AUGUST 10-12, 2018

FRIDAY

@RUMBLING BALD RESORT

8:30 am Golf Tournament* Bald Mountain Golf Course

4:00 pm Pickleball Practice Courts Open

5:30 pm Boat in a Box Race

Free Practice Swim for Triathletes 5:30-6:30

7:00 pm 10K Dam Run* Starts at Ingles Grocery

Opening Ceremonies On the Beach at Rumbling Bald

7:30 pm FREE Ice Cream Sundaes

SATURDAY

@RUMBLING BALD RESORT

8:00 am **Lake Lure Triathlon*** 750M Swim. 22.3K Bike. 5K Run 9:00 am **Pickleball Tournament*** Men's & Women's Doubles

10:00 am Junior Olympiad* Kids ages 4-14

Six different athletic activities

SUNDAY

@CHIMNEY ROCK STATE PARK

7:30 am Race to the Rock* 25-Mile Bike
7:45 am Race to the Rock* 5K Run

@RUMBLING BALD RESORT

9:00 am Pickleball Tournament*

Mixed Doubles









LakeLureOlympiad.com



^{*}Medal ceremony held following event