.D.

Objective health and Ikigai need to be encouraged. Ikigai is Japanese original well-being. This study posited that a sense of coherence (SOC) and social support were factors affecting local residents' Ikigai, and this study then verified that conjecture.

Methods. Subjects were 487 adults over the age of 18 (251 males 44.2±13.7 y, 236 females 41.4±12.7y). The items studied included Ikigai, SOC, social support, health-related quality of life (HR-QOL), and degree stress. Results: SOC ( $\beta$ =0.227–0.376) and social support from significant others ( $\beta$ =0.140–0.307) were found to affect individual's Ikigai. Among the factors affecting individual's Ikigai, social support from friends had positive impact ( $\beta$ =0.184) on active and positive approach to the future while social support from family members had negative impact ( $\beta$ =-0.122) on active and positive approach to the future stress. SOC and social support from significant others affected individual's Ikigai. Thus, focusing on enhancement of individual's SOC and social support (and particularly his or her social support from significant others) may help to enhance individual's Ikigai.

#### Why Can't Psychology Seem to Achieve Theoretical Unity? Look to its Early History

Christopher Green, Ph.D.

Over the past few decades, a large literature has emerged on the question of how one might unify all or most of psychology under a single, coherent, rigorous framework, in a manner similar to that which

most of psychology under a single, coherent, rigorous framework, in a manner similar to that which unified physics under Newton's laws, or biology under Darwin's theory of natural selection. It is argued here that this is a highly unlikely scenario in psychology given the contingent and opportunistic character of the processes that brought its original topics together into a new discipline and the nearly continuous institutional, social, and political negotiating and horse-trading that has determined psychology's "boundaries" in the fourteen decades since. Psychology, as the field currently stands, does not have the intellectual coherence to be brought together by any set of principles that would enable its phenomena to be captured and explained as rigorous products of those principles. If there is a kind of unification in psychology's future, it is more likely to be one that, paradoxically, sees it broken up into a number of large "super-subdisciplines," each of which exhibits more internal coherence than does the current sprawling and heterogeneous whole.



ICP 73<sup>rd</sup> Annual Conference in Toronto, Canada August 1-3, 2015

"Psychological Contributions to Solving Problems in the 21st Century"



# INABSENTIA POSTERS

#### Dayan-O'Roark-Barreda Hansen-Comunian Award

**Chair**: Anna Laura Comunian, U. Padua, Italy Posters are on display during the conference in the Windsong Room

#### Attitudes toward the Transformation of the Organizational Culture of Gender

Concepción Mimbrero, Universidad Autónoma de Barcelona Ana Guil, Universidad de Sevilla

## **Communicating Global Warming: The Framing Effect of Climate Change in Shaping Attitudes and Behaviours**

Leonardo Buccione, University of Padua Italy Fulvio Biddau, University of Padua Italy Paolo Cottone, University of Padua Italy

#### The Personal Commitment to Save the World: A Search on the Donation to NGOs

Eleonora Bordon, University of Padua Italy Elisa Bruna Viganò, University of Padua Italy Mariselda Tessarolo, University of Padua Italy

## **Quality Indicators in the European Higher Education Area: A Comparative Analysis by Gender**

Sara Vera, Universidad de Sevilla

#### The Culture of Gender in Educational Institutions

Susana Cámara, Universidad Complutense de Madrid

#### **Caring To Teachers through Continuing Training**

Maria Luisa Moreno, Universidad San Pablo CEU, Sevilla Pedro Garrido, Universidad San Pablo CEU, Sevilla Concepción Garrido, Universidad San Pablo CEU, Sevilla

#### **Brouxism: The Effectiveness of Three Compared Short-Term Treatments**

Diego Rocco, Eleonora Sanguin, University of Padua, Italy Marilla Malugani, Nevio Del Longo, Alessandro Bargnani, Alessandro Bellin, Miria Bittante, Gianfranco Bruni, Saverio M. Chirco, Elena Lazzarini, Silvia Marin, Alba Mirabile, Stefano Pattaro, Giovanna Pezzetta, Italian Centre for Development of Short Term Dynamic Psychotherapy (CISSPAT


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# ABOUT THE PRESENTERS

**Dr. Justina E. Aire** is Professor of Psychology, and Director of the Psychology Program, in the Department of Humanities and Social Sciences: She is Assistant Dean and engages in career counseling in the School of Arts and Sciences, St. George's University (SGU). She was 16 previously on the faculty of her *alma mater* the University of Ibadan from which she obtained the B.Ed., M.Ed (Guidance & Counseling) and Ph.D. (Counseling Psychology) degrees. Professor Aire's specialized areas of research include Development through the lifespan, Dynamics of Personality, Vocation and the application of these through counseling psychology to behavior modification and the enhancement of human adjustment. Justina Aire is Adjunct Professor in the School of Veterinary Medicine, and, a Certified MBTI practitioner, exploring Type with the "Myers-Briggs Type Indicator", she is the team psychologist involved with the Social Skills development aspect of the Veterinary Leadership Experience (VLE) Program: Professional Attributes Workshop – (PAWs in SGU). Professor Aire is a current member of several professional associations including, but not limited to, the International Council of Psychologist (ICP), the American Psychological Association (APA) and a Founding Fellow of the Grenadian Psychological Association (GPA).

**R.** Abdulrehman, Ph.D., is clinical psychologist at the Anxiety Disorders Clinic at St. Boniface Hospital, and an assistant professor with the Department of Clinical Health Psychology, in the Faculty of Medicine at the University of Manitoba. He works both locally and internationally in consultation and developing programs to increase access to publically accessed treatment in low resource settings. His primary international work has been focused in Tanzania where he is a visiting professor at the Muhimbili University of Health and Allied Sciences. His team and he have worked there to develop the first CBT treatment group for anxiety disorders in the country, and developed a long term program that provided mental health services to orphans who were formerly street children. Dr. Abdulrehman has also consulted with other mental health related NGOs and public service health facilities in Morocco, Chad, and Zimbabwe. As the past president of the Manitoba Psychological Society, he is actively engaged in advocacy to improve access to psychological treatment in local public settings, such as hospitals and primary care. He has also worked with the Anxiety Disorders Association of Manitoba and the Canadian Mental Health Association of Winnipeg, to further encourage a greater public discussion and awareness of the common nature of mental health concerns. He has developed a special interest in the use of new media and smart phone apps as means to develop more publically accessible psychological information and treatment. One such example was his work with MPS team, where he spearheaded the now national Mind Your Mental Health Campaign (www.mymh.ca). Dr. Abdulrehman is also the director of behavioral science and innovation for Soundmind Health Technologies, a new company and endeavor working to democratize psychological therapy through smartphone apps and social media (www.getsoundmind.com). Lastly, Dr. Abdulrehman is also the creative director and cofounder of Humantree Inc., a non-profit organization that raises funds for international charitable endeavors, currently primarily focused on their work in Tanzania.

Elizabeth Bishop, Ph.D., is a licensed clinical psychologist in Ann Arbor, Michigan, USA.

**Marc Borkheim**, **Ph.D**., is a certified Clinical Hypnotherapist as well as a Neuropsychologist with many years in diagnosing people with learning disabilities and cognitive deficits. His practice specializes in treatment of a wide variety of challenges including habit and attitude change pain management and anxiety. His practice is located in Los Angeles, California, USA.

**Jennifer Boyce, Ph.D.**, has a private practice that provides consulting services to clients for over 10. She provides personalized services where clients uncover their personality traits, motivations, values, and interpersonal dynamics that shape the quality of their lives. This discovery process identifies patterns of power, in addition to patterns that block the individual from attaining her/his next desired level of success in personal or work performance. Her specialties are Coaching, Assessment, Counseling, Communication, Workshops, Self-Actualization, and Writing.

**Merry Bullock, Ph.D.,** currently directs the Office of International Affairs at the American Psychological Association, in Washington DC. She oversees APA's involvement in international academic, research, and policy activities, coordinates APA's representation at the United Nations, and serves as APA's point of contact for international outreach and policy. Dr. Bullock serves on the Committee on Freedom and Responsibility in Science of the International Council for Science, and edits the web resource Psychology Around the World. Her published scholarly work includes studies on early cognitive development, scientific thinking, developmental aspects of motivation and emotion, and internationalization. She was an officer in the International Union of Psychological Science for over a decade, and continues to work on organizational development and capacity building. Dr. Bullock has lived and worked in university and policy settings in Canada, Estonia, Germany, and the United States.

Nadiya Burmaka, Professor, Director of Medical Center of Nadiya Burmaka, Cherkasy, Ukraine.

**Cecilia Cheng, Ph.D.**, is a professor of psychology at the University of Hong Kong. She specializes in personality, social, health, and cross-cultural psychology. She received the ICP Early Career Research Award in 2000, and the Fulbright Senior Scholar Award in 2009. She has served as the Associate Editor of Journal of Personality and Social Psychology (Personality Processes and Individual Differences section). At the University of Hong Kong, her research team seeks to enhance both mental and physical health for quality living for Hong Kong people. To realize this aim, the team applies theoretical frameworks from personality and social psychology to the understanding of real-life problems such as stress and coping, psychosomatic disorders, emotional disorders, and health-risk behaviors. The research group also organizes workshops, courses, and lectures to promote public awareness regarding mental and physical health."

**Anna Laura Comunian, Ph.D.,** Professor retired at the University of Padua and Fellow of the American Psychological Association (Divisions: 52, 1) was the founder and coordinator of the Laboratory of International and Cross-Cultural Psychology for the Personality test adaptation in the Department of General Psychology. At present she is Past President (2006-2007) of the International Council of Psychologists. She has conducted a series of studies concerning emotions, relationships, family, personality, and moral reasoning in Italian culture. Particularly, in the cross-cultural field, the research project is related to the correlates of moral reasoning, social role-taking, family interaction, parental warmth/rejection, coping styles, social axioms and quality of experience.

