

THE H♥RT

BREADHOUSE & EATERY

BREAKFAST SERVED BETWEEN 8AM & 12PM

Poached or Scrambled Free range egg

SIMPLE BREAKFAST	R62	SMOKED MACKAREL	R88
2 Eggs, Bacon, Mushrooms, Candied Tomatoes & Toast		On a Potato Rosti. Served with a Poached Egg, Zesty Hollandaise, Baby Spinach & Cherry Tomatoes	
GARY'S BREAKFAST	R85	ITALIANO	R85
2 Eggs, Bacon, Chorizo, Mushrooms, Candied Tomatoes, Avocado & Toast		Poached eggs & Spinach, Sundried Tomatoes, Parmesan shavings & Basil pesto on Field Mushroom & Toast	
BANGER BREAKFAST	R75	KIDDIES BREAKFAST	R45
2 Salt & Black Pepper Bangers, 2 Eggs, Onion Rings, Beans & Toast		Scrambled Eggs, Cheese Griller & Toast	
FULL HARTED BREAKFAST	R98	GRANOLA	R80
2 Eggs, Bacon, Chorizo, Cheese Griller, Beans, Onion Rings, Mushrooms & Toast		Oven Baked Granola, Nuts, Plain Yogurt, Banana, Assorted Fruits & Honey	
BENEDICTS		SMOOTHIE BOWL	R65
Poached Egg, Candied Tomatoes & Hollandaise Sauce served on Brioche		Peanut Butter, Baked & Spiced Granola, Banana, Double Cream Yoghurt & nuts Add: Apu Power Superfood Powder +R15	
BACON (R58/R95) SALMON (R68/R110)		HEALTHY BREAKFAST SALAD	R95
FRENCH TOAST (Made with Brioche)		Salmon, Avocado, 2 Poached Eggs, Cucumber ribbons, Cherry tomatoes, Fancy Lettuce & Rocket. Drizzled with Hollandaise	
PLAIN	R45	VEGAN FLATBREAD	R75
served with Syrup ADD Bacon R25		Topped with babaganouche, crispy chickpeas, Asian baby leaves, cumin candied tomatoes, Avo and grilled baby marrow ADD Egg R15	
BANANA & NUTELLA	R70	CROISSANTS	
CROQUE MADAME	R85	Bacon, Scrambled eggs, Rocket & Sundried tomato Pesto	R75
Layered with Bacon, Smoked Mozzarella, Rocket & Mustard Butter		Salmon, Crème Fraîche & Avocado	R95
VEGGIE EGG WHITE CREPE	R75	BUILD YOUR OWN CROISSANT	R25
Spinach, Avocado, Mushrooms, & Feta cheese. Drizzled with Hollandaise, Served with Toast ADD Bacon R25		<u>THESE ARE PRICED PER ITEM</u>	
ADD Salmon R35		Tomatoes, Mushrooms, Crème Fraîche, Cream Cheese, Egg, Baked Beans, Nutella	R15
CHORIZO ROSTI	R85	Cheddar Cheese, Onion Rings, Pesto	R20
Chorizo on a Potato Rosti with Avocado, Poached Egg & Sriracha Hollandaise		Avocado, Parmesan, Bacon, Chorizo, Two Eggs, Cheese Griller	R25
		Parma Ham	R35
		Salmon	R40

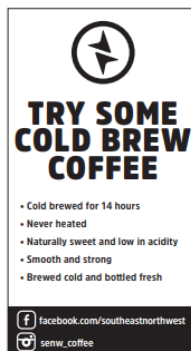
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COFFEE

Our coffee is roasted by Rock & Roller. It is a blend of Guatemala, El Salvador & Burundi bean

Americano	R20/R23
Cappuccino / Red Cappuccino	R26/R32
Cortado	R25
Flatwhite	R28
Latte, Chai Latte, Café Mocha, Hot Chocolate	R30
Add Cream	+R6
Substitute Milk with Almond Milk	+R8
Tea of Life Raw Kombucha	R35
Fresh Juice of the Day	R38
Cold Brew Coffee by SENW	R35



THE H♥RT

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SERVED BETWEEN 12:30PM & 9PM

SANDWICHES (Served until 6pm)

SERVED ON CIABATTA OR RYE

- Bacon, avo & tomato **R58**
- Cucumber, avo, basil pesto, goats cheese & rocket **R65**
- Grilled chicken, bacon, brie, red onion marmalade & rocket **R70**
- Parma ham, goat's cheese, sundried tomato pesto, rocket & avocado **R85**
- Grilled chicken, Sundried tomato pesto parmesan, roast garlic aioli & rocket **R68**
- Fillet sandwich with chimichurri, rocket, cucumber & roast garlic aioli **R95**

