

## Key debates:

### Risk vs benefit.

The effects of play on mental health and wellbeing.

Learning outdoors vs being in the classroom.

## Who should I follow on Twitter?



There are many fantastic practitioners to follow on Twitter – in lots of cases they will also tweet blog posts to follow up as well. These are just a few of the people whose ideas and practice I have found particularly useful.

@FSAForestSchool – Forest School Association official Twitter.

@muddyfaces – muddyfaces.co.uk, kit suppliers

@MyForestSchool – Training provider

@ForestSchoolFun – Forest School provider

@FENnetwork – Learning outside the classroom Forest School arm

@CLOtC – Council for Learning Outside the Classroom.

@EssexWildlife – Essex Wildlife Trust, training provider and Forest School Provider.

@wearewildthing – the wild network, outdoor learning ideas

@olrresources – resource provider



Follow  
@CamTSNet for  
more 'subjects  
on a page'

# Forest School 'on a Page'

## On The Blogosphere

### Forest Schooled

<https://www.forestschooled.com/>

A whole range of forest school blogs and articles. You can search for blogs on specific aspects of forest school or for inspirational activities.

### Free Forest School Blog

<https://www.freeforestschool.org/free-forest-school-blog/>

Articles for inspiration. This one is particularly useful as it tells you roughly how long each article will take you to read.

### Forest School for all

<http://forestschoolorall.com/about/>

Another set of blogs and articles to help when training or for inspiration when leading forest school.

### Forest School Support Group

<https://www.facebook.com/groups/1402371313314666/>

Not a blog technically but a Facebook group with over 8000 members. Lots of advice and guidance about all aspects of Forest School. You must be a member to contribute and this group is very well moderated.

## What should I read?

### Dirty Teaching: A Beginner's Guide to Learning Outdoors by Juliet Robertson.

Juliet Robertson offers tips and tricks to help any primary school teacher to kick-start or further develop their outdoor practice. One of the keys to a happy and creative classroom is getting out of it and this book will give you the confidence to do just that. Drawing on academic research, Juliet explains why learning outdoors is so beneficial and provides plenty of tips and activities to help you to integrate outdoor learning into your teaching practice, providing a broad range of engaging outdoor experiences for your students.

### Last Child in the Woods: Saving our children from Nature-Deficit Disorder by Richard Louv.

This book shows how our children have become increasingly alienated and distanced from nature, why this matters and how we can make a difference.

### Forest School For All by Sara Knight

This book will help run sessions in:

- Older primary classes
- Secondary Schools
- Children in urban environments
- Special Schools

And many others settings

### Play the Forest School Way by Jane Worroll and Peter Houghton.

This book shares Forest School games, crafts and skill-building activities with families, its magical illustrations and simple instructions drawing children easily into a world of wonder.

### The Stick Book: Loads of things you can make or do with a stick by Fiona Danks and Jo Schofield.

This activity-packed book provides you with 70 suggestions for things to do with a stick including bushcraft adventures, creative play, woodcraft and conservation, music and more. From building a den to making a magic wand, from a game of 'capture the flag' to creating a sun clock, the possibilities are endless. All you need to get started is ... a stick!

### And a watch...

#### Project Wild Thing

Research shows that this generation is the first in history to have a shorter life expectancy than the one before it. This film explores one man's journey to improving his children's wellbeing.