



East Allington Primary School and Nursery

www.eastallingtonprimary.org.uk

parent@eastallingtonprimary.org.uk

01548 521305

BOOK TIME! Just 10 minutes every day.

Younger children love reading the same book again and again. This is really good. Lots of repetition helps learning, memory and reading skills – after a while, they can tell you the story!

Administrator: Please note from 02/12 the admin office hours will be:

Monday: 8:30 – 15:30

Tuesday: 8:30 – 10:30

Wednesday: 8:30 – 15:30

Thursday: 8:30 – 10:30

Friday: 8:30 – 10:30

Emergency phone lines:

If you need to contact the school in an **EMERGENCY** after 11.00am please use the numbers below. Otherwise please phone the answer machine which will be checked at 12.00pm, 1.00pm AND 3.00pm daily.

The emergency phone will be picked up by a teaching assistant who will be able to help. The numbers are:

- 07593 070076 (Nursery, Reception and Class 1)
- 07514 512811 (Class 2 and 3)

22 November 2019

Upcoming Events

**Christmas craft clubs: 27
November & 5 December**

**School Christmas Lunch: 12
December**

**Christmas Fayre: 13 December
2.00 - 4.00pm**

**Christmas Concert (classes 1-3):
17 December 1.30pm & 7.00pm**

**Nativity (Reception & Nursery)
18 December 9.30am**

**END OF TERM: 21 December –
5 January**

SPRING TERM 2020: 6 January

Breakfast club: From 25/11 breakfast club will be in the following places:

Monday:	Reception classroom
Tuesday:	Hall
Wednesday:	Class 1
Thursday:	Hall
Friday:	Hall

EA curriculum: We are continuing to refine our curriculum in staff meetings. Teachers are now writing statements describing how each subject is taught across the school. These will be put on the website when completed.

Parent Pay: Please can parents regularly check their account and make relevant payments. If you need any help please ask, we are happy to help.

School meals: All children in Reception, Year 1 and Year 2 are entitled to a free school meal (called Universal Infant Free School Meals).

From Year 3, school lunches are charged at £2.45 each. However some pupils may be entitled to a Free School Meal based on family income. If you think this may apply please see the attached link for further information. <https://www.devon.gov.uk/educationandfamilies/school-information/school-meals>

School Menu: updated menu attached.

PTFA QUIZ: Thank you to the superb PTFA for organising this – a much enjoyed event that raised more than a thousand pounds for the school! Well done to the team from the school who won! (wasn't rigged...honest!). Thank you for all the hard work and dedication of the volunteers.

Parking and pick up: Please remember; if you come from up the hill, park at the top of the hill – if you come from the bottom of the hill, please park at the bottom and walk up. Please WAIT to manoeuvre your car until children have passed by – it will just be a few minutes – a few minutes to avoid accidently harming a child.

Parent Forum: Thank you to all who came our last the parent forum.

Talk to us: If you would like to have a chat with your child's teacher, please make an appointment – we are always happy to talk. If you wish to communicate with your child's teacher via email, please use the school email address and not their personal or work email addresses.

parent@eastallingtonprimary.org.uk

Class News! This week - Reception

The Reception children were inspired by the Joe Wick's workout for Children in Need so wanted to create a Sports Centre role play area. As a result, this week we have been focusing on keeping healthy this week. We have been looking at healthy food choices and sorting food into 'healthy' and 'unhealthy' using a SMART presentation; we also voted to make a smoothie for our Friday snack....yum! We made a shopping list of all the foods that we like and our main story this week was, 'I will never, ever eat a tomato' (or should I say, moon-squirter!). We have been timing ourselves to complete running and jumping activities. We also looked at activities which might be deemed 'healthy' such as dancing and swimming and 'unhealthy' like smoking and using the X-Box. What a healthy class!

Volunteers: We still need as many volunteers as possible; **Can you help?** Just a few hours reading support can make a massive difference and even change a life. Working with children is exciting and fulfilling. If you have any time to spare – even an hour, please contact us.

Attendance:

Attendance has dropped again and is now under our target of 96%. Let's improve on this.

Reception	95.53%
Class 1	96.47%
Class 2	96.72%
Class 3	93.24%
School	95.58%

FSU STILL needs you! We need contributions of;

- Tractors and farm vehicles
- Girl's pants
- Socks
- Toy cars, Doll's house, Doll's house furniture, Small cutlery
- Role play items- shop, kitchen, fire station, police station, vets, space, construction, hairdressers.