WARM WRAPS (Served until 6pm)

- Grilled chicken, brie & beetroot **R65**
- Crumbed chicken, Thai sweet chilli sauce, Asian baby leaves & coleslaw **R70**
- Butternut, aubergine, feta, rocket & red onion served with a mint yoghurt dressing **R65**
- Pulled pork, gherkins, mustard, coleslaw & fresh coriander **R70**
- Vegan Wrap: Babaganouche, crispy chickpeas, Asian baby leaves, candied tomatoes, avo and grilled baby marrow **R70**

HOT PRESSED SANDWICHES (Served until 6pm)

SERVED ON BRIOCHE OR RYE

- Double cheese & bacon **R60**
- Grilled chicken, rocket & gherkin mayo **R65**
- Salami, gherkins, emmental cheese & hot English mustard **R65**
- Honey glazed pork shoulder, cream cheese & tangy mustard **R70**

PLATTERS TO SHARE

CHEESE PLATTER **R135**

Selection of cheeses served with fresh bread and preserves

CURED MEAT & CHEESE PLATTER **R180**

Selection of cured meats and cheeses served with fresh bread and preserves

SOMETHING LIGHT

CLASSIC SALAD **R45**

Fancy lettuce, tomato, cucumber, olives, feta & croutons

VEGGIE SALAD **R80**

Roasted butternut, beetroot, Asian baby leaves, nuts, parmesan & balsamic reduction

BEEF TATAKI **R98**

Lemon pepper & sesame seared beef fillet, red chilli, cucumber and radish with sticky ginger soy

THE HART SALAD **R95**

Honey glazed bacon, baby corn, blue cheese, croutons, avocado, & sundried tomato pesto

MEDITERRANEAN SALAD **R98**

Grilled chicken, red onion, baby corn, cucumber, feta-stuffed peppadews, crispy tortillas, peppers, coriander, mint yoghurt & lime vinaigrette

PAELLA SQUID STARTER **R85**

Paella stuffed squid tubes & tentacles with aioli, salsa verde and baby leaves

FILLET SALAD **R125**

Seared beef fillet on Asian baby leaves, char grilled onion, radish, horseradish crème fraiche, cucumber ribbons and parmesan shavings

KIDDIES (Kids under 12 only)

All Kiddies meals served with chips

Crumbed chicken strips **R55**

Cheese & tomato toasty **R45**

Chicken or Beef burger **R60**

Fish fingers **R55**

Hot chocolate float - vanilla ice cream with hot chocolate **R35**

BURGERS

Served with onion rings and salad or Hand-cut chips
180g pure beef.

CLASSIC CHEESE **R90**
Beef or Chicken breast with emmental & cheddar

VEGGIE BURGER **R85**
Grilled & battered aubergine, butternut, emmental, Woodstock ale onion marmalade, basil pesto & rocket

HONEY CHICKEN **R95**
Grilled chicken breast, cheddar cheese, Asian baby leaves & honey mustard mayo

THE FRESHER **R105**
Beef burger topped with goats cheese, rocket and salsa verde

BACON AVO & CHEDDAR BURGER **R120**
Beef burger topped with bacon, avocado & cheddar cheese

SMOKED MOZZARELLA **R115**
Beef burger, smoked mozzarella with maple syrup glazed bacon, red wine onion relish & rocket

BACON, FIG & BLUE CHEESE **R125**
Beef burger, creamy blue cheese, green fig, bacon & rocket

BIG HART BURGER **R135**
Beef burger, chorizo, salami, avocado, emmental cheese, sundried tomato pesto mayo

STOUT CHICKEN **R108**
Crumbed chicken breast with brie cheese, Woodstock ale onion marmalade

THAI CHICKEN **R100**
Grilled chicken breast with pineapple, Asian baby leaves and Thai sweet chilli sauce

FISH BURGER **R100**
Beer battered hake, sesame seeds, cucumber, gherkins, lime, coriander & tartar

PULLED PORK BURGER **R100**
Sticky pulled pork, coleslaw, cheddar cheese, gherkins, red onion marmalade & whole-grain mustard

BURGER NO BUN
Any burger above served without the bun, but field mushrooms in its place