**Florence Denmark, Ph.D.,** is an internationally recognized scholar and policy maker. She has 6 honorary degrees and numerous awards, including one for Outstanding Lifetime Contributions to Psychology. She is a past president of the APA, Eastern Psychological Association, Psi Chi and The International Council of Psychologists. Denmark is the main NGO representative to the UN for the ICP as well as Representative for the International Association for Applied Psychology. She is currently co-chair of the UN NGO Committee on the Family, and, as past Chair, serves on the Executive Committee of the NGO Committee on Ageing.

**Emily A. A. Dow, Ph.D.,** is a recent graduate of the developmental psychology program at the Graduate Center, City University of New York (CUNY). She will begin her term as a Visiting Assistant Professor at Loyola University Maryland this fall as she continues to pursue her interest in public policy. During her term as a graduate student, she worked with the American Psychological Association team of psychologists at the United Nations. Her research interests focus on educational initiatives using a developmental perspective (e.g., Head Start).

**Lucio Forte** is a recent graduate from the master's program in psychology at Pace University and is preparing to apply to clinical programs. During his internship with ICP, Lucio participated in several organizations at the UN including the UN NGO Committee on the Family and the Committee on Ageing. As a member of Dr. Richard Velayo's ITOP team (Internationalizing the Teaching of Psychology) at Pace, Lucio's research interests include internet-based strategies used to infuse international perspectives in the classroom. Lucio brings with him a professional background in software development and web design.

**Machiko Fukuhara, Ph.D.,** of Tokiwa University, Japan, received her Ed.D. from the University of Tokyo and was accredited as a Clinical Psychologist by the Japanese Association of Clinical Psychology. Dr. Fukuhara taught at Musashino Art University (1962-1970), Jissen Women's University (1976-1990), Tokiwa University (1990 to 1999), Bukkyo University (1999-2002) and was a University Honorary Professor at the Graduate School (2002-2012) and Consultant at the Center for Clinical Psychology (2010-2012) at Tokiwa University. She is a member of several Psychological Associations and has served extensively on ICP (Area chair, 1970-1983; Board of directors at large, 1984-1987; Treasurer, 1990-1993; Secretary-General and Director, preparatory committee for the 48th Congress, 1990, Tokyo; National committee member for the 22nd ICAP, 1990). Dr. Fukuhara is currently a National Advisory Committee member for the International Congress of Psychology, including an award from the International Council of Psychologists, 1993, and the Japanese Psychological Association, 2012. She has a distinguished and varied publication record.

**Christopher D. Green, Ph.D.,** works in Toronto in the History & Theory Area of York University's Department of Psychology. He has Ph.D.s in cognitive science and in philosophy of science, both from the University of Toronto. He was co-author of Early psychological thought: Ancient accounts of the mind and soul (w/ P. R. Groff, 2003) and was co-editor of both The transformation of psychology: Influences of 19th-century philosophy, technology, and natural science (2001, w/ M. Shore & T. Teo) and Psychology gets into the game: Sport, mind, and behavior, 1880-1960 (w/ L. T. Benjamin, 2009). He now co-directs The PsyBorgs, a laboratory dedicated to the digital history of psychology (w/ M. Pettit).

Chok Hiew, Ph.D., Professor, University of New Brunswick (RET), Fredericton, NB, Canada. He has been a Professor of Health Psychology (Ph.D., University of Colorado, 1973) teaching at the University of New Brunswick, Canada for over 30 years. He has done numerous research psychology works in human consciousness, trauma and resilience and extensive university teaching in community and health psychology in various Asian universities over the past 25 years. He was President of the International Council of Psychologists (2005-6). His birthplace is in Penang, Malaysia where he grew up with its cultural meditation and TCM health practices. He is also a much published author/researcher and Qigong practitioner and has done pioneering work applying QiGong as an innovative psychological trauma technique in mass trauma and for effective self care. As an honored international psychologist, he has taught in numerous East Asian universities integrating psychological science with traditional eastern mind-body health practices. He has put together this contemporary effective meditative health practice as Wisdom Heart QiGong. WHQ training combines meditative postures, deep relaxation movements and breathing, and gentle mindful exercises to unify and harmonize mind and body and awaken the resilient spirit to make one whole. Emotional and biological equilibrium are restored as psychological distress evaporates and the body is freed from pain Chok's acclaimed training workshop is entitled the "Gentle Art of Self Healing."

Janel Gauthier, Ph.D., is President of the International Association of Applied Psychology (IAAP) and Professor Emeritus of Psychology at Laval University – Canada. He also is a past-president of the Canadian Psychological Association. He has authored/co-authored several publications on ethics and human rights. Among his most noteworthy achievements has been the development of the Universal Declaration of Ethical Principles for Psychologists under the auspices of the International Union of Psychological Science and the International Association of Applied Psychology and its unanimous adoption by both organizations in 2008. He has received several awards for his distinguished contributions to the international Advancement of psychology and ethics. He has been selected to receive the 2015 Outstanding International Psychologist Award from Division 52 of the American Psychological Association (APA) during the APA Convention in Toronto, August 6-9, 2015.

**Yoshiko Kato, Ph.D.,** is a Kobe University professor. She is a health psychologist and her interest is in health education and policy.

**Serhii Dmytrovych Maksymenko**, Doctor of Psychological Sciences, Professor, Director of Kostiuk Institute of Psychology at the National Academy of Pedagogical Sciences of Ukraine, President of the Society of Psychologists of Ukraine, Kyiv, Ukraine.

**Sandra E.S. Neil, Ph.D.,** PhD, MA, BEd, BA, FAPS is a Clinical Psychologist and Family Psychologist, Director, The Satir Centre of Australia, Fellow, The Australian Psychological Society, World Area Chair Coordinator, The International Council of Psychologists. Dr Sandra Neil has over 45 years experience as a Clinical Psychologist, Family Psychologist And Individual, Marital, And Group Psychotherapist. For the International Council of Psychologists (ICP), she served as President Elect 1997, President 1998, and Past-President 1999. She also serves as ICP World Area Chair Coordinator 2000-2017. She has conducted professional workshops on the family, and Human Rights Summits throughout the world. She was Convener of the Scientific Program in Melbourne, Australia, for the ICP's Annual Convention in 1997, IAAP Human Rights World Summit July 2010, Melbourne, Australia.

Ann Marie O'Roark, Ph.D., received her degrees from the University of Florida and the University of Kentucky. Her practice focused on individuals and organizations interested in management and

leadership development. Before retiring from active practice, she consulted with organizational clients, primarily financial, governmental, educational, and healthcare. She provided instruction for the American Management Association's Executive Effectiveness Course. She was contracted to help establish the Leadership Development Institute at Eckerd College, the second licensed center for Creative Leadership's Leadership Development Programs. She is author of The Quest for Executive Effectiveness(2000/2012; Editor of Bearding the Lion That Roared. The Levinson Cornerstones of Organizational Consulting (2012; co-editor of Stress and Emotion, Vol. 15 & 16 (Taylor & Francis); coeditor of The Society of Personality Assessment Fiftieth Anniversary History and Directory (LEA); and co-editor of The International Council of Psychologists 67th ,68th, and 69th Conference Proceedings and numerous articles, chapters and papers. Ann Marie served as president of the Society of Consulting Psychology [American Psychological Association (APA), Division 13] and the International Council of Psychologists, Inc. She was elected to American Psychological Association's Fellows Committee, serving as chair in 2010. Ann Marie was Administrative Officer for the Society of Personality Assessment and on the Board of The Society for Psychologists in Management. Ann was awarded Fellow Status in APA Divisions 1, 13, 49, and 52, as well as the Society for Personality Assessment, Inc. She is a Diplomate of the American Board of Assessment Psychology (ABAP).

**Tara Pir, Ph.D.,** is the outgoing President of the International Council of Psychologists. Her non-profit organization, the Institute for Multicultural Counseling and Education Services (IMCES) is located in Los Angeles, California. Through IMCES, she has developed culturally sensitive and relevant mental health services for culturally diverse children, adult and older adults through their outpatient clinics. She has also developed risk assessment and management programs for high risk children and families and severely mentally ill populations. She is an active member of the NGO committee on Mental Health, IAAP, the IACCP, and APA, ACA and the American Association for Multicultural Counseling and Development.

**Janet A. Sigal, Ph.D.,** is the President-Elect of the International Council of Psychologists. She is Professor Emeritus of Psychology at Fairleigh Dickinson University. She received her Ph.D. in Social Psychology and has taught courses in Social Psychology, Experimental Psychology and Social and Cultural Issues in Clinical Psychology. She is a past Chair of the Psychology Department. Dr. Sigal has more than 100 presentations at national and regional conferences, has published several articles, and numerous chapters in books primarily in the area of women's issues. Her research interests revolve around global issues in domestic violence, violence against girls, and sexual harassment. Dr. Sigal is the Past-president of the Division 1 Society of General Psychology of the American Psychological Association. She is a Member at Large of Division 52, International Psychology of APA and is a fellow of Divisions 1, 35, and 52. She is a Liaison of Division 35 to the UN. She is the President of the Academic Division of the New York State Psychological Association. Dr. Sigal is the Main Representative of the American Psychological Association to the United Nations. At the United Nations, she is the Chair of the NGO Committee of Ageing/NY, and a Member at Large of the NGO Committee on the Family. Dr. Sigal is the Co-Editor of a two volume set of books: Violence Against Girls and Women: International Perspectives (2013).

