A Key Role for Similarity in Vicarious Reward

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Game shows are one of the most popular and enduring genres in television culture. Yet why we possess an inherent tendency to enjoy seeing unrelated strangers win in the absence of personal economic gain is unclear (1). One explanation is that game show organizers use contestants who have similarities to the viewing population, thereby kindling their likeability, familiarity, and kin-motivated responses [e.g., prosocial behavior (2, 3)]. Social-cognitive accounts posit that, to simulate another's internal states successfully, we must deem ourselves as similar to the target person (3). We tested two predictions: Seeing a socially desirable contestant win will modulate neural systems associated with reward, and this rewarding experience is further influenced by perceived similarity to a contestant (i.e., similar attitudes and values).

Volunteers first viewed films of two confederate contestants answering questions about personal, social, and ethical issues. These contestants expressed themselves in either a socially desirable [SD (i.e., empathetic)] or socially undesirable [SU (i.e., inappropriate values)] manner (4). To check that this social judgment manipulation worked, volunteers performed a likeableness trait rating task (5). Positive trait scores were higher for the SD contestant, whereas negative traits were significantly higher for the SU contestant (F = 107.9, P = 0.0005) (Fig. 1A). Next, volunteers underwent functional magnetic resonance imaging scanning while they viewed SD and SU contestants playing a game where the contestants made decisions as to whether an unseen card would be higher or lower than a second unseen card (6). A correct decision resulted in the contestant winning £5 (4). The number of wins and probabilities of winning were identical across contestants. After volunteers watched the contestants play, they played the game for themselves (4).

Subjective ratings acquired after the experiment showed that volunteers perceived themselves to be more similar to, and in agreement with, the SD contestant (Fig. 1B), as well as found it more rewarding to see her win (Fig. 1C) (all t tests: P < 0.05) (4). Likewise, correlations were found between similarity and agreeableness and between positive likeableness scores and how rewarding it was to see the SD contestant win. Both empathy and perspective-taking scores (4) correlated with similarity to the SD contestant (all Pearson's: P < 0.05) (4). No sex differences were found for similarity to SD and SU contestants [see (4) for additional results].

For the brain-imaging data, we first examined the correlation between how rewarding the volunteers found it when observing the SD versus the SU contestant winning (4). We found a significant increase in ventral striatum (VS) activity, a region also active when the volunteers themselves won while playing the game (Fig. 1D; see (4) for additional analysis) and known to be involved in the experience of reward and elation (7). We next correlated perceived similarity scores for the SD versus the SU contestant win, which resulted in elevated ventromedial prefrontal cortex (vmPFC) and ventral anterior cingulate cortex (vACC) activity (Fig. 1E). Although social psychological research shows that likeability and similarity are closely correlated, subtraction of the likeableness ratings from the similarity ratings also resulted in significantly more vACC activity (Fig. 1F), supporting this region's putative role in self-other similarity (4, 8).

We next tested whether the relationship between the VS and vACC was influenced by perceived similarity. We used psychophysiological interaction to examine connectivity between the VS and the vACC (using an independent VS seed from the self-play condition). We saw a significant positive relationship between similarity and connectivity between these two regions for the SD-versus-SU contestant win contrast (Fig. 1F). No such modulation was found for likeability ratings (4). Given the vACC's unidirectional projections to the VS, the vACC may modulate positive feelings in situations relevant to the self (8).

Until now, studies of the neural representation of others' mental states have been concerned with negative emotions (e.g., empathy for pain). Here, we show that similar mechanisms transfer to positive experiences such that observing a SD contestant win increases both subjective and neural responses in vicarious reward. Such vicarious reward increases with perceived similarity and vACC activity, a region implicated in emotion and relevance to self (3, 9). Although other social preferences (e.g., fairness) (10) are likely to play a role in vicarious reward, our results support a proximate neurobiological mechanism, possibly linked to kin-selection mechanisms, where prosocial behavior extends to unrelated strangers (2).

References and Notes

4. Materials and methods are available as supporting material on Science Online.
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Supporting Online Material

www.sciencemag.org/cgi/content/full/324/5929/900/DC1

Materials and Methods

Figs. S1 to S5

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