PIES

Served with salad or Hand-cut chips

Chicken, Bacon and Mushroom **R90**
Pepper Steak **R98**
with creamy peppercorn sauce

FISH & CHIPS

Woodstock beer battered hake served with salad, Hand-cut chips & tartar sauce **R105**

MAINS

VEGAN THAI DAHL **R140**
Thai dahl with cauliflower, roast cashews and coriander, served with rocket, flatbreads and crispy chickpeas

PAELLA STUFFED SQUID **R165**
With chorizo, tomatoes & lemon aioli.
Served with a side of hand-cut chips

ROLLED PORK SHOULDER **R155**
with mint and pea puree, crackling, apple, parmesan crisp & red wine jus. Served with hand-cut chips or salad

SLOW ROAST LAMB SHOULDER **R180**
With Tahini yoghurt, fresh salsa, hand-made flatbread & grilled aubergines

SEARED BEEF FILLET **R185**
Served on crispy potato rosti with garlic field mushrooms, parmesan spinach and a green peppercorn sauce. Served with hand-cut chips or salad

OPTION OF SIDES **R30**
Sweet Potato Crisps, Onion Rings,
Hand-cut chips or Side Salad

DESSERTS

Lavender White Chocolate Mousse **R65**
with peaches & roasted white chocolate

Apple Crumble **R65**
with vanilla ice cream & whiskey sauce

Baked Vanilla Pod Cheesecake **R65**
with ice cream and caramel popcorn

Affogato **R45**
Vanilla ice cream with a shot of espresso

Glenmorangie Ten Year Old	R32
Glenfiddich Twelve Year Old	R40

Cold beverages

Coke/Coke Light/Coke Zero/Sprite/ Sprite Zero/Fanta	R22
Grapetizer Red/White /Appletizer	R27
Lipton Iced Tea: Peach/Lemon	R25
Still/Sparkling water 500ml	R20
<u>Fitch & Leeds:</u>	R20
Lemonade, Ginger Ale, Indian Tonic, Light Tonic, Pink Tonic, Pink Tonic Light, Soda water or Bitter Lemon	
<u>Fever-Tree:</u>	R20
Indian Tonic or Elderflower Tonic Water	
Kings Ginger Beer 340ml	R25

Milkshakes

Vanilla, Strawberry, Chocolate, Coffee, Peanut Butter	R42
Nutella, Banana & Salted Caramel, Turkish Delight	R45

Beers by the bottle

Rekordelig Strawberry & Lime or Wild Berry	R58
Dragon Fiery Ginger	R35
Corona Cerveza	R35
Castle Light/Castel Lager Black Label/	R26
Windhoek Lager/Hunters Dry/Savanna Dry/	
Savanna Light/ Becks Non-Alcoholic	
Heineken	R28

Beers on tap

Woodstock Brewery presents...	330ml/500ml
Happy Pills – Pilsner	R32/R40
Californicator IPA	R37/R47
Mr Brownstone – Hazelnut Ale	R37/R47
Born Slippy Lager	R25/R

35

Lakeside – Pale Ale	R37/R47
CBC Lager	R32/R42
CBC Amber Weiss	R32/R45

Gin

Strettons (UK), Gordons (UK)	R20
Bombay Sapphire Infused (UK)	R25
Inverroche Classic/Amber/Verdant (Stilbaai)	R30
Hendricks (Scotland), Malfy (Italy),	
Whitely Niell (UK) Small Batch, Protea & Hibiscus or Aloe & Cucumber. Bulldog (UK) Bloedlemoen (SA), Musgrave Pink Gin (SA), Pienaar & Son Orient/ (SA)	
The Botanist (Island of Islay)	R35

Whiskey, Rum & Brandy

Sailor Jerry Rum, Jack Parrow Brandy	R18
Bacardi Carta Negra Rum	R20
100 Reserve Brandy	R25
Jamesons, Mount Gay Rum	R28
Johnny Walker Black, Bushmills Black	R30