**Robert Silverberg,** M.D., BS, BA FAAFP is a physician specialising in psychological medicine with over 40 years of clinical experience. He is a Director of the Satir Centre of Australia, and has served in the Departments of Psychiatry and Medicine, Faculty of Medicine, University of Melbourne, at St. Vincent's Hospital. He is a member of the Medical Staff at Cabrini Hospital, Malvern. Born in America, he received

his medical training and specialist qualifications there. In the USA, he held positions as Physician to the Hospital at the Reading Hospital and Medical Centre, Reading, Pennsylvania; and as Clinical Assistant Professor in the Temple University School of Medicine. He also served as a Medical Officer in the United States Navy, based both at large Naval Hospitals and at sea. Over the years Dr Silverberg has lectured and conducted training workshops throughout Australia, America, Europe, Canada, the Middle East, and Asia. He is a Fellow of the American Academy of Family Physicians, a Member of both the Australian Medical Association and the American Medical Association, and a Member of the Society of Teachers of Family Medicine.

**Norma P. Simon. Ph.D.,** currently serves as a member of the International Council of Psychologists UN team. In this capacity she is a member at large of the NGO Committee on Ageing and the Corresponding Secretary of the NGO Committee on the Family She has just completed her term on the American Board of Professional Psychology Foundation after serving on the board of the parent organization and then as President of the American Board of Professional Psychology (ABPP) . She previously has served on a number of psychology organization boards and as president of a few. Dr Simon has written on many topics including training, ethics and practice issues. She received the APA Karl Heiser Award, was the first recipient of the John D Black Award for outstanding contribution to the practice of Counseling Psychology from Division 17 of APA and The Morton Berger award from ASPPB. The Norma P. Simon Award of ASPPB was named for her. She received the Distinguished Psychologist of the year award from Division 42 (Independent Practice) in 2004. Dr. Simon received her doctorate from Teachers College, Columbia University and her certificate in psychoanalysis from New York University.

Sonia Suchday, Ph.D., is Professor and Chair of the Psychology Department at Pace University, a Clinical Health Psychologist; Areas of specialization include development of interdisciplinary training programs, national and international and research in diverse settings/populations; The focus of her research has been on mind-body interactions and biopsychosocial variables that contribute to stress, illhealth, wellness, and resilience. Specifically, Dr. Suchday's research has focused on the how the interaction between interpersonal traits (e.g., anger and hostility) and circumstantial and situational stressors (e.g., low socioeconomic status, acculturation, immigration) contributes to stress and vulnerability to disease; and the traits that contribute to resilience such as forgiveness and mindfulness. Research she has been involved include laboratory studies of stress, anger, forgiveness, and rumination, epidemiological studies in India and the US on psychosocial contributors to metabolic syndrome-related disorders (diabetes, heart disease, hypertension), intervention studies on weight management among children and families; populations studied in Dr. Suchday's lab include Chinese, Indian, Greek immigrants, and diverse Hispanic and other minority populations, ranging from adolescents to older persons. She has been engaged in the development of several educational and training partnerships in psychology, public health, and global health, nationally and internationally. Dr. Suchday is the Chair of the US National Committee of the International Union of Psychological Sciences (IUPsyS) and the representative of the IUPsyS at the UN.

**Josephine Tan, Ph.D.,** is a tenured clinical psychology faculty member at Lakehead University in the city of Thunder Bay, Ontario in Canada. Her current research focus is in the area of depression, suicide and non-suicidal self-harm behaviours, and emotion regulation. She has been working in the area of Inuit suicide for more than 10 years, and worked with Aboriginal patients in the area of complex PTSD for 18 years. She is also the Research Co-Chair for the Thunder Bay Drug Strategy Maternal Substance Use & Child Issues Working Group that addresses substance use and mental health issues among mothers and children that are of significant concern particularly among Aboriginal communities. She has published and also presented at the United Nations on topics related to culture and mental health. She is an APA Fellow with Divisions 1 (Society of General Psychology), 12 (Society of Clinical Psychology), 35 (Society for the Psychology of Women), and 52 (International Psychology).

**Harold Takooshian, Ph.D.,** is on the faculty of Fordham University since 1975, where he is Professor of Psychology & Urban Studies, and the Director of the Organizational Leadership Program. He completed his Ph.D. in Psychology in 1979 at CUNY with SPSSI mentors--including Stanley Milgram and Florence Denmark. He is a researcher, teacher, consultant, and U.S. Fulbright Scholar, whose work is described in Marquis' Who's Who in the World. With APA, he is co-founder (1984) and past-Chair of the SPSSI-New York group, co-founder (1997) and past-President of the APA Division of International Psychology, and has served with the United Nations as a representative of the APA (2003-2008), and Chair of the NGO Habitat Committee on Human Settlements (2008-2010).

**John Thoburn, Ph.D.,** is a licensed psychologist and licensed marriage and family therapist in the State of Washington, and is Board Certified in couple and family psychology by the American Board of Professional Psychology. Dr. Thoburn has a Master of Divinity degree from Fuller Theological Seminary and a Ph.D. from Fuller Graduate School of Psychology. He is Professor of Clinical Psychology at Seattle Pacific University where he has taught and conducted research in family psychology and international psychology for the past 19 years. He has been a featured speaker, trainer, clinician and writer in the areas of international trauma and international family psychology. He has worked internationally over the past 25 years in countries such as Uganda, Sri Lanka, Bosnia, India, Haiti, China and Japan.

**Richard Velayo, Ph.D.,** is Professor of Psychology and Associate Chair in the Psychology Department at Pace University. He also serves as Director of the MA in Psychology program. For ICP, he is Directorat-large, NGO ECOSOC Representative to the United Nations, and reviewer for the International Psychologist. For APA's Division of International Psychology, he was Past President and is currently Member-at-large and Associate Editor of the International Psychology Bulletin. For the Society of General Psychology, he chairs the Fellows Committee. Over the past several years, he has chaired the Publicity Committee of the Psychology Day at the United Nations. His scholarly interests include the pedagogical applications internet-based technologies and the internationalization of the psychology curriculum.

**Peter Walker, Ph.D.,** is an environmental psychologist and UN/NGO Representative for ICP at the United Nations in New York. With over 20 years of experience in the NGO Community at the United Nations, he has followed issues involving climate change and sustainable development since the Earth Summit in Rio, in 1992. Early in his career, he was an urban transportation planner in both California and

Washington State. Earning his Ph.D. at the Graduate Center of City University in New York, he went on to be an Adjunct Associate Professor at the New College of Hofstra University from 1989 to 2000.

**Michael Wesner, Ph.D.,** is a behavioral neuroscientist whose interests are in vision physiology, cortical and subcortical human plasticity; bimodal attention; time perception; and the biorhythmic properties of perception. He received his MSc and Ph.D. in Experimental Psychology from Washington State University and was a postdoctorate fellow and a research associate at the University of Chicago, former Eye Research Laboratories. He is presently Psychological Science Director at Lakehead University Psychology Department in Thunder Bay, Ontario, and is a member of the Psi Chi International Advisory Committee.

**Joshua Wright** is a former ICP intern at the United Nations and currently a doctoral student in the social psychology program and the collaborative program in migration and ethnic relations at the University of Western Ontario. His primary research focuses on how religious identity impacts responses to social identity threat, with secondary interests in models of national identity and how constructions of national identity impact attitudes towards immigrants.





ICP 73<sup>rd</sup> Annual Conference in Toronto, Canada August 1-3, 2015

"Psychological Contributions to Solving Problems in the 21st Century"



# GETTING TO KNOW ICP REFERENCES AND EXHIBITS

# GETTING TO KNOW THE ICP ORGANIZATION



# **ABOUT ICP INC**

In 1941, the National Council of Women Psychologists was founded in New York, with a stated purpose of making the services of women psychologists more available to the government of the USA in World War II.

In 1946, NCWP changed its name to the International Council of Women Psychologists, with a stated purpose to further international understanding by promoting intercultural relations through practical applications of psychology. In the early post-war years, ICWP enrolled distinguished women psychologists from Europe, Japan, and elsewhere around the world.

ICWP displayed a deep interest in the task of creating a new world of continuous peace. It undertook specific activities to assist projects in which women psychologists were involved, in services to warorphaned children, in rebuilding psychological libraries in universities around the world, and similar endeavors. Its constitution did not limit membership to one sex, and some men joined in spite of the word "women" in the title of the organization, because of their interest in its goals and support of its programs.

In 1959, ICWP in turn changed its name and became the International Council of Psychologists, and began to enroll many more men in its membership.

ICP's stated purpose, then as now, is to advance psychology as a science and a profession around the world and to promote world peace: "To advance psychology and the application of its scientific findings throughout the world" [ICP Bylaws 1.3] Programs, projects, publications, and public information are to focus on educational and scientific psychology and its application for well-being.[Certificate of Incorporation, State of Connecticut].

The founding members of the International Council of Psychologists had vision, creative energy, and a passion for the discipline of psychology. The vision, framed in a global, international context, centered on an association of academically and technically trained colleagues with a shared purpose. They were among the very first to realize the importance of establishing a validated knowledge base about healthy human behavior and responsible methods of applying psychological knowledge for the betterment of individuals, groups, and societies. The hallmarks of ICP, our shared mission, values, and ethics are central factors in the resilience and commitment found in the International Council of Psychologists, 1941-2015.

ICP was incorporated in the State of Connecticut in 1961, partly as a prelude to efforts to obtain taxexempt status which would encourage gifts and legacies. ICP's official name since then has been "The International Council of Psychologists, Inc."

The ICP, Inc. is an active 501(c)(3) organization. All contributions to ICP, Inc. are tax deductible per the United States IRS Tax code including bequests, legacies, devices, transfers or gifts.

# GETTING TO KNOW THE ICP ORGANIZATION

# **ICP, Inc. Mission Statement**

ICP is committed to furthering world peace, promoting human rights and promoting collaboration among mental health professionals and social scientists, globally. The mission of ICP is:

 $\Box$  To advance the science and practice of psychology and to support the use of psychological knowledge to promote social health and justice;

□ To contribute to world peace and human rights for all peoples by helping to empower underrepresented ethnic and culturally diverse groups;

 $\Box$  To encourage world-wide wellness through promotion and integration of health and mental health services globally, and

 $\Box$  To foster international professional development, networking, communication, mentoring and friendship among psychologists and allied mental health professionals and social scientists.

