



## **My Occupational Defense: Breaking Contact with an Active Shooter**

### **Module I: Recognition and Deconstruction Of Primary Event and After Event**

- Recognizing an active shooter event
- Explanation of subsequent mobilization to strategic regions of the facility

### **Module II: Firearm Familiarity**

- Examination and understanding of firearms and ammunition with basic ballistic concepts, including:
  - Pistol
  - Rifle
  - Shotgun

### **Module III: Simulation**

- Contextual active shooter simulation in selected work areas, including:
  - Rooms
  - Floors
  - Buildings

### **Module IV: Trauma Training**

- Demonstration and practice of basic medical trauma skills for rapid stabilization until definitive care, including:
  - Bleeding control - Tourniquet use
  - CPR

### **Module V: Physical Defense Skills**

- Drilling of the basic physical defense techniques against firearms