

FORT MILL SDA CHURCH  
FAMILY AND FRIENDS

## ON-GOING

- **Sabbath Morning**  
Prayer: 9:15 am in the Sanctuary.
- **Sabbath School:**  
9:30 am.
- **Divine Worship:**  
11:00 am.
- **Thursday Ladies' Bible Study** at The Ray's: 11:00 am (It is Written Bible Studies)
- **Friday Adults' & Young Adults' Bible Study** at The Craig's: 7:45 pm (It is Written Bible Studies).
- **Women's Ministries** meeting every 4th Sunday of each month at 1:00 pm at Ms. Pete's (Women in the Bible)

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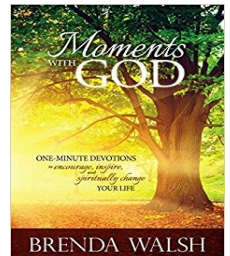
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## Fort Mill SDA Church Newsletter

## Morning Devotion

## Quiet Time with God



*"In the morning, Lord, You hear my voice; in the morning I lay my requests before you and wait expectantly."*

## Psalm 5:3

Worship is the most important part of your morning as it prepares you to meet the demands of your day! This precious prayer time brings you into a oneness with God and helps in dealing with the stress in your life, facing challenges, solving

problems, and preventing the cares of your day from becoming overwhelming! Even the blessings in your life are sweeter because of your time spent with God!

In Bible times, God encouraged His people to meet Him in the morning! Isaiah, Daniel, David, and so many others never missed their morning appointments with God! Plan each day to include special alone time with Jesus. This will take determined effort and willpower because Satan will try every trick in the book to

come between you and God, but don't fall for his lies. The devil knows if you neglect to pray—he can separate you from Jesus! He doesn't care how he does it, just so he wins!

But God will give you the strength and courage to resist Satan's temptations! Start your day with prayer, and you'll find yourself praying throughout the day as well—which is the secret of living an abundant life in Christ!

## Attention Church Board Members!

Church board meeting this Sunday, November 26th, starts with Thanksgiving breakfast at 08:30 am at the Ray's. Please send your agenda to discuss to Mike Ray, no later than tomorrow.

Thank you!

## Seitan Stuffed with Walnuts, Dried Cranberries, and Mushrooms



“This is a meat-free roast, redolent with the flavors of thyme and sage and enlivened with the sweet-sour tang of dried cranberries. You won’t have any leftovers!”

### Ingredients:

#### Stuffing

- 1/2 large onion , chopped
- 1 rib celery , chopped
- 4 ounces mushrooms , sliced or chopped
- 1 teaspoon dried thyme
- 1/2 teaspoon rubbed sage
- generous grinding of pepper
- 3 ounces whole wheat bread (about 2 slices), cut into small cubes
- 1/3 cup dried cranberries or cherries
- 1/4 cup chopped walnuts
- 1 teaspoon whole chia seeds or ground flax seed
- 1 tablespoon soy sauce
- 1/2 cup water (more as needed)

#### Seitan

- 2 cups vital wheat gluten (10 ounces)
- 1/4 cup nutritional yeast
- 1 teaspoon dried thyme
- 1 teaspoon rubbed sage
- 1 teaspoon marjoram
- 1/3 cup quinoa flakes or quick oatmeal
- 1 teaspoon chia seed or ground flaxseeds
- 1 1/2 cup vegetable broth
- 1 cup great northern beans , cooked
- 2 tablespoons soy sauce
- 1 clove garlic , peeled
- 1 tablespoon tahini (preferred) or other nut butter

#### Baking Broth

- 1/2 cup vegetable broth
- 1 tablespoon soy sauce
- 1/2 teaspoon dark sesame oil (optional)

#### Assembly

- 4 sprigs fresh rosemary

### Directions:

- ◆ Make the stuffing:
- ◆ Sauté the onion and celery in a non-stick skillet until onion is becoming translucent. Add the mushrooms, thyme, sage, and a generous grating of black pepper and cover. Cook until mushrooms exude their juices, about 3 minutes. Add the remaining ingredients along with enough water to moisten the stuffing but not make it soaking wet. Remove from heat and keep covered.

### Make the seitan:

In a mixing bowl, combine the dry ingredients (vital wheat gluten through chia seeds). Place the 1 1/2 cups

of broth, white beans, soy sauce, and garlic in blender and process until liquefied. Make a well in the center of the dry ingredients, add the bean mixture, and stir until gluten is completely moistened. Drizzle the tahini over the top and knead it into the dough. Keep kneading until dough holds together in a ball. Set aside while you make the broth.

### Make the broth:

Heat all ingredients until hot but not boiling. A microwave works well for this.

### Assemble:

Preheat oven to 400. Lightly oil an oval or rectangular baking dish, 11-13 inches long and 6-8 inches wide. (Your seitan will expand to fit it, so try not to use a very wide dish.)