# **ICP**, Inc. Bylaws

#### ARTICLE 1. CERTIFICATE OF INCORPORATION

#### CONNECTICUT CERTIFICATE OF INCORPORTATION

1.1. The name of the corporation is the International Council of Psychologists, Inc.

1.2. The duration of said corporation is unlimited.

1.3. International Council of Psychologists, Inc. is a nonprofit corporation, governed by the bylaws, organized exclusively for educational and scientific purposes. Its purpose is to advance psychology and the application of its scientific findings throughout the world.

1.4. The Board of Directors consists of the Officers and Directors-at-Large of the Board of Directors, elected in accordance with the Bylaws.

1.5. The officers are the President, President-Elect, Past President, Secretary, and Treasurer, all of whom are elected from Members of the International Council of Psychologists, Inc. in accordance with the Bylaws.

1.6. A meeting of the Board of Directors and a general membership meeting both will occur annually at the International Council of Psychologists, Inc. Convention site. The Board of Directors may hold additional meetings as needed either in a single location or via electronic means.

1.7. No part of the Council's income is distributed to its members, directors, or officers and the Council shall not have to issue shares of stock or pay dividends.

1.8. Upon the dissolution or other termination of the Council, the Board of Directors will select another organization dedicated to educational or scientific purposes in the field of psychology, to which to transfer such assets as remain after the payment of all liabilities.

#### ARTICLE 2. MEMBERSHIP

2.1. Types of Membership. There are two classes of membership: Member and Student Affiliate.

2.2. Members are *mental health professionals and social scientists* who hold or are eligible to hold membership in *their discipline related* national *professional* association, and (b) have been actively engaged for a period of not less than two years, prior to application for membership, in professional work or study that *advances the science and practice of psychology and supports the use of psychological knowledge to promote social health and justice globally.* 

2.3 Student Affiliates are graduate students enrolled in an academic program leading to an advanced degree in *psychology or in an allied mental health profession or social science*.

2.4 Privileges and Benefits of Members.

# GETTING TO KNOW THE ICP ORGANIZATION

Full Members in good standing are entitled to: vote in all member elections and on all propositions submitted to the membership; receive regularly issued publications free of charge; receive discounts on other publications or on registration fees as may be established by the Board; hold elective or appointive office, and receive other privileges granted by the Board or specified in the Bylaws. Student Affiliates receive all the privileges of Members, except the rights to vote and hold elective office.

2.5 Application for Membership. Each must be submitted with first year dues and are reviewed by the membership Committee for recommendation to the Board of Directors for membership status approval.

2.6 Resignation, Termination and Reinstatement of Membership. Termination of membership occurs under the following conditions: (1) for non-payment of dues; (2) For unethical practice or unprofessional behavior, or conduct reflecting unfavorably upon the association or scientific psychology.

2.10. Reinstatement of a former member whose resignation had previously been accepted, or

who has been terminated, is considered by the membership Committee. Upon receipt of the reinstatement request, submission of a new application for membership and the payment of dues, the Membership Committee shall act upon the request.

2.11. Members may not act as a representative or agent of the International Council of Psychologists, Inc. without specific, written authorization by the President or as specified in these Bylaws.

ARTICLE 3. EXECUTIVE COMMITTEE & BOARD OF DIRECTORS

3.1. The Board of Directors consists of five Officers comprising the Executive Committee and 12 Directors-at-Large. The President, President-Elect, Past-President, Secretary and Treasurer comprise the Executive Committee of the association.

3.2. The President is the executive-in-charge of management and leadership of the association and has just completed an elected term as President-Elect. Following the Presidential year, this officer serves as Past President in the next term.

3.3. The Secretary and Treasurer are elected for terms of three years. The Secretary and Treasurer are elected in different years so their terms are overlapping but not identical years.

3.4. Board members are elected annually from a slate of candidates who have agreed to be nominated for each available position and are ICP members in good standing-

1-22

3.5. Four Directors-at-Large of the Board are elected each year to serve three-year terms.

3.5. Four Directors-at-Large of the Board are elected each year to serve three-year terms.3.6. Board members are installed during the outgoing Board meeting that follows their election. They serve until successors are duly elected and installed, or are replaced by appointment by the President after being absent for two consecutive board meetings.

3.7. Board Meetings: The Outgoing Board session is scheduled for a day and a half prior to the opening of the convention. The Incoming Board session is scheduled following the outgoing Board and the Membership Meeting, but within the convention period. When business before the Incoming Board is completed, the Board adjourns sine die.

3.8. Additional meetings of the Board may be called at any time at the discretion of the President with the concurrence of at least four members of the Board Directors. Formal notice of a Special Meeting states its purpose and only business related to that purpose should be transacted at that Special Meeting.

3.9. Open Board Meetings. Members of ICP are encouraged to attend Board Meetings as observers. Observers do not speak except upon specific invitation of the President. Meetings are to be held in rooms of a size to accommodate observers.

3.10 Quorum. Decisions at meetings of the Board are made by majority vote of the Directors present and voting. No policy or action can be approved that could endanger ICP's status as a Non-profit 501(c)3 educational organization recognized by the Internal Revenue Service of the United States of America.

3.11 The Executive Committee of the Board consists of the five elected officers. They are responsible for conducting the business of the association between regular Board meetings.

3.12 Each officer prepares an Annual Report to the Board in advance of the Annual Board Meeting in time for inclusion in the Annual Board Agenda Book.

3.13 The Board of Directors amends Board Rules as needed, submits changes in bylaws, incorporation, or policies for membership vote, assures conduct of Board and Membership meetings in accord with Robert's Rules of Order, and ensures that AP&P procedures and rules are followed by officers, committees, agents, delegates, and staff.

# GETTING TO KNOW THE ICP ORGANIZATION

3.14 The Board reviews, amends, and approves the annual operating budget presented by the Treasurer for the coming calendar year.

3.15 The Board receives and approves Convention proposals [sites, dates, hotel, budget projections,]

3.16 The Board reviews proposals for regional meetings, inter-convention workshops, other area chair meetings, and authorizes the President to appoint ad hoc committees as deemed necessary.

3.17. The President is Chief Executive Officer and Chairman of the Board for *the International Council of Psychologists, Inc.* including the Annual *Conference* and Membership Business Meeting.

3.18 The President Elect [PE] assumes duties of President in the event of the latter's absence, resignation, or inability to perform the duties of office.

3.19 The Past President [PP] manages the Nomination and Election (N&E) process.

3.20 The Secretary is responsible for the preparation of all minutes of Board meetings, Executive Committee meetings/issues dialogues/votes, and Annual Membership Business Meetings. As required by federal and state incorporation regulations, the Secretary signs or cosigns official correspondence, resolutions, and documents, with the President or other designated agents of the association.

3.21 The Treasurer has primary fiduciary responsibility for ICP financial operations, presents accounting reports and operating budgets to the Board, reviews conference budgets and manages reserve funds.

3.22 The Board of Directors functions in conformity with the Certificate of Incorporation, the Bylaws, Board Rules, and Council Policies.

3.23 The responsibilities of Board as a whole include: monitoring and oversight of the work of the Council; determining general policies, making and amending rules for the conduct of governance meetings, procedures established for Council programs and activities, and procedures established to guide officers, committees, agents, delegates, and staff; and for submission of an annual report to the President and Board.

3.24 The Board reviews and approves the association's annual operating budget, investments, and annual accounting reports, IRS reports, and convention hosting proposals and budgets.

3.25 Each Board member keeps a current record of procedures and a compilation of the papers of the office, which are transferred to the successor in the role.

3.26 The Board may establish or eliminate ad hoc committees as necessary.

#### ARTICLE 4. CENTRAL OFFICE OR SECRETARIAT

4.1. The Board may establish a central office or Secretariat to support the mission of the association by supporting elected Board members and appointed leaders in the conduct of their duties.

4.2 A central office may serve as the clearing house for communications and information exchange.

4.3. The manager of the central office is responsible directly to the President.

#### ARTICLE 5. STANDING COMMITTEES AND WORKGROUPS

5.1. The Standing Committees of ICP are: ARCHIVES; AREA CHAIRS; CONTINUING EDUCATION; FINANCE COMMITTEE; CONFERENCE LONG RANGE PLANNING COMMITTEE; MEMBERSHIP COMMITTEE, NOMINATIONS & ELECTIONS AND UNITED NATIONS COMMITTEE. Standing committee chairs are appointed by the President to three year renewable terms and presented for Board approval at the Incoming Board meeting.

8.2 10. WORKING GROUPS AND TASK FORCES: PROFESSIONAL CONCERNS; LIAISONS; BYLAWS AND POLICIES AND PROCEDURES UPDATING;

# GETTING TO KNOW THE ICP ORGANIZATION

#### ARTICLE 6. CONVENTIONS AND MEETINGS

6.1. A convention is held annually, unless prevented by natural disaster, war, or decision of the Board.

6.2 The annual convention may include some or all of the following: Board

Meetings; a Membership Business Meeting; a Scientific Program, professional development and Continuing Education 6.3 The annual convention schedule is developed under the leadership of a Convention Arrangements and Program Chair, appointed by the President-Elect, who chairs the Annual Conference Working Group with the support of the Local Arrangements Chair and Conference Long-Range Planning Committee

6.4. *Annual Convention*, Regional and Ancillary or Embedded program proposals are presented to the President, Long Range Conference Planning Chair, and Treasurer for review and authorizations

#### ARTICLE 7. FISCAL YEAR, DUES, AND DONATIONS

7.1. The ICP fiscal year is the calendar year.

7.2. Annual dues are determined and approved by the Board and solicited on a calendar year basis.

7.3. Donations or contributions are accepted, recognized, and acknowledged, in accordance with the non-profit laws and rules.

