

TIDAL TRIPLE 2019 – Day 3 Sandy Gap Gallop

5KM Race		
	Name	Time
1	Darren Coward	0:21:00
2	Adam Dawson	0:21:15
3	Malcolm Hill	0:25:06
4	Janice Callister	0:25:30
5	Mark Wilding	0:25:44
6	Sandra Garnett	0:27:12
7	Victoria Wilding	0:29:46
8	Marie Morris	0:31:16
9	Ruth Haughian	0:31:50
10	Kath Berry	0:32:47
11	Caroline Arnold	0:36:24
12	Kelly White	0:36:26
13	Sandra Wright	0:36:57
14	Eric Nelson (Junior Winner)	0:38:03
15	Lucy Hall	0:39:12
16	Gemma McGlinchey	0:39:17
17	Pat Newby	0:39:37
18	Siobhan Lines	0:39:50
19	Harrison Marr	0:47:50
19	Helen Marr	0:47:50
20	Byron Edney	1:01:49
20	Dave Farish	1:01:49
21	Terry Peet	1:01:54
22	Caroline Peet + Harvey Dog	1:04:54

10KM Race		
	Name	Time
1	Heather Travis	0:49:37
2	Mark Barrow	0:51:02
3	William Sharp	0:52:42
4	Nick Armstrong	0:55:34
5	Rachel Read	0:57:27
6	Maria Blakey	0:57:45
7	Matt Pearson	0:59:36
8	Lynne Holmes	1:01:24
9	Dawn Attwood	1:07:50
10	Lesley Grieve	1:10:29
11	Shelley Myers	1:13:17
12	Lesley Pymm	1:16:17
Half Marathon		
	Name	Time
1	Olly McKenna	1:16:49
2	Jonathan Bailey	1:43:10
3	Suzanne Smith	1:43:36
4	Ted Smith	1:43:37
5	Nicola Malloy	2:01:43
6	Dennis Cartwright	2:11:33
7	Shaun Nelson	2:12:55
Marathon		
	Name	Time
1	Andrew McPherson	4:01:02
2	John Naylor	4:09:42
3	Sam Hughes	4:29:51
4	Ivan Field	4:33:02
5	Chris Foden	5:01:27
6	Paul Edwards	5:11:35
7	Sonja Farish	5:25:03

