**HOSTED BY: HANOVER GYMNASTICS** 

LOCATION: The Utz Arena at the York Expo Center, 334 Carlisle Ave., York, PA 17404

## **GIRLS 2017 SCHEDULE**

All sessions are Modified Capital Cup (large squads will be split/plan accordingly) Awards will be immediately following competition in the designated area. Team awards to follow final levels session.

\*\*\*\*(Age Determination as of last day of meet: November 19, 2017)\*\*\*\*

## SATURDAY, NOVEMBER 18, 2017

GYM A -GYM C-

Session 1-A: Xcel Silver & Gold (all ages) Session 1-C: Level 8 (age 13 & und); Xcel Diamond

**Registration:** 7:15am Registration: 7:15am Stretch: 8:ooam Stretch: 8:ooam **Presentation:** 8:20am Presentation: 8:20am **Awards:** 10:30am Awards: 10:30am

Session 2-A: Level 4: (age 9 and under) Session 2-C: Level 8 (age 14 & up); Level 9 (13 & und)

Registration: 10:00am **Registration:** 10:00am Stretch: 11:00am Stretch: 11:00am **Presentation:** 11:20am Presentation: 11:20am Awards: 1:45pm Awards: 2:00pm

Session 3-A: Level 4: (age 10 and up) Session 3-C: Level 9 (age 14 & up); Level 10 (all ages)

**Registration:** 1:30pm **Registration:** 1:30pm Stretch: 2:15pm Stretch: 2:30pm **Presentation:** 2:35pm **Presentation:** 2:50pm Awards: 5:15pm Awards: 5:45pm

## SUNDAY, NOVEMBER 19, 2017

GYM A -GYM C-

Session 4-A: Level 3 (age 8 & under) Session 4-C: Level 6 (age 11 & und) **Registration:** 7:15am Registration: 7:15am Stretch: 8:ooam Stretch: 8:00am **Presentation:** 8:20am Presentation: 8:20am Awards: 10:00am **Awards:** 10:45am

Session 5-A: Level 3 (9 & up); Xcel Bronze (all ages)

Session 5-C: Level 6 (age 12 & up); Platinum (all ages) **Registration:** 9:30am Registration: 10:15am Stretch: 10:30am Stretch: 11:15am **Presentation:** 10:50am **Presentation:** 11:35pm Awards: 12:45pm Awards: 2:15pm

Session 6-A: Level 5 (all ages)

Session 6-C: Level 7 (all ages) **Registration:** 12:15pm Registration: 1:45pm Stretch: 1:15pm Stretch: 2:45pm **Presentation:** 1:35pm **Presentation:** 3:05pm Awards: 3:45pm Awards: 5:30pm