#### ARTICLE 8. COMMUNICATIONS AND PUBLICATIONS

8.1 The International Psychologist (IP) is the official newsletter for the Council.

8.2 The IP newsletter is disseminated quarterly with supplements as authorized by the President. 8.3 The ICP Journal [WORLD PSYCHOLOGY], Membership Directory & Leaders Guide are prepared, published and

disseminated as authorized by the Board.

8.4 ICP's Annual Convention Proceedings are published as feasible.

8.5 ICPweb.org is the official internet website for the Council.

#### ARTICLE 9. AMENDMENTS

9.1 The Council Board of Directors may submit for membership vote amendments to the Bylaws that are consistent with the Council's Certificate of Incorporation and deemed necessary for the efficient management of the affairs of the Council.

Psychologists ICP

9.2 Adoption of amendments is determined by a majority vote.

9.3 Amendments to the Bylaws may be proposed by any member of the Council Board of Directors.

9.4 Votes of the membership are conducted under confidentiality conditions and may be executed through print and/or electronic means.

9.5–Proposed changes to Certificate of Incorporation or Federal Tax Exemption status are reviewed and approved by the certifying agencies prior to submission for membership voting.

# GETTING TO KNOW THE ICP ORGANIZATION



# GETTING TO KNOW THE ICP ORGANIZATION

#### INTERNATIONAL COUNCIL OF PSYCHOLOGISTS, INC. DIRECTORY 2014-15

#### President

Tara Pirhekayaty, PhD 3580 Wilshire Blvd #2000 Los Angeles, CA 90010 USA 213- 381-1250 Ext 228 tarapirimees@msn.com

President Elect Janet Sigal, PhD Fairleigh Dickinson University 1000 River Road Teaneck, NJ 07666 USA Janet2822@aol.com

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Past President: Ludwig F. Lowenstein Allington Manor, Allington Lane, Fair Oak, Eastleigh Hampshire, SO50 7DE, UK Ludwig.lowenstein@btinternet.com

#### Directors at Large (Exp. 2015)

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#### Continuing Parliamentarians

Ann Marie O'Roark, USA, Executive Consultant annoroark@bellsouth.net

Florence Denmark, USA, Main Representative to United Nations NGO fdenmark@pace.edu

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International Association Liaison Chair Martin Mrazick, Canada mrazick@ualberta.ca

Interest Groups and IP Research Varda Muhlbaur, Israel vardam@netwvision.net.il

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Archive Management Donna Goetz, USA donnag@elmhurst.edu

Long Range Planning Committee [2016] Machiko Fukuhara, Yoshiko Kato, Edit Nagy-Tanaka

Banking and Records Manager (2014-2015) Nancy Quatrano nancy@OnTargetWords.com & DPI

# ICP LEADERSHIP THROUGH THE YEARS

YEAR	PRESIDENT	CONFERENCE LOCATIONS
1942-43	Florence L. Goodenough	National Council of Women Psychologists
1944-45	Clairette P. Armstrong	
1946-47	Gertrude Hildreth	
1948	Alice I. Bryan	
1949-50	Gladys C. Schwesinger	
1951-52	Lillian G. Portenier	
1953	Evelyn M. Carringon	
1953-55	Harriet E. O'Shea	
1955-57	Wally R. Hackett	
1957-59	Dorothea W. F. Ewers	
1959-61	Emma M. Layman	International Council of Psychologists/Chicago, IL USA
1961-63	Josephine H. Ross	Washington, DC/Philadelphia, PA USA
1963-65	Marne L. Groff	Los Angeles, CA USA
1965-67	Cecily G. Grumbine	Chicago, IL USA/New York, NY USA
1967-69	Henry P. David	Washington, D.C. USA
1969-71	Doris T. Allen	Tel Aviv, ISRAEL
1971-73	Victor D. Sanua	Washington, D.C. USA
1973-75	Leah Gold Fein	Montreal, CANADA/New Orleans, LA USA
1975-76	Frances A. Mullen	Paris, France
1976-77	Joseph D. Matarazzo	
1977-78	Allen G. Barclay	Munich, GERMANY
1978-79	Lisette Fanchon	Princeton, NJ USA
1979-80	Frances M. Culbertson	Bergen, NORWAY
1980-81	Peter F. Merenda	Los Angeles, CA USA
1982-83	Virigina Staudt Sexton	Southampton, ENGLAND
1983-84	Esther Halpern	San Francisco, CA USA
1984-85	John, S. Helmick	Mexico City, MEXICO
1985-86	Gori S. Gunvald	Rhode Island, USA
1986-87	Charles D. Spielberger	Tel Aviv, ISRAEL
1987-88	Elisa Margaona	New York, NY USA
1988-89	David Yau-Fai Ho	SINGAPORE
1989-90	Florence L. Denmark	Nova Scotia, CANADA
1990-91	Tsune Shirai	Tokyo, JAPAN
1991-92	Margaret Fischer	San Francisco, CA USA
1992-93	Henk van der Ploeg	Amsterdam, The NETHERLANDS
1993-94	Stephanie Dudek	Montreal, Quebec, CANADA
1994-95	Uwe Gielen	Lisbon, PORTUGAL
1995-96	Emily Miao	Taipei, TAIWAN
1996-97	Bruce Bain	Edmonton, Alberta, CANADA
1997-98	Selma G. Sapir	Graz, AUSTRIA
1998-99	Sandra E. S. Neil	Melbourne, AUSTRALIA
1999-00	Frank Farley	Salem, MA USA
2000-01	Matti K. Gershenfeld	Padua, ITALY
2001-02	Roswith Roth	Winchester, ENGLAND
2002-03	Antoinette D. Thomas	Manilia, PHILLIPPINES
2003-04	Edith H. Grotberg	Jinan, CHINA
2004-05	Natividad Dayan	Iguacu Foz, BRAZIL
2005-06	Dennis Trent	Kos Island, GREECE
2006-07	Anna Laura Comunian	San Diego, CA USA
2008-09	Chok Hiew	St Petersburg, RUSSIA
2009-10	Consuelo Barreda-Hanson	Chicago, IL USA/Mexico City, MEXICO
2010-12	Ann Marie O'Roark	Washington, DC/Sevilla, SPAIN
2012-13	Ludwig Lowenstein	Jakarta, INDONESIA-Honolulu, Hawaii USA
2013-15	Tara Pir	Paris, FRANCE/Toronto, CANADA

# ICP CONFERENCE THEMES THROUGH THE YEARS

- 1971 Assessment of Cross-Cultural Studies
- 1976 Psychology and Society: The Interface of Theory and Practice
- 1978 Future Horizons in Psychology
- 1979 Children and Lifespan Development: International Year of the Child
- 1980 Children, Families and Development
- 1981 Critical Issues of the 1980's-the Quality of Survival
- 1982 Changing Human Behaviour and Human Communities–Future and International Perspectives
- 1983 Communication–The Universal Search: Theory, Practice and Research
- 1984 Psychological Development Across the Boundaries of Age and Nations
- 1985 Women: The Challenge for the Future
- 1986 International Psychology for Peace and Understanding
- 1987 Quality of Life: A Challenge for Modern Psychology
- 1988 East-West Dialogue: The Role of Psychologists in Promoting Health and Well-Being
- 1989 Global Perspectives on Family and Meaningful Relationships
- 1990 Perspectives on Human Behavior in the Changing Global Environment
- 1991 ICP 1941-1991: The Legacy and the Challenge
- 1992 New Trends and Developments in Psychology: Beginning the Next 50 Years of ICP
- 1993 Revisioning the Future
- 1994 The Family
- 1995 Cross-Cultural Encounters
- 1996 Psychology and Education in the 21<sup>st</sup> Century
- 1997 Psychologists Facing the Challenge of a Global Culture with Human Rights and Mental Health
- 1998 A Matter of Life: Psychological Theory, Research and Practice
- 1999 The Spiritual Side of Psychology at Century's End
- 2000 It's All About Relationships
- 2001 Catching the Future: Women and Men in Global Psychology
- 2002 Helping Others Grow
- 2004 Making a Difference in the Life of Others
- 2005 Promoting Mental Health Across Cultures and Nations
- 2006 International Perspectives in Psychology
- 2007 Peace, Hope and Well-Being Across the Cultures
- 2008 Families in Transition
- 2009 Psychological Science: International Developments
- 2010 Psychological Values Around the World
- 2011 Integration of Health and Mental Health in the Context of Culture: Providing Comprehensive Services in Partnership with Allied Professionals
- 2012 Health, Peace and Social Justice
- 2013 Moving Toward Peaceful Intergroup Relationships Reducing Stigma & Discrimination: A Worldview
- 2014 International Perspectives on Global Issues
- 2015 Psychological Contributions to Solving Global Problems in the 21<sup>st</sup> Century

# ICP ANNUAL AWARDS AND RECOGNITION

Distinguished Contribution & Service to International Psychology: Frances Mullen Award

- Chair: Dr. Anna Laura Comunian, Padua University, ITALY
- 2012 Dr. Elisa Margaona, Emeritus University of Americas, Mexico City, MEXICO
- 2013 Dr. Frances Culbertson, Emeritus, Wisconsin University, USA
- 2014 Dr. Florence Denmark, Pace University, USA
- 2015 Dr. Ann Marie O'Roark

Feminist Psychology Research and Service: Denmark-Grunvald Award

- Chair: Dr. Donna Goetz, Elmhurst University, Illinois, USA
- 2012 Dr. Ana Guil, Sevilla University, SPAIN
- 2013 Dr. Krisi Poewandari, University of Indonesia, INDONESIA
- 2014 Dr. Sabine Sezesny, University of Bern, SWITZERLAND
- 2015 Dr. Jan Yoder, University of Akron, USA