Line your work surface with plastic wrap, parchment paper, or waxed paper. Place the dough in the center, cover it with plastic wrap, and roll out the seitan, making sure that it is the same thickness in all places, until it's about 9x13 (an inch or so either way doesn't matter, but make sure it's not longer than your pan). Spread the stuffing evenly, leaving a 1-inch margin on all sides.

Lift up the plastic wrap on one of the long edges and roll the seitan up like a jelly roll. (Alternatively, arrange the stuffing in a horizontal line across the middle of the seitan and bring one long edge up and over it to the other side.) Pinch the ends sealed first and then pinch well to seal the long seam. Take care to make sure that the edges are completely sealed and no gaps or stuffing shows.

Lift the seitan roll carefully and place seam-side down in the prepared casserole dish. Pour the baking broth over it, add rosemary, and cover tightly. If the dish doesn't have a cover, use aluminum foil to cover tightly. (Did I mention "tightly?" Tightly! I enclosed even the bottom of the dish in foil.)

Bake for 25 minutes. Remove from oven, baste with broth, recover tightly, and bake for another 25 minutes. Baste again and return to oven uncovered for about 30 minutes. Baste 2 or 3 times as it's cooking. Seitan is done when top seems firm and brown and the broth has evaporated. You can test it by cutting a small slit in the middle; if it is doughy rather than firm, return to the oven.

Remove from the oven and let cool for 5-10 minutes. Transfer carefully to a cutting board or serving platter and cut into 1/2-inch slices.





**December 23, 2017**

**Special Program  
from Music  
Ministries:**

**“Christmas Letter  
to the Son.”**



**YOU DON'T WANT TO  
MISS THIS ONE!**



**November**

**Birthdays:**

1st—Harol Sarmiento, Jr.  
8th—Joshua Hounslow  
12th—Harol Sarmiento, Sr.  
14th—Bonnie Craig  
16th—Asta Souare  
18th—Claudine Souare  
30th—Kamora Combs  
30th—Pantja Huch  
30th—Netty Rantung

## **Children's and Youth's Ministries Program:**

**Sabbath, December 9th, 2017 at 11:00 am.**

**“Celebration of Gift of Love from Heaven Above.”**

True love is not merely a sentiment or an emotion. It is a living principle, a principle that is manifest in action. True love, wherever it exists, will control the life. Thus it is with the love of God. "God is love;" and in all His works, in all His dealings with mankind, His character is revealed.

The gift of God to man is beyond computation. Nothing was withheld. God would not permit it to be said that He could have done more, or revealed to humanity a greater measure of love. *(The [Australasian] Union Conference Record, June 1, 1900)*

How the Gift of Love from Heaven Above works?

We invite you to attend this special, wonderful and blessed program and you will find the answer of that question.

Our children and youth will use their talents from God through music, voice and acting. Please support our children and youth by your presence, you will be blessed!







## **Fort Mill Seventh-day Adventist Church**

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## **Serving this Sabbath, Nov. 25th, 2017**

### **SABBATH SCHOOL:**

**Prayer Service (9:15 am):** Mike Ray  
**SS Welcome, Opening Song & Prayer:** Bonnie Craig  
**Lesson Review:** Bonnie Craig  
**Adult SS Teacher:** Bonnie Craig  
**Youth SS Teacher:** Eric Souare  
**Junior/Primary SS Teacher:** Kathy Souare  
**Cradle Roll SS Teacher:** Lydia Ray

### **DIVINE WORSHIP:**

**Children Story:** Lydia Ray  
**Tithes & Offering:** Andrew Ray  
**Intercessory Prayer:** Jose Perez  
**Scripture Reading:** Andrew Ray  
**Speaker:** Mike Ray  
**Deacons:** Matthew Combs & Harol Sarmiento, Sr.  
**Deaconess:** Rosario Perez  
**Greeter:** Ellisent Davis  
**A/V:** Marion Forrester  
**Chorister:** Youth (Melanie, Michaela and Eliana)  
**Pianist:** Nathan Ray

**COMING  
SOON!**

## **Church Camping and Sabbath Service:**

*April 27-29, 2018  
at McDowell Nature and Preserve  
Park, Charlotte, NC.*

**HAPPY THANKSGIVING! FROM  
FORT MILL SDA CHURCH TO ALL**



*Give  
THANKS  
to the Lord  
for He is good; His love endures forever.  
—1 Chronicles 16:34*



### **Speakers:**

**Ty Gibson** — Co-Director for Light bearers and pastor of Storyline Adventist Church in Eugene, OR  
**Jose Cortes Jr.** — Associate Director of the NAD Ministerial Association. Leads out in Evangelism/Church growth and planting  
**Roger Hernandez** — Director of Ministerial and Evangelism for the Southern Union  
**Richie Halversen** — Pastor at Collegedale Drive Adventist Church  
**Sung Kwon** — Executive Director of NAD Adventist Community Services  
**Spanish Track:**  
**Jose Cortez Sr.** — President of the New Jersey Conference.

**Register at:** <https://www.carolinasda.org/>

