

# Ephesians 5 Wife Study Challenge

What it means to submit to your husband...

"Wives, submit to your own husbands, as to the Lord. For the husband is the head of the wife, as also Christ is the head of the church; and He is the Savior of the body. Therefore, just as the church is subject to Christ, so let the wives be to their own husbands in everything." Ephesians 5:22-24

*Before completing this study challenge, pray that God will open your heart to see your role as a wife through His eyes.*

## DAY ONE

1. What is the definition of submission?
2. What does submission mean to you?
3. What is submission in the biblical sense?
4. Read the following scriptures and write down your thoughts about submission after you read each one:
  - James 4:7
  - Romans 8:7
  - 1 Peter 3:5-6
  - Colossians 3:18

Pray for God to reveal the areas in your heart where you struggle with submission.

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*Before completing Day 2, pray for God to reveal His purpose for marriage.*

## DAY TWO

1. After completing day 1 of the study, do you feel that submission is a sign of weakness?  
Why or why not?

2. What do you think God's purpose for marriage is?

3. From the beginning of creation, God had a plan for marriage. Read the following scriptures and write down your thoughts about God's intentions for marriage:

Genesis 1:26-27

Genesis 2:18

Genesis 2:24

Ecclesiastes 4:9

Pray for God to show you what submission to your husband looks like for you.

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*Before completing day 3, thank God for giving you the gift of marriage & for the love you have for your husband.*

## DAY THREE

1. What are some things that keep you from being submissive to your husband?
2. Ask God to show you what things in your life/heart are preventing you from submitting to your husband. List what He shows you.
3. List ways in which you can start submitting to your husband today.

My prayer is that you find joy in your marriage and your role as a godly wife. May God richly bless your marriage & family.