



## Undetectable = Untransmittable

"People who take ART daily as prescribed and achieve and maintain an undetectable viral load have **effectively no risk of sexually transmitting the virus** to an HIV-negative partner." U.S. Center for Disease Control and Prevention (Sept. 2017)

"The science really does validate and verify **Undetectable = Untransmittable.**" Anthony S. Fauci, M.D., Director, NIAID, National Institutes of Health (Sept. 2017)

"U=U is a simple but hugely important campaign based on a solid foundation of scientific evidence. The CDC officially backing the science behind the campaign is another key step towards U=U being **the most important message of 2017 in the fight against HIV.**" The Lancet (Nov. 2017)

### The science is clear:

- Early, effective and consistent antiretroviral therapy (ART) enables people with HIV to live long, healthy lives.
- Groundbreaking studies and decades of observation confirm not a single HIV transmission between mixed status sexual partners when the HIV positive partner was on ART with an undetectable viral load.

### The U=U message offers freedom and hope:

- Reduces the shame and fear of sexual transmission
- Dismantles HIV stigma on the personal, clinical and community level
- Encourages people living with HIV to start and stay on treatment to keep them and their partners healthy.
- Strengthens advocacy for universal access to treatment, care, and diagnostics.

**U=U is an unprecedented opportunity to improve lives of people with HIV, dismantle HIV stigma, and bring us closer to ending the epidemic.**

Prevention Access Campaign's U=U initiative is an international community of over 575 organizations and public health bodies from 75 countries dedicated to sharing this revolutionary fact in accurate, meaningful, and culturally competent ways with their constituents.

Learn more, find resources, and declare your endorsement of the U=U Consensus Statement of Prevention Access Campaign:

[www.preventionaccess.org](http://www.preventionaccess.org) [www.preventionaccess.org/espanol](http://www.preventionaccess.org/espanol)

**#UequalsU #ScienceNotSilence #FactsNotFear**