Internet safety information: <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

Parent Info is a free web service providing information to parents and carers:

<https://parentinfo.org/>

Advice from NSPCC on social networks, apps and games: <https://www.nspcc.org.uk/ShareAware>

A non-profit organisation working with others to help make the internet a great and safe place for children: <https://www.childnet.com/parents-and-carers>



World Children's Day

This year, World Children's Day, celebrated on 20th November, marked 30 years since the United Nations Convention on the Rights of the Child. Since then, so much has improved for children around the world:

- More than 50% reduction in deaths of children under 5 since 1989
- Almost halved the proportion of undernourished children since 1990
- 2.6 billion more people have cleaner drinking water today than in 1990

However, as our world changes, our children face new challenges and risks. As adults, we are duty-bearers to ensure the children in our care receive their rights.

Article 19: Every child has the right to protection from harm.

Article 6: Every child has the right to grow and develop in the best possible way.

Below are some suggested resources to help protect our children and support them to thrive:

Internet Safety: <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

The internet can be an amazing resource for learning, research and communicating, but it also puts children into contact with the wider world, risking them viewing inappropriate material, being groomed and even abused. The website above has many resources and guides for parents on how to keep your children safe online.

Physical Safety: <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>

It can be a difficult conversation to have, but if your child is not aware of what sexual abuse is, they may not realise if they ever experience it. This NSPCC resource helps children to understand what is OK and what isn't and how their own boundaries should be respected.

Mental Health: <https://www.actionforchildren.org.uk/support-for-parents/>

This website contains lots of links for parents. Select the 'Support for Parents' tab and then 'Children's Mental Health'.

Finally, if you are looking for support locally for your child, check out

<https://www.pinpointdevon.co.uk/>

Here you will find local groups, professionals and services who you can contact for support. It may be that your child has a diagnosed condition and you would like to meet up with families with similar experiences, or perhaps you are searching for health or therapeutic services for your family. You can even look for financial and practical sources of support. If you need any help with locating the right service for you or your child, please come and speak to me and I will signpost you.

Week 1 Wk Com; 2nd December	Week 2 Wk Com; 9th December	Week 3 Wk Com; 25th November 16th December
Monday Grilled chicken with pasta & tomato/basil sauce. Sweetcorn or peas/salad sticks Garlic bread. Grated cheese. Homemade Chocolate cake. Fresh fruit or yoghurt.	Monday Pasta Meatballs with with tomato & basil sauce. Vegetables sweetcorn or peas & salad sticks Garlic bread. Grated cheese Homemade carrot cake. Fresh fruit or yoghurt	Monday Pasta with tuna & tomato/basil sauce Vegetables sweetcorn or peas & salad sticks Garlic bread. Grated cheese. Homemade sultana cake. Fresh fruit or yoghurt
Tuesday Baked sausage roll & herby diced potatoes with peas or baked beans. Homemade Fruit crumble. Fresh fruit or yoghurt	Tuesday Chicken & vegetable hot-pot with sliced potatoes and gravy. Homemade chocolate brownie Fresh fruit or yoghurt	Tuesday Baked sausages served in a Yorkshire pudding with crispy diced potatoes, vegetables and gravy. Homemade apple turnover. Fresh fruit or yoghurt
Wednesday Chicken Korma with savoury rice and poppadum. Fruit & jelly pot. Fresh fruit or yoghurt.	Wednesday Homemade Lasagne with garlic slice & salad sticks. Homemade Cookies. Fresh fruit or yoghurt.	Wednesday Homemade Cottage pie with fresh vegetables & gravy. Homemade Jam tart. Fresh fruit or yoghurt.
Thursday Roast Gammon, roast potatoes with fresh vegetables & gravy. Fresh melon pots, Fresh fruit pots or yoghurt	Thursday Xmas Lunch with all the trimmings Christmas dessert Fresh grape pots Fresh fruit pots or yoghurt	Thursday Roast pork, roast potatoes with fresh vegetables & gravy. Fresh peach pots Fresh fruit pots or yoghurt
Friday Battered fish fillet with chips & baked beans or peas. Homemade Chocolate Crispie cake Fresh fruit or yoghurt.	Friday West Country pork sausage with chips & baked beans or peas. Homemade fruit flapjack Fresh fruit or yoghurt	Friday Chicken chunks with chips & baked beans or peas. Homemade fruit muffin Fresh fruit or yoghurt



PTFA Cake Raffle



Tickets just 50p each



On sale both before and after school every day
From Sarah Hepburn-McCarthy and Bex Hiley



Winner drawn every Friday