Cocktails

Mojito Lime, Rum & Mint	R60
Martini Bianco & Tonic Refreshing...	R45
The Grand Ambassador Orange, Lime & Martini Bianco	R55
Strawberry Daiquiri Fresh Strawberries blended with Rum	R65
Pimm's Cocktail Summer fruits, lemonade & Pimm's	R65
Sunshine Martini Passion fruit & Sky Vodka	R60
Swartland Gronie Inverroche Amber Gin, Caperitif & Tonic	R65
Get that Man a Ginger Bells Scotch Whiskey, Caperitif & ginger ale	R58
Wild Turkey Double Bourbon Whiskey on the rocks with Sugar	R50
Whiskey Sours Bourbon Whiskey, Egg Yolk, Sours & Bitters.	R60
Aperol Gin & Tonic Inverroche Verdant Gin, Aperol and Tonic	R65
Hawaiian Punch Amaretto, Southern Comfort & Orange juice	R60
Negroni Campari Swartland Campari, Caperitif & Bombay Sapphire infused Gin	R65
Barbados Sailor Jerry's Rum, ginger ale & bitters	R60
Dark & Stormy Bacardi Carta Negra & Kings Ginger Beer	R55
Kings Mule Bombay Sapphire infused Gin & Kings Ginger Beer	R55
Smoky Cinnamon Gin & Tonic Cinnamon, Bombay Sapphire infused Gin & Tonic	R65
Grapefruit Gin & Tonic Grapefruit, Bombay Sapphire infused Gin & Granadilla	R65
Aperol Spritz 3 shots sparkling wine, 2 shots Aperol and 1 shot soda water	R65

White Wines

Franschoek Cellar Sauvignon Blanc R45/R130
Fruity & dry.

Vondeling Chenin Blanc R45/R130
For a bit more to your dry white.

Leopards Leap Chard Pinot Noir R45/R130
White red, truly refreshing.

Louis Nel's Buckleberry Sauvignon Blanc R150
Never disappoints.

Steenberg Sauvignon Blanc R190
Perfect on a hot day!

De Grendal Koetshuis Sauvignon Blanc R220
Fresh minerality, one of the best in the Cape.

Steenberg Black Swan Sauvignon Blanc R320
Rounded, beautiful wine with loads of subtle character. 2016 vintage.

Secateurs Chenin R160
Nicely balanced wine with plenty of flavor.

Force Majeure Chenin Blanc R180
Swartland, Unfiltered and Unfined, easy drinking.

Haute Cabriere Chardonnay Pinot Noir R200
Crowd favourite from Franschoek.

Vergelegen Chardonnay R240
Part-wooded but still fruity and fresh.

Vondeling Babiana R300
Blend of Chenin, Viognier, Roussanne & Grenache Blanc. This is a true beauty of a wine

Rosé

Vondeling R45/R130
Refreshing and dry.

Morelig R150
Rich in colour and in flavour

Bubbles

Steenberg Sparkling SB R45/R180
Sauvignon Blanc bubbles. Dry, just as you like it

Boschendal Brut R200
Blend of Chardonnay and Pino Noir grapes at a special price...

Steenberg 1682 MCC R250

Red Wines

Hart Red Cab Merlot R45 carafe
Grenache/Carignan blend. A real quaffer...

Leopards Leap Merlot R45/R130
Smooth soft & easy.

Vondeling Merlot R140
Great value for a beautifully balanced wine.

Cape Rock Grenache R150
Earthy cultivar again fresh and chilled perfect summer red...

Intellego Pink Moustache R180
Super fresh Syrah, perfect for summer. Drink chilled.

Secateurs Red Blend R180
Quality blend of Shiraz, Cinsault and Grenache.

Miles Mossop Introduction Red R180
Tokara's winemaker offers us one of his own.

Kanonkop Kadette Red R180
Trusted cape red blend.

Joostenberg Family Blend R170
Dry red blend with a medium body.

Cape Rock SMV Red R260
Syrah, Mouvedre, Viognier Lamberts Bay Wine maker, fantastic Wine...

Kanonkop Kadette Pinotage R180
Classic producer.

Hell Yeah Pinotage R220
This fresh style Pinotage, perfectly chilled for lunch or dinner this summer!

FRAM Shiraz R210
Swartland Shiraz of note, will not disappoint...

Vergelegen Shiraz R230
A great balanced wine perfect for any occasion.

Vondeling Cabernet Sauvignon R190
Full-bodied but lovely and smooth.

Ataraxia Serenity Red Blend R280
What a great wine, an undisclosed blend of 2015.

Steenberg Nebbiolo R350
A wine that gets you thinking. Fresh, intriguing, great food wine. Can be served chilled. 2015 vintage.

Steenberg Catharina R380
This 2014 blend of Merlot, Cab Sav and Shiraz is a really great quality wine. Perfect with red meats.

Sijnn Red 2012 R360
Quality Red Syrah 59%; Touriga Nacional 25%; Mourvedre 10%; Trincadeira 6%