Early Career International Psychology Award: Bain-Sukemune Award

- Chair: Dr. Cecilia Cheng, Hong Kong University, CHINA
- 2013 Dr. Angela K. y-Leung, Singapore Management University, SINGAPORE
- 2014 Dr. Melody Chao, Hong Kong University, CHINA

2015 – To Be Announced

Advanced International Research and Service: Machiko Fukuhara Award

Chair: Dr. Ann Marie O'Roark, Florida, USA

- 2012 Dr. Charles D. Spielberger, Emeritus, University of South Florida, USA
- 2013 Dr. Jose M. Piero, Valencia University, SPAIN
- 2014 Dr. Michael Knowles, Emeritus, University of Monash, AUSTRALIA
- 2015 Dr. Merry Bullock, APA International Office, USA

InAbsentia Graduate Student Poster Exhibit: Dayan-O'Roark-Barreda Hansen-Comunian (DOBC) Award Chair: Dr. Anna Laura Comunian, Padua University, Padua, ITALY

Awards ICP, Inc. Appreciation Awards Chair: Dr. Tara Pir, President ICP, Inc. 2013-15 Board Members and Appointed Chairs completing terms of office ICP, Inc. Ambassadors Special Contributions by Members, Current Year



73<sup>rd</sup> ANNUAL ICP (International Council of Psychologists) Conference AUGUST 1<sup>ST</sup> – 3<sup>RD</sup> 2015 TORONTO, CANADA



EXHIBIT: ICP INTERNATIONAL RELATIONS AND HUMAN RIGHTS INTEREST GROUP

THE ENDANGERED PEOPLE AND CHILDREN, HUMAN RIGHTS WORLD SUMMIT 2015

# **INTRODUCTION TO THE SYMPOSIA**

# The International Council of Psychologists 2000-2001 Millennium World Peace Statement

"WE THE PEOPLE OF THE INTERNATIONAL COUNCIL OF PSYCHOLOGISTS, LOOK BACK AT THE 20TH CENTURY WITH AWE AND ALSO HORROR

WE LOOK WITH AWE AT WOMEN'S AND MEN'S SCIENTIFIC AND TECHNOLOGICAL ACHIEVEMENTS THAT HAVE PUT MEN ON THE MOON, THAT ARE LENGTHENING HUMAN LIFE EXPECTANCY EVERYWERE, THAT CAN BRING US VISIONS WITHIN MINUTES OF EVENTS THAT TAKE PLACE THOUSANDS OF MILES AWAY, THAT ENABLE SOME OF US TO COMMUNICATE AT LIGHTNING SPEED WITH OTHERS AROUND THE WORLD, AND TO INFORM AND BE INFORMED.

WE LOOK WITH HORROR AT OUR INHUMANITY TOWARD OTHERS, AT WAR AND MASSACRES, AT HATE AND HONOUR KILLINGS, AT ABJECT POVERTY IN A SEA OF PLENTY, AT TECHNOLOGICAL MISADVENTURE, AT CONFLICTS IN WHICH ENTIRE POPULATIONS ARE CHASED FROM THEIR ANCIENT LANDS, AT THE RUTHLESS DESTRUCTION OF OUR LIFE-GIVING ENVIRONMENT, AT WHAT COULD HAVE BEEN AND WAS NOT.

WE RECOGNISE THE NEGLECT OF THE HUMAN SPIRIT.

WE ARE DETERMINED TO MAKE THIS NEW MILLENNIUM ONE IN WHICH OUR ACHIEVEMENT OF THE 20<sup>TH</sup> CENTURY WILL BE USED FOR ALL PEOPLE TO LIVE BETTER AND TO LIVE IN PEACE, FREE OF WANT AND OF WAR.

TO THESE ENDS WE WILL WORK FOR THE DEMOCRATIC PROMOTION OF PEACE EDUCATION, FOR ENDANGERED PEOPLE AND CHILDREN, FOR TRANSFORMING SELF AND SOCIETY, FOR CREATING COMMUNITY DIALOGUE, FOR 'RE- MEMBERING' PEOPLE EVERYWHERE, FOR THE STRICT ADHERENCE TO PRINCIPLES OF HUMAN AND CULTURAL RIGHTS, AND THE SPIRIT OF LIVING TOGETHER IN PEACE AS GOOD NEIGHBOURS, AND THROUGH OUR EFFORTS TO MAINTAIN INTERNATIONAL PEACE AND SECURITY ENSURE THAT FORCE SHALL NOT BE USED IN SETTLING HUMAN RIGHTS CONFLICTS SO THE PEOPLE'S VOICES ARE HEARD AND THE PEOPLE'S NEEDS ARE DEFENDED AND MET."

EXHIBIT: ICP INTERNATIONAL RELATIONS AND HUMAN RIGHTS INTEREST GROUP

# THE ENDANGERED PEOPLE AND CHILDREN, HUMAN RIGHTS WORLD SUMMIT 2015

The initial ICP Millennium Statement was made at the International Council of Psychologists Conference in 2001. During the first decade of the new millennium, people around the world remain involved with war, terrorism, cruelties and poverty. Therefore, ICP convenes a World Summit Symposia within the 73<sup>RD</sup> Annual Convention of the International Council of Psychologists 2015.

## "The Endangered People and Children Human Rights World Summit 2015"

We take the occasion of the 73<sup>rd</sup> annual conference of The International Council of Psychologists to propose specifically:

- peace, security and disarmament
- eradication of poverty
- human rights
- sustainable development and the environment
- facing the challenge of globalisation: achieving equity, justice and diversity

Psychologists ICP

• enabling health rights of all people

# WELCOME

As ICP World Area Chair Coordinator 2000-2014 and 2014-2017, Chair of the ICP International Relations and Human Rights Interest Group I welcome you to this 73<sup>rd</sup> International Council of Psychologists Conference in Toronto.

On behalf of the ICP President Elect Dr. Janet A.Sigal PhD, the Board of Directors and the Scientific Committee (Dr. Janet A.Sigal, Emerita Professor Florence L. Denmark and Dr Ann Marie O'Roark) we invite you to our world summit. The theme of the conference in Toronto,

Canada  $1^{st}$  – 3rd August 2015 is: "Psychological Contributions to Solving Global Problems in the 21st Century".

The ICP Board of Directors welcomes and invites participants of the 73rd ICP Conference to join us in this dedication and summit gathering.

EXHIBIT: ICP INTERNATIONAL RELATIONS AND HUMAN RIGHTS INTEREST GROUP

The International Council of Psychologists was established in 1941 with the intent of promoting World Peace and "To advance psychology and the application of its scientific findings throughout the world" [ICP Bylaws 1.3] Programs, projects, publications, and public information are to focus on educational and scientific psychology and its application for well-being.[Certificate of Incorporation, State of Connecticut]. The founding members of the

International Council of Psychologists had vision, creative energy, and a passion for the discipline of psychology. The vision, framed in a global, international context, centred on an association of academically and technically trained colleagues with a shared purpose. They were among the very first to realize the importance of establishing a validated knowledge base about healthy human behaviour and responsible methods of applying psychological knowledge for the betterment of individuals, groups, and societies. The hallmarks of ICP, our shared mission, values, and ethics are central factors in the resilience and commitment found in the International Council of Psychologists, 1941-2015

#### 1981 UN-NGO Consultative Status ECOSOC & DPI

In this Summit, we refer to the ideas of the world's deep thinkers who believed in peace as an incontestable goal of life's struggle. We hope this collection of ideas and quotations may inspire each one of you to paint the world green instead of red – green, the colour of creativity, wisdom, and love, rather than red, the colour of spilt blood.

1. "Remember we are all affecting the world, every moment, whether we mean to or not. Our actions and states of mind matter, because we are so deeply interconnected with one another. Working on our own consciousness is the most important thing that we are doing at any moment, and being in love is the supreme creative act." (Ram Dass)

- 2. "As I would not be a slave, so I would not be a master." (Abraham Lincoln
- 3. "What's done to children, they will do to society." (Karl Menninger)
- 4. "I have learned silence from the talkative, toleration from the intolerant, and kindness from the unkind; yet, strange, I am ungrateful to those teachers." (Kahlil Gibran)
- 5. "The worst sin towards our fellow creatures is not to hate them, but to be indifferent to them: that is "the essence of inhumanity."" (George Bernard Shaw)
- 6. "It's really a wonder that I haven't dropped all my ideals, because they seem so absurd... Yet I keep them, because in spite of everything I still believe that people are really good at heart. I simply can't build my hopes on a foundation of confusion,

EXHIBIT: ICP INTERNATIONAL RELATIONS AND HUMAN RIGHTS INTEREST GROUP

misery and death...and yet...I think...this cruelty will end, and that peace and tranquillity will return again." (Anne Frank)

- 7. "All people are a single nation." (The Holy Koran)
- 8. "Until he extends the circle of his compassion to all living things, man will not himself find peace." (Albert Schweitzer)
- 9. "I am not an Athenian, nor a Greek, but a citizen of the world." (Socrates)
- 10. "Imagine all the people living in peace. You may say I am a dreamer, but I am not the only one. I hope someday you will join us, and the world shall be as one." (John Lennon)
- 11. "The wars carried within us, were projected outside." (Anais Nin)
- 12. " ...the means to and the realization of one's own ultimate value. . . are: Reason, Purpose, Self Esteem, with their corresponding virtues: Rationality, Productiveness, Pride." (Ayn Rand)

1981 UN-NGO Consultative Status ECOSOC & DPI

The quotes above come from a book to the Chair some years ago by the late **Dr. Matti Gershenfeld**, ICP Past President, Secretary General, and author of widely used textbooks on group dynamics. Her gift, a book of quotes, is entitled **"From Swords to Ploughshares: Quotations from the** *War and Peace Foundation Archives"*, edited by Selma Brackman and Rashmi Mayur (PhD). The book is published by the War and Peace Foundation of the United Nations (ISBN No. 81-87404-05-1).

Dr Sandra E. Neil PhD, MA, BEd, BA, FAPS (Australia)

World Area Chair Coordinator 2000-2014 and 2014-2017, Chair of the ICP International Relations and Human Rights Interest Group, Director of ICP Board 2011-2017.

EXHIBIT: ICP INTERNATIONAL RELATIONS AND HUMAN RIGHTS INTEREST GROUP

# This Programme Is Dedicated In Loving Memory of the Late

Professor Munehira Akita Dr Patricia Cautley Dr Gerald Gamache

Dr Matti Gershenfeld Professor Edith Grotberg Professor Jaswant Khanna Professor Prabha Khanna Professor Pittu Laungani Professor NoachMilgram Professor Roberta Milgram Dr Julia Rose Dr Seisoh Sekemuri Mr Robert Wesner

Who, Amongst Others, By Their Example And Lives, Advanced The Cause Of Human Rights Through Their Work With The International Council Of Psychologists

Dedicated to our Dear Beloved ICP'ers no longer alive but always in our hearts

# History of Human Rights Summits for the International Council of Psychologists

# "Endangered People and Children World Summits"

1. 1986..

Round Table Human Rights Conference with Area Chair Present. International Council of Psychologists Annual Conference, Tel Aviv Israel.

2. 1988

Papers presented at the 46th Annual Convention of the International Council of Psychologists, Republic of Singapore, 21 - 25 August 1988, "Health, Psychology, Stigma, Social Identity and Body Image - Some suggestions for Health Professionals". Papers also presented at this Conference "Peace & the World" with

C. Harari of Humanistic Psychology Centre, New York, USA, T. Iritani, Tokyo University, Japan, A. S. Patel, Bardo, India, and Dr. Sandra E.S. Neil, Melbourne, Australia - "International Psychology's Contribution to World Peace - Round Table Symposia".

3. 1991

Endangered People and Children World Summit: The Legacy and the Challenge, 49<sup>th</sup> Annual Convention of the International Council of Psychologists, San Francisco CA, USA.

4. 1995

Endangered People and Children World Summit: The Legacy and the Challenge, 53<sup>rd</sup> Annual Convention of the International Council of Psychologists. Conference Theme: Cross Cultural Encounters. Tapei, Taiwan.

5. 1997

"Human Rights Forum: Endangered People and Children World Summit": published in International Journal of Group Tensions, Vol 27: No 4.

6. 1997

Endangered People and Children World Summit: The Legacy and the Challenge, 55thAnnual Convention of the International Council of Psychologists. Conference Theme: Psychologists Facing the Challenge of a Global Culture with Human Rights and Mental Health, Regional Cross Cultural Perspectives on Human Development, Graz Austria

7. 1998

"Endangered People and Children World Summit": Human Rights Forum chaired by Dr Sandra E.S. Neil at the 56th Annual Convention of the International Council of Psychologists in Melbourne, Australia, 1 - 5 August 1998.

8. 1999

As President of The International Council of Psychologists; "Endangered People and Children World Summit": Human Rights Forum. 57th Annual Convention of the International Council of Psychologists. The Spiritual side of Psychology at Century's End, Salem, Massachusetts, USA.

#### 9. 2000

"He Gave Me a Red Poppy": paper presentation by Dr Sandra E.S. Neil as part of the two hour symposium "Transfiguring the Commonplace: When Images Speak and Words Sing," chaired by Professor Stephanie Dudek, at the XXVII International Congress of Psychology, 27 July 2000, Stockholm, Sweden. Other presenters included Dr Robert Silverberg.

#### 10. 2000

As President-Elect of International Council of Psychologists "Endangered People and Children World Summit": Human Rights Forum, 58<sup>th</sup> Annual Conference of the International Council of Psychologists. Conference Theme: It's All About Relationships, Padua, Italy.

#### 11. 2000

"The Family: Microcosm for the World": paper presentation by Dr Sandra E.S. Neil as part of the two hour symposium "Human Rights: Focus on Cultural Norms," convened and chaired by Dr Sandra E.S. Neil, at the XXVII International Congress of Psychology, 28 July 2000, Stockholm, Sweden. Other presenters included Professor Jaswant Khanna, Professor Mukti Khanna, Dr Robert Silverberg.

#### 12. 2001

International Council of Psychologists, "Endangered People and Children World Summit": Human Rights Forum, 59th Annual Conference of the International Council of Psychologists. Conference Theme: Catching the Future: Women and Men in Global Psychology, Winchester, UK.

#### 13. 2002

"Illusions of Safety Diminished: Endangered People and Children's Peace Summit 2002": forum which Dr Sandra E.S. Neil chaired and presented 'Towards Peace: Penning History with Green Ink (The Colour of Creativity, Partnership and Beauty,' along with Beth Hedva (USA), Seisoh Sukemune (Japan), and Nabil El-Zahhar (Egypt), at the International Council of Psychologists 60th Annual Convention, 1-5 July 2002, Manila, The Philippines.

#### 14. 2003

"Endangered Children and People World Summit," by the ICP Peace, International Relations and Human Rights Interest Group. This forum was chaired by Dr Sandra Neil. Others who were involved were: Matti Gershenfeld (USA), Chok C.Hiew (Canada), Nabil E. El-Zahhar (Egypt), Beth Hedva (Canada), Joy Rice (USA), Dr Amos Alao (Botswanna) at the 61st Annual Convention, International Council of Psychologists; Mental Health for Today's World, 11-14 August, 2003, Toronto, Canada.

#### 15. 2004

"Peace Between, Peace Amongst & Peace Within," by the International Council of Psychologists International Relations and Human Rights Interest Group. This forum was chaired by Dr Sandra Neil. www.icpweb.org Others who were involved were: Dr Matti Gershenfeld (USA), Dr Nabil E. El-Zahhar (Egypt), Dr Beth Hedva (Canada), Dr Natidavid Dyan (Philippines), Dr Joy Rice (USA), Dr Edith Grothberg (USA), Prof Florence Denmark (USA), Dr Jaswant Khanna (USA), Prof Noah Milgram (Israel), Dr Amos Alao (Botswanna &, Dr Itah Kandjii-Murangi (Namibia, South Africa). For the 62nd Annual Convention, International Council of Psychologists; Making A Difference In The Lives Of Others, 3rd- 6th August, 2004, Jinan, China.

## 16. 2005

"Endangered People and Children: Peace, International Relations and Human Rights World Summit," a symposium chaired by Dr Sandra E.S. Neil at the 63rd Annual Convention, International Council of Psychologists; 16th-20th July 2005, Foz De Iguacu, Brazil. Other participants in this forum were: Dr Matti Gershenfeld (USA), Dr Chok Hiew (Canada), Dr Amos Alao (Botswana), Dr Natidavid Dyan (Philippines), Dr Joy Rice (USA), Dr Edith Grothberg (USA) and Prof Noah Milgram (Israel). Dr. Neil's presentation was entitled "Human Rights and Responsibilities in the Family: A Transgenerational Approach to Positive Change in Families."

## 17. 2006

"Endangered People and Children: Peace, International Relations and Human Rights World Summit," a symposium group chaired by Dr Sandra E.S. Neil at the 64th Annual Convention, International Council of Psychologists; 10th-13th July 2004, Kos, Greece. Other participants in this forum were: Dr Matti Gershenfeld (USA), Professor Florence Denmark (USA), Dr Amos Alao (Botswana), Dr Natidavid Dyan (Philippines), Dr Edith Grothberg (USA), Dr. Beth Hedva (Canada) and Prof Noah Milgram (Israel). Dr.

Neil's presentation was entitled "Human Rights and Responsibilities in the Family and the Nation in Crisis: Satir Approach to Positive Change in Families and in National Disasters".

- 18. 2006 Dayan N., Grotberg E., Roth R., Hiew C., and Bernardo A.B., (Eds) (2006) Making a Difference in the Life of Others. Proceedings of the 62nd Annual Convention International Council of Psychologists August 3-6, 2004, Jinan, China, II. International Friendship Global Summit: Peace Between, Peace Amongst, and Peace Within, Introduction & Conclusion pp 41-43; Families and International Global Peace: "Green not Red: Peace Begins within the Family" pp 49-65, Shaker Verlag, ISBN 3-8322-5546-X
- 19. 2007

65th Annual Convention, The International Council of Psychologists, August 11-14, 2007, San Diego, USA: Accepted to give oral presentation entitled "Peace Begins Within the Family: The 'New' New Australians". Also invited to be Chairperson to represent the Australian perspective "Endangered People and Children: World Round Table Summit" Other participants in this forum were: Co-Chair- Dr Nabil El-Zahhar, Discussant- Dr Robert Silverberg, Presenters, Professor Emerita Florence Denmark (USA), Dr Edith Henderson Grothberg (USA), Dr Ann O'Roark (USA), Professor Noach Milgram (Israel), Dr Lugwig Lowenstein (United Kingdom).

#### 20. 2010

68th Annual convention, Keynote Address Dr S E Neil, The International Council of Psychologists, August 3-7, 2010, Chicago, USA: Invited Address entitled "Enhancing Family Values".

#### 21. 2010

Melbourne World Peace Summit 2010, International Relations And Human Rights, The International Council Of Psychologists International Relations and Human Rights World Summit presented as a program within the 27th Congress Of The International Association Of Applied Psychologists, July 11th-16th Melbourne," a symposium group chaired by Dr Sandra E.S. Neil. Other participants in this forum included co-chair – Dr Robert Morgan (USA), Discussant – Dr Robert L.N. Silverberg (Australia), Dr Ann Marie O'Roark (USA), Dr Ludwig Lowenstein (United Kingdom), Professor Sherri McCarthy (USA), Professor Emerita Florence Denmark,(USA), Professor Anna Laura Comunian (Italy),Dr Sandra E Neil (Australia).

# 22. 2013

Jakarta, Indonesia World Peace Summit 2013, The Endangered People and Children Human Rights World Summit from The International Council of Psychologists, International Relations and Human Rights Interest Group presented as a program within the 71st annual ICP July 3rd - 7th Jakarta, Indonesia. Chair Dr Sandra Neil. Discussant Dr Robert Silverberg, Co-Chairs are Prof. Dr. Roswith Roth (Austria), and Dr. Natividad Dayan (Philippines). Presenters Prof. Dr. Sarlito Sarwono (INDONESIA), Dr. Tara Pir (USA), Prof. Dr Roswith Roth (Austria), Dr. Natividad A. Dayan,(Philippines), Dr Sandra Eileen Neil, PhD (Psychology), (Australia), Dr L F Lowenstein Ph.D (United Kingdom), Dr Julia Rose (United Kingdom).

# PSYCHOLOGICAL CONTRIBUTIONS TO SOLVING PROBLEMS IN THE 21<sup>ST</sup> CENTURY 73<sup>RD</sup> ANNUAL ICP INC CONFERENCE – TORONTO, CANADA 2015 CONFERENCE ACKNOWLEDGEMENTS FROM THE CHAIR

Janet A. Sigal, Ph.D., President-Elect and Chair of the Scientific Review Committee for 2015, wishes to acknowledge the following ICP members for their contribution to the ICP Toronto Conference:

- Florence L. Denmark, Ph.D. and Ann Marie O'Roark, Ph.D., on the Conference Committee
- Tara Pir, Ph.D. ICP President, and Nancy Quatrano for their many contributions throughout the process of developing the Conference
- The Scientific Review Committee: Richard Velayo, Ph.D., and Martin Mrazik for their thoughtful reviews and recommendations which were essential in creating this exciting Toronto Program
- Awards Committee:
  - o Ann Marie O'Roark, Ph.D.: The Fukuhara Award
  - o Donna Goetz, Ph.D.: Denmark-Grunvald Gender Research and Service Award
  - o Cecilia Cheng. Ph.D.: The Early Career Bain-Sukemune Award
  - Ann Laura Comunian, Ph.D.: Distinguished Contribution to International Psychology and ICP Inc. Mullen Award
- Anna Laura Comunian, Ph.D.: InAbsentia Graduate Student Poster Exhibits

Emily A. A. Dow, Ph.D., whose assistance in preparing the program book was essential





# ICP 73<sup>rd</sup> Annual Conference in Toronto, Canada August 1-3, 2015

"Psychological Contributions to Solving Problems in the 21st Century"



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www.icpweb.org

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ICP 73<sup>rd</sup> Annual Conference in Toronto, Canada August 1-3, 2015

"Psychological Contributions to Solving Problems in the 21st Century"



# ABOUT TORONTO MEMBERSHIP APPLICATION CERTIFICATE OF ATTENDANCE

# (Taken directly from <a href="http://www.lonelyplanet.com/canada/toronto#ixzz3dF2YYYyI">http://www.lonelyplanet.com/canada/toronto#ixzz3dF2YYYyI</a>)

Welcome to Toronto, the most multiculturally diverse city on the planet: over 140 languages are spoken. The flavors, aromas, sights and sounds of almost every nation converge peacefully in the streets of Toronto's many neighborhoods: microcosms of culture thriving in a somewhat hazy 'bigger picture' that proud locals defend regardless. You're likely to feel accepted here: it's estimated that over half of Toronto's residents were born outside <u>Canada</u>, and despite its complex make-up, Torontonians generally get along. Reports of intolerance and race-related violence are uncommon; no doubt a factor in Toronto winning the bid to host the Pan-Am Games in 2015 (July 10–26). The third-largest international multisport games come with a \$1.5 billion dollar price tag and is expected to draw 250,000 visitors to town.

# Check out these nearby attractions (adapted from <u>http://www.radisson.com/toronto-hotel-on-m5j2n5/ontoront/area</u>):

- <u>Harbourfront Centre</u> (0.1 km) Home to festivals throughout the year, this local hotspot also offers canoe rentals and the Toronto Music Garden. Phone: +1 (416) 973-4000
- •
- CN Tower (0.9 km)

See the city from atop one of the modern Seven Wonders of the World. This famous landmark has been amazing visitors since 1976.

Phone: +1 (416) 868-6937

- <u>Hockey Hall of Fame</u> (1.6 km) From the revered Stanley cup to fun, interactive exhibits, the Hockey Hall of Fame pays tribute to Canada's national pastime. Phone: +1 (416) 360-7765
- ٠
- <u>Art Gallery of Ontario</u> (2.8 km) AGO boasts more than 68,000 works of art across exhibits that span the last two millennia and include an impressive range of European and African pieces. Phone: +1 (416) 979-6648
- - Royal Ontario Museum (4.1 km)

This ornate building has been combined with the Deconstructivist *Crystal*structure to create quite a remarkable entrance. The museum features an array of cultural and natural history artefacts. Phone: +1 (416) 586-8000

#### INTERNATIONAL COUNCIL OF PSYCHOLOGISTS, INC.

#### Membership Application Submit with payment to: ICP Banking and Records Manager: Ms Nancy Quatrano 4625 Cedar Ford Blvd., Hastings, FL USA 32145 nancy@ontargetwords.com

membership in a na (IUPsyS), or (b) me application review a	tional psychological association affiliated wi eets comparable requirements in their discipl gent, and (c) has been actively engaged for a	scipline field who (a) holds or is eligible to hold ith the International Union of Psychological Science line or in a particular country, as determined by the period of not less than two years prior to application used on quality of life, wellness, and is psychological
		rgraduate student actively working toward a degree or mphasis on psychological aspects of a related field of
PREFERRED TITLE: Dr	Prof Mr Mrs Ms Other	
Languages Spoken		
FULL NAME (Print)		
	DDRESS (Print)	
СПТУ	STATE	ZIP/MAIL CODE
COUNTRY	COUNTRY CODE (Telepl	hone):
TELE Home	TELE Work	
CELL PHONE	FAX	
E-MAIL	(all ICP communi	ication is done via email. Please provide an address)
	DEGREE OR CERTIFICATE (Degree, Da	

#### OTHER DEGREES:

Student Affiliate applicant—you must provide (1) the name and address of your university. (2) name and address of your major professor, (3) your anticipated degree or certificate, and (4) your anticipated date of graduation.

ENDORSERS: all applicants (one or two-see instructions below): Names, addresses, and EMAIL addresses

If you are a member of a national psychological association affiliated with the International Union of Psychological Science (IUPsyS), and are endorsed by at least one current ICP Board Member and/or Area Chair, you do not need to provide any other endorsement than the typed full name of that endorser or endorsers on the application.2. Other applicants: Please ask two professional persons to sign as endorsers on the other side of this application, or have them send a letter of endorsement directly to the ICP Secretariat (address at the top of this page). These endorsers should be familiar with your training and/or experience in psychology, and should either be members of ICP or be recognized professional persons who can be identified by the Membership Application Processing Committee.

If endorsers are not available, please submit a complete curriculum vitae or resume with your application. www.icpweb.org PAYMENT: The ICP Membership year is January 1 - December 31. \$15 late fees effective February 1

Please check one category below:

# EFFECTIVE WITH THE 2016 MEMBERSHIP YEAR, DUES FOR ALL COUNTRIES WILL BE \$50.00 FOR FULL PROFESSIONAL MEMBERS.

# ALL STUDENT MEMBERSHIPS WILL REMAIN AT \$10 PER YEAR

# 2015 MEMBERSHIPS (\$100/60/40) PAID BETWEEN JUNE 15 and DECEMBER 31, 2015 WILL COVER DUES THROUGH THE 2016 PERIOD.

## FULL PROFESSIONAL MEMBER (A Countries): \$100.00 (U.S. DOLLARS)

(Australia, Austria, Bahrain, Belgium, Brunei, Canada, Denmark, Finland, France, Germany, Great Britain, Greece, Hong Kong, Iceland, Ireland, Israel, Italy, Japan, Kuwait, Luxembourg, Netherlands, New Zealand, Norway, Portugal, Qatar, Saudi Arabia, Singapore, Spain, Sweden, Switzerland, Taiwan, United Arab Emirates, USA)

FULL PROFESSIONAL MEMBER (B Countries): \$60.00 (U.S. DOLLARS) (Antigua & Barbuda, Argentina, Bahamas, Barbados, Brazil, China, Croatia, Cyprus, Czech Republic, Iran, Korea, Malaysia, Malta, Mexico, Oman, Poland, Seychelles, Slovakia, Slovenia, South Africa, Suriname, Turkey, Venezuela, Yemen)

FULL PROFESSIONAL MEMBER (C Countries): \$40.00 (U.S. DOLLARS) (All other countries not listed above)

STUDENT AFFILIATE, ALL REGIONS: \$10 US (effective July 30, 2014)

APPLICATION AMOUNT DUE \$\_\_\_\_

MAKE CHECKS PAYABLE TO: INTERNATIONAL COUNCIL OF PSYCHOLOGISTS, INC.

See <u>HTTP://WWW.ICPWEB.ORG</u> for Credit Card & PayPal payments:

Send Application and Payment or Confirmation of Payment To: Ms. Nancy Quatrano Via Street Or Email Address Given At Top Of Application A COPY of application will be sent to the President

Credit Card payments accepted at <u>http://www.ICPWEB.ORG/Membership</u>. Please complete the membership form as well so we can keep our records up to date.

Use PAYPAL options for dues, donations and convention payments.

73 <sup>rd</sup> CONVENTION OF THE INTERNATIONAL COUNCIL OF PSYCHOLOGISTS, Inc. 1-3 AUGUST 2015 RADISSON ADMIRAL TORONTO BAYFRONT ERTIFICATE OF ATTENDANCE This certifies that
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